

Changing Tides



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BARNSTABLE HIGH SCHOOL

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Changing Tides

The class of 2024, as residents of the cape, are no strangers to the Cape's plentiful beaches. Accompanying these natural landmarks are the sea's tides. The common ground shared between seniors and these dynamic bodies of water is much greater than one may anticipate. Our individual manner of adapting against adversity, and moving through our highs and lows into adulthood, models the daily occurrence of tides reflecting the gravitational forces exerted on the Earth from the Moon. Reminiscing the last five years of our BHS career, there were multiple notable moments where we were confronted with change. These appeared to be significant with COVID, and also minor like terminating our school's bi-weekly cookie sales.

When faced with these adjustments, the leading commanders were our principal and teachers. However, as our tide alters and we embark on our new paths as mature individuals, we look to make our own decisions and wave goodbye to life's hardships.

"We live to make the most of every experience because before you know it, your life's tide will turn."

- Anonymous

Sunset View

Mayflower Beach at Sunset.

41.7433°N, 70.2178°W





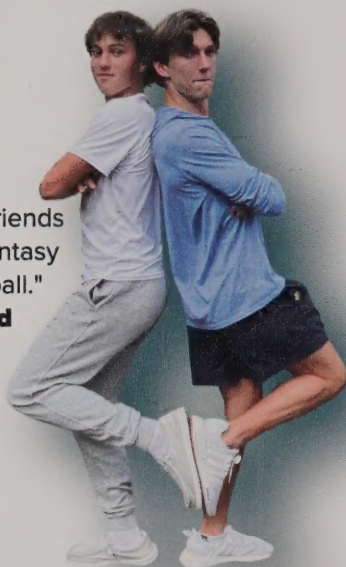
Summer *Waves*

Sweet Summer MEMORIES

Dive into these senior summer memories.

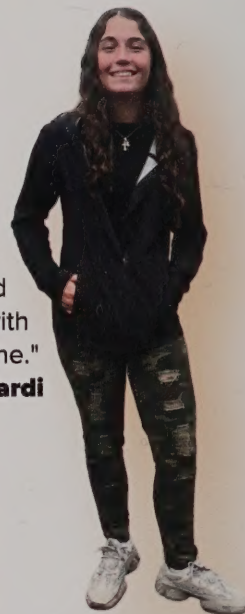
"Hanging out with friends
and talking about fantasy
football."

**- Finn O'Donnell and
Conor Cattabriga**



"My summer
highlight was
going to see
Drake live and
singing along with
everyone."

-Leona Longobardi



"I loved going to Six
Flags this summer;

my
favorite
ride was
Harley
Quinn."

**-Philippe
Ribeiro**

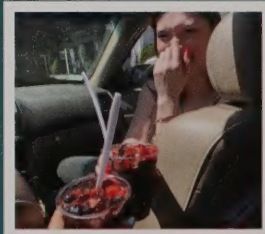


"The highlight of
my summer was
working at my
job at the Shoe
Department in
the mall."

-Sam Singh



**Sadie Wellbeloved,
Sydney Thomas,
Sophia Atsalis, and
Logan Hurwitz**
taking in the
beautiful sunset at
Sandy Neck.



Brye Putnam
and friends
enjoy acai
bowls from a
local favorite,
Gone
Chocolate.

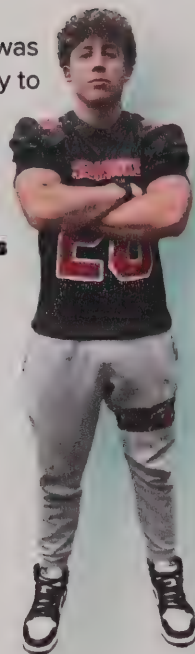
"The Morgan Wallen concert was my highlight of the summer and my favorite part of the concert was when Wallen came out on stage with his son."

-Libby Downs



"An Italian Ice was a great way to cool off in the hot summer weather."

-Thomas Freitas



"Sitting at the beach and tanning with friends. Our favorite beaches are Chapin and Sandy Neck."

-Molly Fredo
Alexa Garthee



2
months



10
weeks

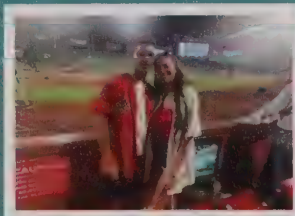


75
days

of
Summer



Ruby Coleman and Bridget Bedenkop life guarding at Dowses beach in Osterville.



Milena Carreira and Kael Palazzolo enjoying a Red Socks game at Fenway Park over the summer.

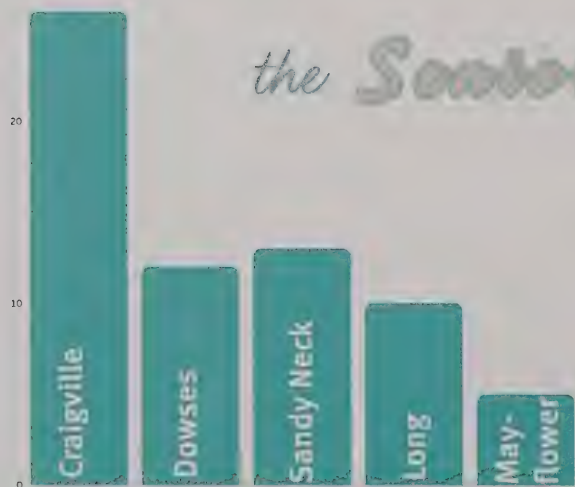
bright summer days

From beach days to Barbie, seniors capture summer at every angle.



*come on barbie,
let's go party!*

Bridget Bedenkop,
Ruby Coleman,
Lucie Ells, and
Sophie Anderson
enjoying the Barbie
movie at the
Wellfleet Drive-In.



Milena Carreira
appreciating a
beautiful
Cape Cod
sunset.

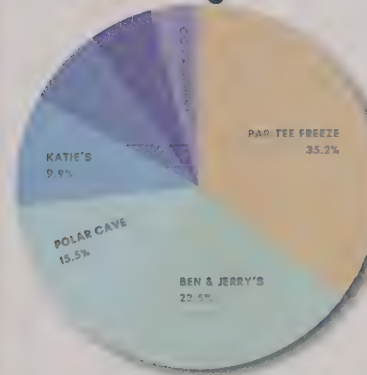


Town of Barnstable lifeguards and sailing staff enjoying a memorable summer day on rafts, in Scorton Creek.



Ice, Ice, Baby
At the Polar Cave, Sydney Thomas and Sadie Wellbeloved pose as ice cream cones.

here's the scoop!



Seniors rank their favorite ice cream spots on the Cape. Par-Tee Freeze takes the lead with 35% of students!

As summer comes to an end, students rate their top five beach necessities.

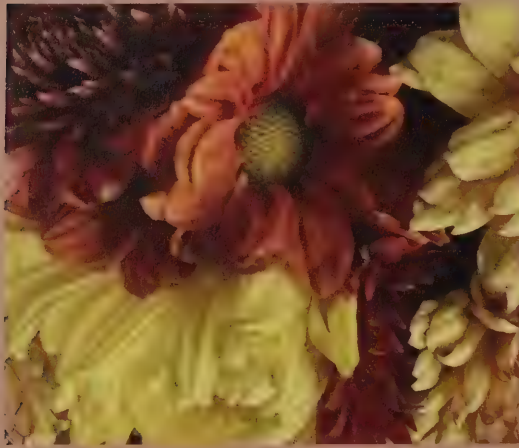
what's in your beach bag?



Apple Picking



Lilleigh Burgum and Nikki de Souza picking apples at CN Smith Farms, Bridgewater.



Fall Foliage

This or That

Seniors pick which fall favorites they enjoy most.

Pumpkin Patch or Apple Orchard

Haunted House or Scary Movie

Corn Maze or Hayride

Hot Chocolate or Apple Cider

Halloween or Thanksgiving

Candy Corn or Caramel Apple



Falling *into* Festive Fashion

Students get into fall trends of the year.



If the shoe fits...

Footwear becomes comfortable yet fashionable with shoes like Uggs and Hey Dudes, while old brands stay trendy, like Converse and New Balances.

Uggs



Hey Dudes



Birkenstock



Crocs



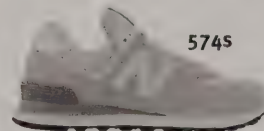
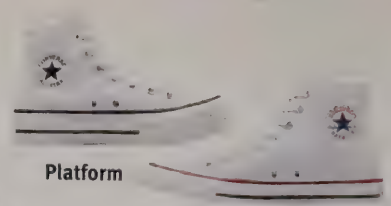
Nike



New Balance



Converse



Original
Hightop

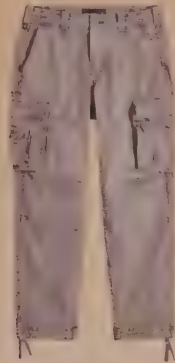
Look good, feel good!

Fashion from the '90s reappears with pieces like cargo pants and chunky sweaters, as well as new trends becoming popular like cropped vests and hoodies.

Chunky Sweaters



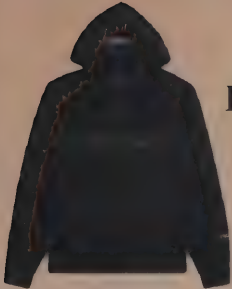
Cargo Pants



Flared Leggings



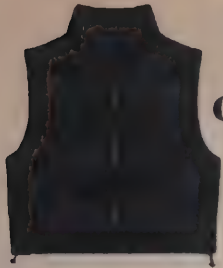
Hoodies



The perfect finishing touch!

Classic accessories stay popular like hats and snap backs, while new pieces like apple watches and pearl necklaces make regular appearances on students.

Cropped Vests



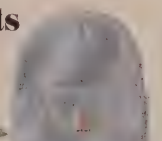
Claw Clips



Gold Hoops



Hats



Snapbacks

Beanies

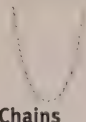
#ootd

Students pose to show off their stylish fits.

Apple Watch



Necklaces



Chains

Fanny Packs



Lululemon Belt Bag

Pearl Necklace



Ava Lubash

Addyson Breen

Glenn Medeiros

Sadie Welbourn

Kiana Fortes

Sophia Eressy

Thomas Berger

Daniel Azilev-Smalovschi

Lucas Sajdak

Lily Sanborn

Arden Kunkel

Kurt Campbell

Friday Night Lights

Football advances to the semi-finals against King Philip.

Darren Thomas



Players during the blackout-themed game against ORR, who they beat 43-7 while securing the 5th seed in the state tournament.



Kyle Cogswell

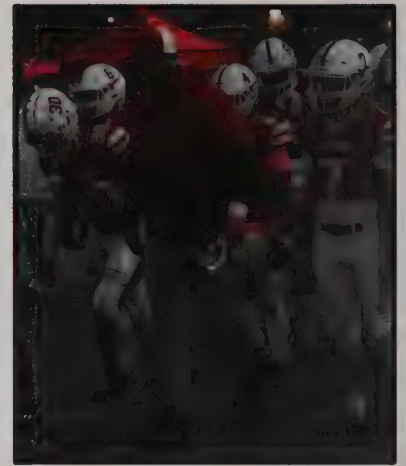


Aiden Kundel and Thomas Freitas



The team after winning their game to advance them into the final four.

"BRING THE JUICE"



Coach Jatkola leading out the varsity football team on homecoming night. He has helped the team grow and prosper throughout their time playing for Barnstable Football. The team will lose sixteen seniors this year, but their contributions to the program will all be remembered.

CAPTAINS



Andrew Lovell, Eric Lovell, Harry Ells, Tajardo France, Aiden Kundel

A. Kundel

T. France

K. Cogswell

A. Lovell

E. Lovell

D. Thomas

J. Roderick

M. Duran

I. Mulchahy





The offensive line preparing to block the opposing team.

FROM THE STANDS



Students fill the stands in pink for the 2023 Homecoming game in support of breast cancer awareness month.



Staff adorn white and red football jerseys, continuing the annual tradition of the teacher appreciation game.

Teacher Appreciation



B. Silva K. Campbell W. Penalo H. Ellis A. Forrest D. Matheney D. Gorgone T. Freitas



The Court *is in* Session

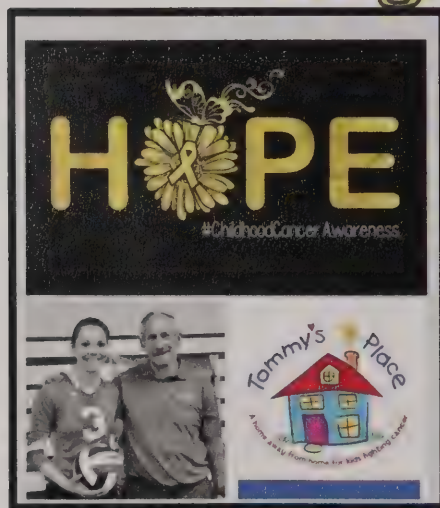
Making it to the state finals, the girls varsity team has an incredible year finishing second



Celebrating for making it to the state semi-finals

Dig

YELLOW



PLAY FOR HOPE

Dig yellow is a night where Barnstable Girls Volleyball shows their support for childhood cancer, while raising awareness and funds that get donated to

Tommy's Place. Former player Olivia Brodt lost the battle of cancer in April 2017. The program has been doing this night in honor of her and will forever keep doing it.



Logan Hurwitz, Charlotte Sullivan, Molly Fredo, Sadie Wells, Ashley Walantis, Scout Johnson and Molly Gleason



The girls reaction after Charlotte Sullivan gets a monster kill

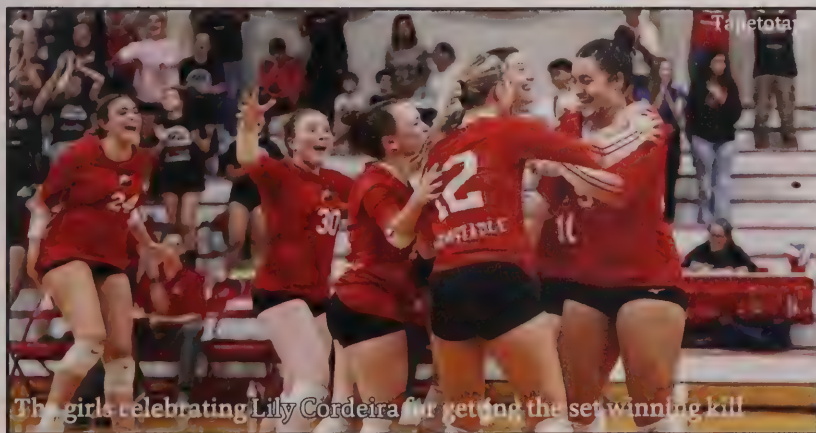


Molly Fredo

volleyball



Senior Captain Sadie Wellbeloved hit her 1,000 assist mid season



The girls celebrating Lily Cordeira for getting the set winning kill

Senior Captains



-Four year varsity player

Position-
Libero

Logan Hurwitz



-Four year varsity player

Position-
Middle Hitter

Charlotte Sullivan



-Three year varsity player

Position-
Outside Hitter

Molly Fredo



-Three year varsity player

Position-
Setter

Sadie Wellbeloved



-Two year varsity player

Position-
Defensive Specialist

Scout Johnson



-Two year varsity player

Position-
Defensive specialist

Ashley Walantis

2024

Q: Who is your favorite professional player?



Rafael Vasconcelos
"Tiquinho Soares"



Finn O'Donnell
"Vigil Van Dijk"



Philippe Ribeiro
"Neymar Jr."



Samuel Silva
"Lionel Messi"

One Goal in Mind

Boys soccer team comes together each game in hopes to accomplish their one goal: to win.



Photo by ZigiProductions

During halftime, boys soccer encourages each other to keep playing well following their 2-0 lead against Brockton.



Seniors in play:
Rafael Vasconcelos waiting to protect the ball from Dover Sherborn.



Finn O'Donnell throwing the ball in to continue the game.



Joao Pedro Goncalves getting ready to take the ball away from Dover Sherborn in hopes to win the game.

Boys Soccer Captains:

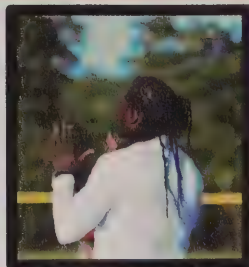


Philippe Ribeiro
Finn O'Donnell
Marcelo Diamontino(10)

Kickin' it in pink



Every year, boys soccer wear pink in hopes to spread awareness for breast cancer. This year they played their pink out game against Nauset. The boys played great together, but ended the game with a tie against Nauset. Boys soccer hopes to continue their yearly pink out games for breast cancer in the future.



Coach Pierre

This is Coach Pierre's second season with boys soccer and he has lead the team to a successful year. During his time coaching the team this year, he was able to lead the boys soccer team on becoming Cape&Islands League Champions.

Boys In Action:

Boys soccer works together this season to maintain their good record.



Doug Carr defending the ball

Seniors

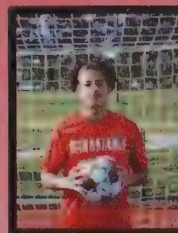
Q: What's your favorite pre-game snack



Joao-Pedro Goncalves
"Peanut butter and jelly"



Matheus Lima
"Cereal bars, banana, or oatmeal bars"



Kevin Martinez
"Cold apple and chewy bar"



Doug Carr
"Beef jerky"



Kaique Rannuci
"Banana"

Photo by TerriCalla Photography



Callie Jo Calla scores a goal with the help from Claire Hazard and Mena Collins.



Captain *Ella Kostovick*, Payton Gordon-Reznar and Cam Johnson on defense watching their team on offense trying to get a goal

Photo by TerriCalla Photography



Captain *Claire Hazard* stealing the ball and taking it up the field to get a shoot on net.

Photo by TerriCalla Photography



The girls on the field celebrating after scoring a goal.

Varsity Team



*Senior
Captains*



Ella Kostovick

Time as varsity player:

Position:

Star:



Keep *it* Kickin'

The young girls soccer team focuses on a rebuilding year.



Ella Kostovick kicking the ball from the six yard box.



The goalie Haylie Voravong (9) getting ready to save a shot from going into the net

She shoots... she scores
GOALLL!



Captain Ella Kostovick, Captain Julia Magalhaes, Cam Johnson and Callie Jo Calla walking together on the field



Photo by: Terri Calla Photography

Senior Captain Julia Magalhaes controlling the ball



Claire Hazard

Time as varsity player:

Position:

Starter:



Julia Magalhaes

Time as varsity player:

Position:

Starter:

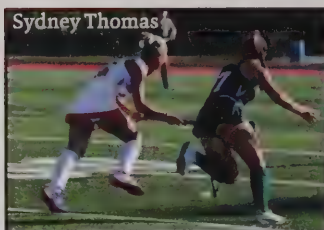
Taking the Field

Making it to the second round in playoffs, girls field hockey has a season to remember.



The pride game tradition was started by former varsity coach Ashley Bishop when former teammate Nick Bulman made his transition public and this let him express his identity. Worried he would not be able to continue to play, the program gave him no grief and he was accepted in the field

hockey family with open arms. The team plays this game as not only a tribute to Nick, but also a reminder that everyone should have equal opportunity to do what they love no matter who they are, what they identify with, or who they love.



Sydney Thomas



Ally McEneaney inserting the ball on an offensive corner.

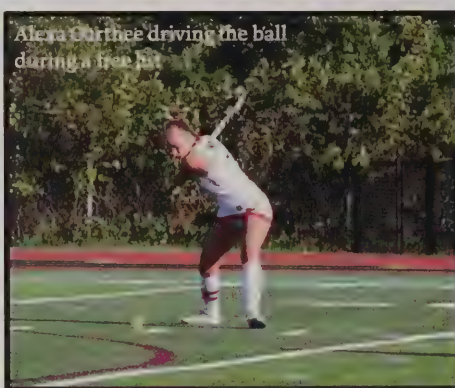
Varsity Field Hockey Team



Senior night and round one of playoffs



Meili Lapante



Alexa Carthee driving the ball during a free hit



Penny Baroni moments before shooting on the net.



Bridget Bedenkop defending the ball



The girls took the win in the first round and continued to the sweet sixteen where they unfortunately lost a hard fought game against Wachusett.



Senior captain Coralle Figueroa defending the ball against DY



The team's twelve seniors on their last first day of high school field hockey. A number of these girls have been on the team since 8th grade and it won't be the same without them.



Captains

Bridget Bedenkop
Penny Baroni
Coralie Figueroa
Alexa Garthee

Teacher Appreciation



In honor of the teacher appreciation game, the team asked teachers to wear personalized pins. A few of the seniors smile with Coach Sweeney following the group photo.



Defensive players in their corner masks.

Seniors



Penny Baroni



Alexa Garthee



Coralie Figueroa



Bridget Bedenkop



Sydney Thomas



Ally Mceneaney



Ruby Coleman



Sophie Anderson



Carly Steenstra



Sloane Contrino



Meili Raspante



Grace Holden

Catch me if you can

Chasing after a great season, boys and girls cross country make it happen

Getting it Done

Four seniors commit to D1 colleges

After years of hard work and dedication, seniors **Jaxson Merrill**, **Chloe Dibb**, **Callie DeDecko**, and **Lilly DeDecko** have all committed to continue running through D1 colleges. Merrill will be running at Stonehill,, Dibb will be running at the Holy Cross, Callie will be running at Fairfield, and Lily will be running at American University.

Let's Hear it From Our Seniors!



Andrew Coombs Pre-Meet

Locking in before a home meet, Andrew Coombs walks along the course



Seniors Smile for a Photo
Boys Cross Country Seniors



Cameron
DeGrace

Q: Favorite pre-meet song?
A: "I Just Wanna Rock"
by Lil Uzi Vert



Jaxson
Merrill

Q: Would you rather practice first thing in the morning or late at night?
A: "I would rather practice early in the morning."

Making a Mark

Lone representative, **Jaxson Merrill**, competes for the boys team at the D1 All State Meet. Jaxson ran a fantastic race, placing 27th overall at this tough competition.



Andrew
Coombs

Q: Would you rather run in 100 degree weather or 20 degree weather?
A: "I would rather run in 20 degree weather than 100 degree weather."



Photo by Terri Calla

Taking on the first home meet of the year, Lilly DeDecko competes in a race against Martha's Vineyard



Girls Cross Country Team



Senior, Chloe Dibb, races to the finish at home meet
Photo by Terri Calla



Running for a Reason

Senior, Lilly DeDecko, pictured at league meet after running a qualifying time of 11:40 to compete in the 2 mile at New Balance Nationals Indoor and placing first in the mile. "It was a super cool experience getting to see all these athletes perform and have the same drive I do for the sport of running," said DeDecko after running at New Balance Nationals.

"I like the sport due to the energy it brings, everyone wants the best for you, saying good luck on the line before the races. Running is not for everyone but the joy, accomplishment and friendships made last for a lifetime and it's a sport you can carry on with you for your whole life."

Girls Cross Country

Class of 2024



Callie
DeDecko

Q: Would you rather practice first thing in the morning or late at night?
A: "I would rather practice first thing in the morning to get it out of the way and feel accomplished starting the day."



Lilly
DeDecko

Q: Would you rather perform amazing and not win or have an average performance and get first place?
A: "I would rather perform amazing and not win."



Chloe
Dibb

Q: Favorite pre-meet song?
A: "Super Bass" by Nicki Minaj



Hallie
Judge

Q: Would you rather run in 20 degree weather or 100 degree weather?
A: "I would rather much rather run in 20 degree weather."

Pom Poms Ready?

Barnstable cheer raise their pom poms during a record season.



Barnstable cheerleaders come together before they get energized for the home game against Dennis-Yarmouth.



The girls in red raise their pom poms as they encourage school spirit.



Seniors

Avah Dixon
Aidan Donnelly
Leona Longobardi
Kelsey Farrenkopf
Lyra Halbert
Riley Murphy
Zaire Black



Show time!

Barnstable Cheerleaders come together to make start to their half-time show.

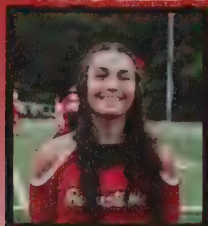


The Squad:

Barnstable cheerleaders watch the football game in hopes for a touchdown.

Cheers to the

Senior Captains Q&A



Leona
Longobardi

- I have been cheering for 9 years and this is my 2nd year doing high school cheer.

- My favorite part about cheerleading is the bond I've created with my teammates and being able to see our hard work pay off.



Kelsey
Farrenkopf

- I have cheered for 10 years and this is my 4th year doing high school cheer.

- My favorite part about cheerleading is making memories with all my friends I've made and the dance routine.



Zaire
Black

- I have cheered for 10 years and this is my 5th year doing high school cheer.

- My favorite part about cheer is the bonds we make during competitions and away games.



Photo by Viewsbylittle

Best Season by Par

Barnstable Boys Golf play a season to remember.



Photo by Viewsbylittle

JJ Swindler

carrying his golf bag as he moves on to the next hole.



Photo by Viewsbylittle

Chad Tordone

practicing his swing before starting his match in hopes for a good win.

S e n i o r



Senior Captain: Chad Tordone

While playing his best this season, Chad has shown his great talent and will now be playing golf at **Babson College**.

Q&A

Q: What is your favorite part about the golf season?



Chad Tordone

"The sectional and state tournament because that is when our team gets to go against the best level of high school golf"

JJ Swindler

"Bus Rides with the fellas "

spotlight



The Pros:

Barnstable Boys Golf smile big before their match against Monomoy in hopes to keep up their winning streak.

New Coaches are here!



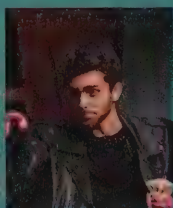
Coach Everson & Coach Kenney

Everson and Kenney have been a positive part of the boys golf team in their successful season and hope to make their players great golfers in the long run.

STARS of the STAGE



Kayla Smith
Role: Rhoda
Celebrity Casting:
 Jojo McDodd
Intermission Snack:
 McDonald's Fries



Jack Kullas
Role: Bates
Celebrity Casting:
 Leonardo DiCaprio
Intermission Snack:
 Twix



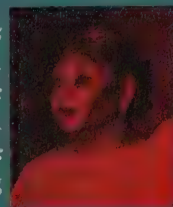
Queue Borden
Role: Sutton
Celebrity Casting:
 William Dafoe
Intermission Snack:
 Skittles



Lark O'Reilly
Role: Engineer
Celebrity Casting:
 David Harbor
Intermission Snack:
 Skittles



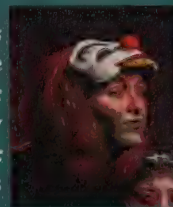
Maddy Brown
Role: Julie Hallahan
Celebrity Casting:
 Jamie Lee Curtis
Intermission Snack:
 Reese's PB Cups



Marilyn Hernandez
Role: Beth Hallahan
Celebrity Casting:
 N/A
Intermission Snack:
 Nothing



Lucy Sherman
Role: Doreen
Celebrity Casting:
 Ryan Gosling
Intermission Snack:
 Skittles

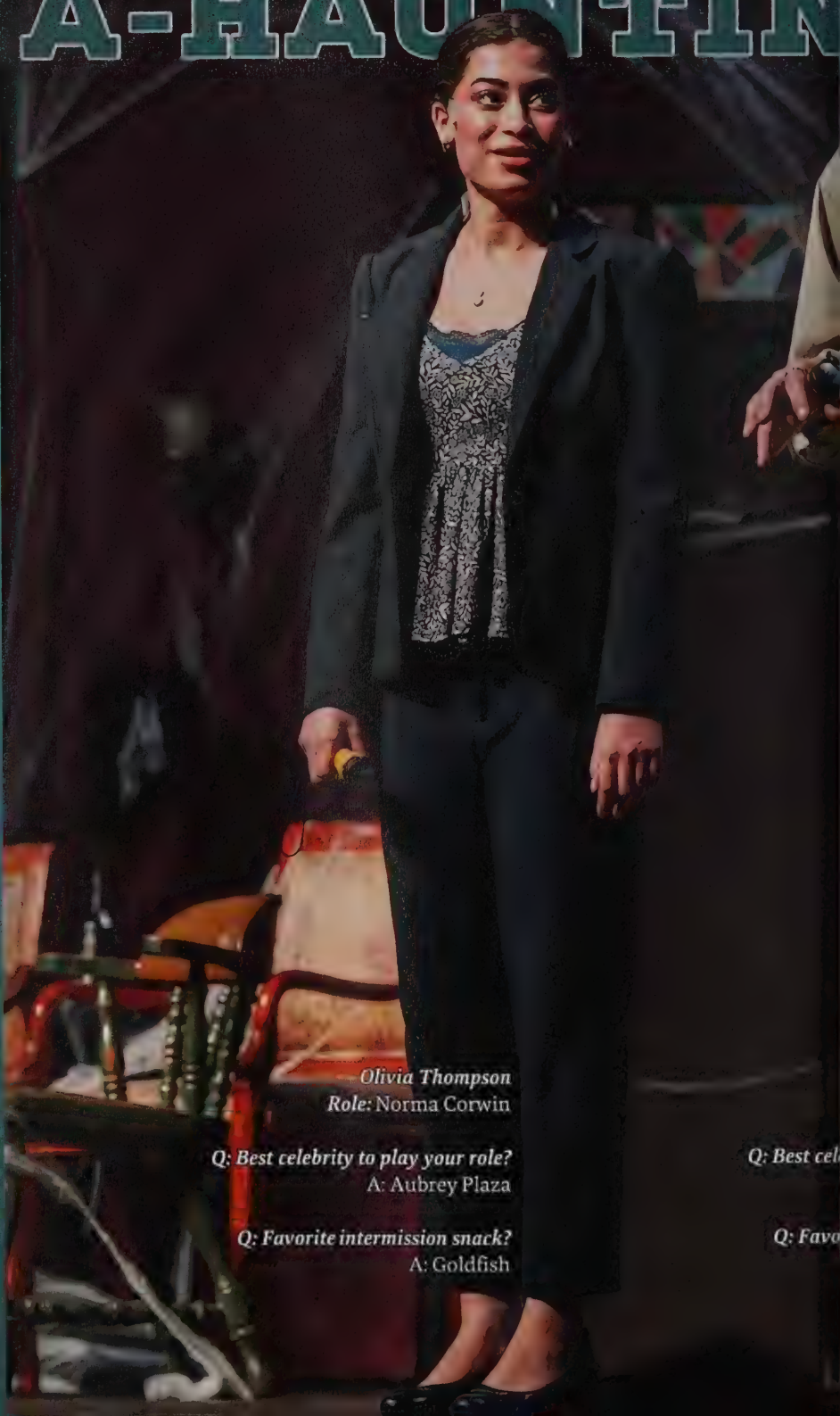


Michael Adams
Role: Creepy Face
Celebrity Casting:
 Jim Carrey
Intermission Snack:
 Sour Patch Kids

Photos by B. Brann

The BHSDC prepares for a

KNIGHT A-HAUNTIN'



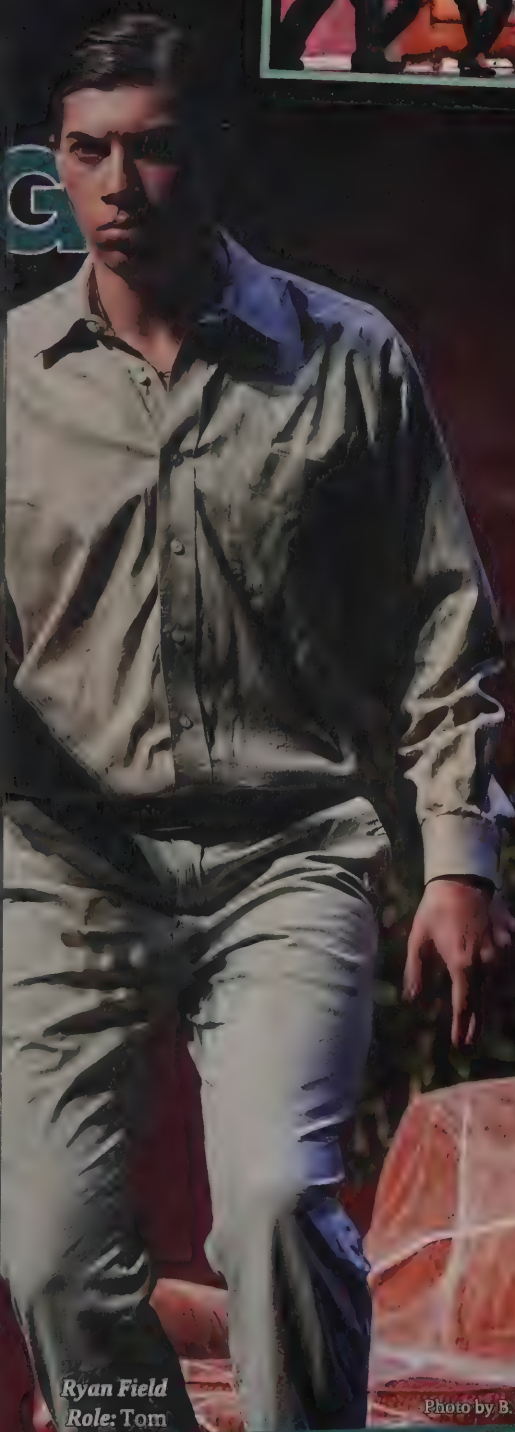
Olivia Thompson
Role: Norma Corwin

Q: Best celebrity to play your role?
 A: Aubrey Plaza

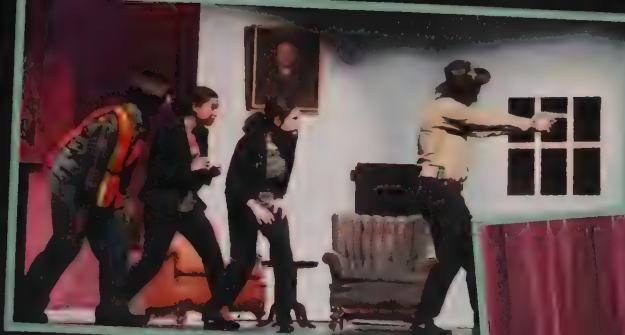
Q: Favorite intermission snack?
 A: Goldfish

Q: Best cel

Q: Favo



Ryan Field
Role: Tom



Reunited after a summer by the sea, the BHSDC members hastily began rehearsal of the spooky production of their fall show, *A-Haunting We*

Will Go. This mysterious comedy follows the story of TV producer Norma Corwin, played by Olivia Thompson, and her stay in the haunted "Inn of the Three Sisters." Throughout the show, chaos ensues as more people arrive at the inn with their own stories of why they're there. Will the ghost of the Three Sisters' killer catch her, or will the whole night be... a prank? This straight play features ten astounding senior actors, as well as four others backstage. Some have been part of the drama club since they were little, acting in Summer Family Theatre, and others joined for their first show.

Photo by B. Brann

BEHIND the PRODUCTION

Producer Molly Shanahan, Director Mary Barth, and Technical Director Matthew Kohler, all BHSDC Alumni.

Photo by B. Brann



CURTAINCALL

After their bows, the company applauds Olivia Thompson as the lead role.

Photo by B. Brann

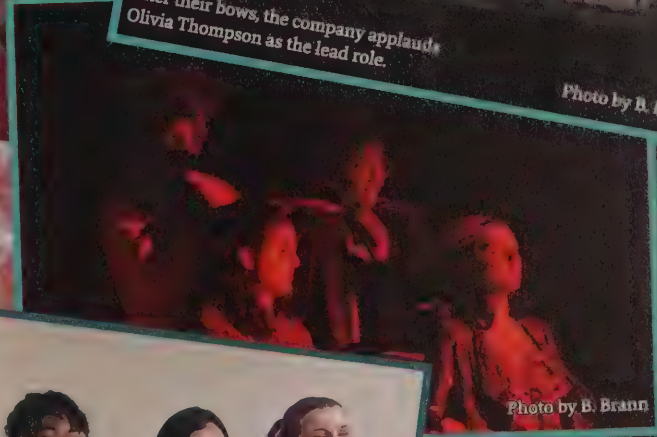


Photo by B. Brann

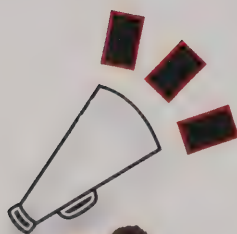
BEHIND the SCENE-IORS

Enjoying their final fall show together, Maggie Doherty, Shantelle Roberts, Miguel Munoz, and Jasper Shaw pose for a picture.



to play your role?
Channing Tatum
permission snack?
A: KitKats

Designed by Jack Bertling
Fall: Drama Production



We have *spirit*, how about you?



Monday Red hawk day:

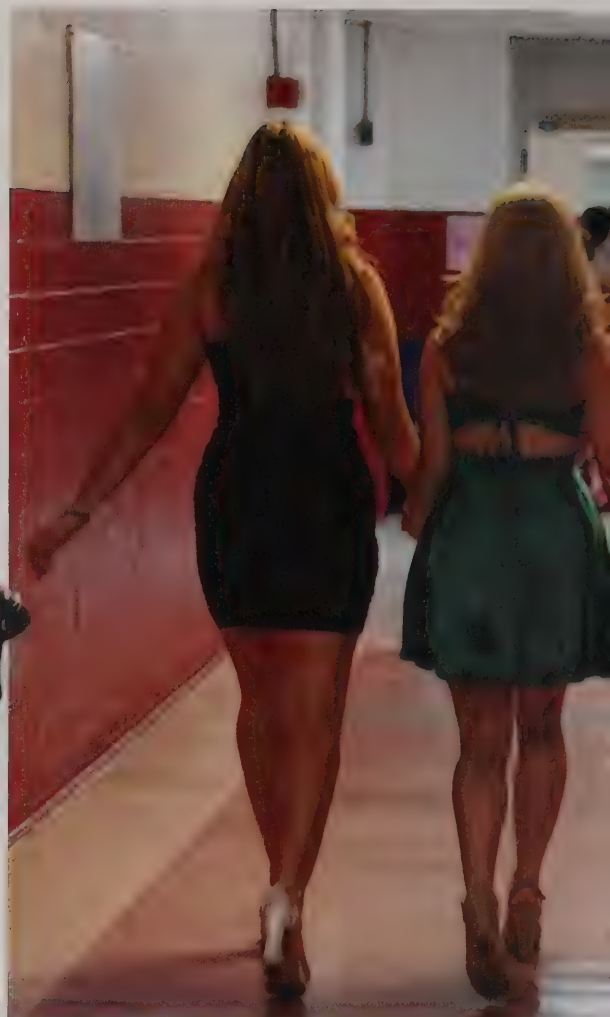
Lilli Luechauer and
Wilhem Penalo Acosta

TUESDAY TWIN DAY:

Tajardo France and
Bella Fernandes



Wednesday **Adam Sandler day:** Nicky de Souza

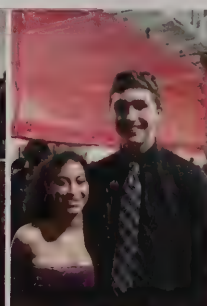


Fun with Friends

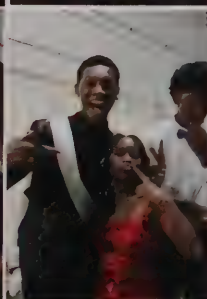
Joining together, we create memories that will last a lifetime.

Thursday **Western Day:**

Renee Montcalm and
Claire Hazard



Friday Pink *out.* Ryan Field and Ella Kostovick





Let's dance the night away



From fun filled spirit days, to a homecoming dance and football game, Barnstable knows how to have fun.

On Fridays, we wear Pinks!

Glitter and Glam

Mikaela Ilomaki, Hayley Johnson, Taylor Dennison, and Brianna Sullivan walking into homecoming together to dance the night away.



Among the homecoming royalty, this year features three sets of siblings: the Ribeiros, the Lovells, and the Pichardos.

2023 Homecoming Royalty

Freshmen: Bella DiGiacomo, Adrian Pichardo,
Sophomores: Power Mendes, Callie Jo Calla, and Victoria Dinn
Juniors: Gabe Pichardo, Gabi Ribeiro, and Liam Fishback
Seniors: Eric Lovell, Andrew Lovell, and Philippe Ribeiro



Showing pink-out pride in
October for Breast Cancer
Awareness Month.



SENIOR MOMENTS



Whether it's enjoying a colorful sunset, watching an intense game, or coming together to support a cause, having friends there to spend the moments with makes senior year even more memorable.

BETTER *Together*



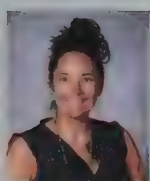
Photo by Kiana Fortes

GAME FACE

As Barnstable football is about to begin their red out game, senior Charlotte Sullivan prepares by applying red face paint, showing her support for the Barnstable RedHawks.



Raffaella Almeida



Laura Almas



Blair Amara



Beth Anderson



Lora Andrews



Paula Avery



Ricki Balestri



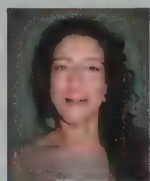
C.J. Beer



Joseph Bentley



Paul Bentley



Angela Bergonzi



Brielle Berical



John Blackington



Susan Brainerd



Brianna Brann



Courtney Briggs



Shauna Briggs



Jennifer Brown



Alicia Bryant



Jim Buckman



Ashling Burke



Karen Butler



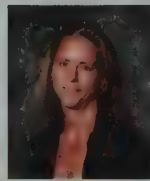
Aimee Butterfield



Maura Bussiere



Keith Caldwell



Stacy Camposano



Jennifer Caron



Brendan Case



Brian Cattabriga



Heather
Cattabriga



Carol
Chamberlain-Hebert



Lori Ciran



Brighid Coleman



Bruce Colwell



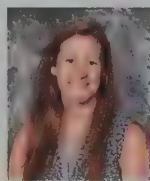
Patricia Connor



Robin Connors



Joseph Conti



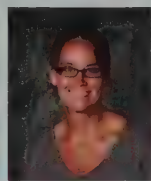
Meghan Cordeira



Tatiana Correa



Michaela
Champagne



Tina Crook



Samantha
Cunningham



Tim Daley



Carina Da Silva



Robin Dawe



Andrew Deane



Michael Delaney



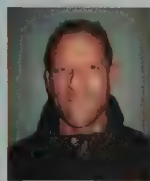
Erin Deneen



Limara De Souza



Justin DeSorgher



Lee Docherty



Kathy Doherty



Linsey Drane



Jessica Dubey



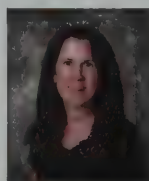
Caitlin Dumas



Kris Dumas



Scott DuPont



Erin Eastman



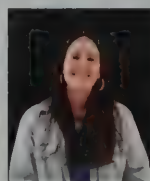
Kristen Eaton



Katie Egan



Adam Farrell



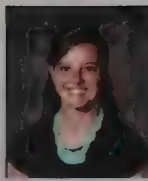
Abby Fay Smith



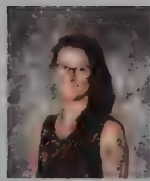
Thomas Fearon



Chelsea Fizell



Meghan Fligg



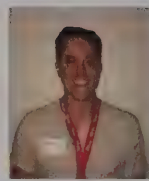
Samantha Flynn



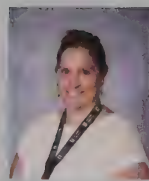
Tim Flynn



Madeline Fowler



Andrew French



Ryan Friel



Ellen Gage



Mary Gagnon



Randi Gallerani



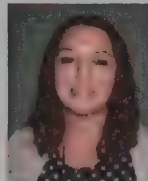
Deb Gannett



Patricia Gardiner



Marlo George



Beth Giansin



Barbara Gleason



Robert Goers



Angie Grabiec



Morgan Grey



Carrie French



Glibby Guilmond



John Hamelburg



Steve Hammett



Liz Hanchuruck



Nicole Harkins



Rosemary Harrigan



Mark Haskell



Erin Hayes-Pontius



Brian Healy



Tim Heneberry



Greg Hill



Kevin Hill



KerryAnn
Hinds-Lambie



Jennifer Holland



Ken Holland



Laura Holland



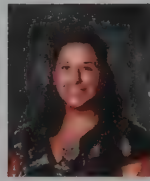
Carolyn Hurter



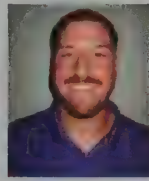
Lynne Hutchinson



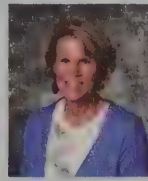
Brent Jansen



Joanne Jarzobski



Ross Jatkola



Kathy Johnson



Wendy Johnson



Noreen Jones



Newton Jordao



Billy Jordan



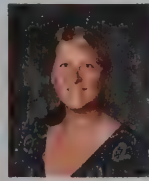
Amy Kaser



Steve Kaser



Matt Kemp



Amy Kennard



John Kennedy



Megan Ketch



Shawn Kingman



Jennifer Knight



Beth Knittle



Bill Knittle



Sarah Knittle



David Koehler



Kim Kolaczyk



Steve Kolvenbach



Tia Konyon



Kara Koslowsky



Lance Kuntzman



Kate La Plume



Leah Lacina



Valerie Lahteine



Elijah Langille



Lee Leavitt



Brian Lenda



Rich Lennon



Maureen Leveroni



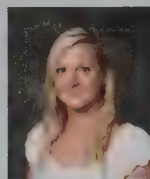
Marica Lewis



Sonya Lomax



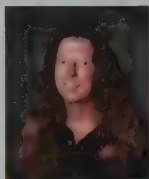
Gerald Lopes



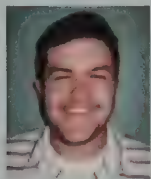
Kristi Loucks



Karen MacFarlane



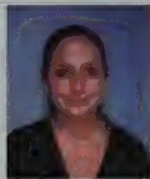
Ann Mach-Dixon



Ian Maguire



Nina Maloney



Julia Markoff



Victoria Martin



Albert Mercado



Megan
McCaffrey-Morris



Jacqueline
McCarthy



Amy McIsaac



Mark McLaughlin



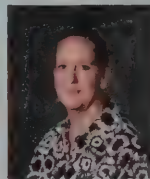
Alexis Meagher



Priscilla Merritt



Filipe Miguel



Victoria Miklosky



Maureen Milos



April Miranda



Jennifer Morassi



Sharon Morgan



Steve Moynihan



Cassandra Mueller



Hilary Mueller



Michael Mulgrew



Sheila Mullen



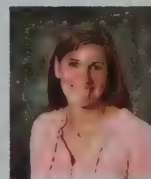
Sharon Nelson



Michele Netto



David Nugent



Sarah Nystrom



Tina O'Brien



Thomas O'Connell



Meaghan
O'Connor-Vince



Brendan O'Leary



Gabrielle Osborne



Mary Osborne



Rosemary Pace



Grace Pedersen



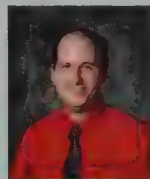
Pam Peek



Kelly Perry



Melisa Peters



Mike Petze



Fadner Pierre



Maryann Piccirilli



Tim Pillsbury



Denise Pita



Marjorie Pitts



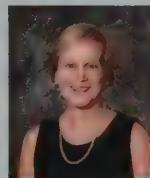
Mimi Poupart



Vanessa Pyy



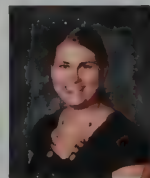
Pamela Regan



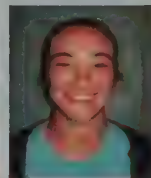
Catherine Richards



Jessi Roundtree



Diane Russell



Julia Ryan



Brianna Sances



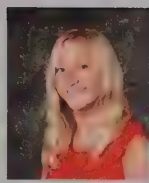
Michal Sands



Aprii Sarkinen



Paula Savini



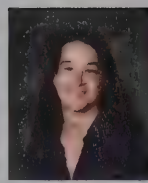
Kate Scholes



Tina Scoff-Bentley



Lisa Sears



Amy Semanscin



Julia Shangina-Petitt



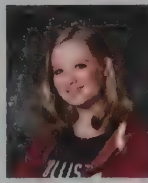
Meghan Sharpe



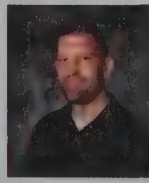
Jeremy Shea



Bryan Sheppard



Molly Shanahan



Ted Skirvan



Cody Small



Kirby Smith



Mike Smith



Harrison Snook



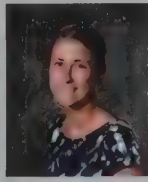
Christine
Spence-Dilley



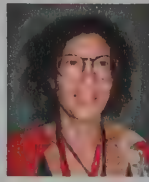
Becky St. Onge



Nicola Stacy



Brooke Styche



Eva Suriol-Acedo



Caitlyn Sweeney



Martha Swindler



Kaleigh
Szymanowski



Lily Tamash



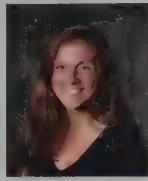
Alik Taylor



Brian Taylor



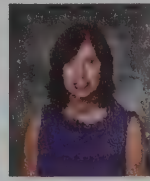
Hope Taylor



Kim Taylor



Rob Toffolon



Trish Tucker



Chris Viens



Andrew Vince



John Walsh



Mary Walton



Brian Wanat



Molly Waterhouse



Ben Weaver



Laura Welch



Shawn Wenzel



Susan West



Kaitlyn Whidden



Michaela White



Julia Wild



Krissie Williams



Meredith Wirtz



Rachel Wiseman



Keryn
Wojciechowski



Stephen
Woodworth



Bo Wu



Marcia Wyrwal



Maryellen Yalmokas



Nosim Zachariah



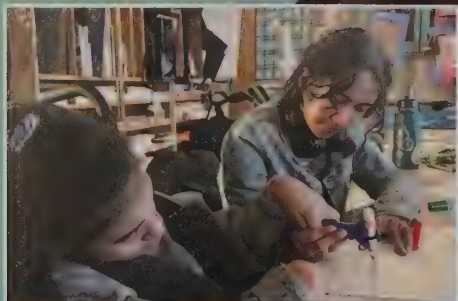
Mandy Zilno

MAKE YOUR MARK

Allegre Burgum preps a stencil for a street art project

creative crossroads

From Cartooning, Animation, Photography, Broadcasting, the Arts, Art Integration, Ceramics, and Fashion Design, Barnstable offers a myriad of opportunities for students to tailor these courses to their individual passions, while allowing them artistic freedom and creativity.



In Mrs. Fay Smith's Art Integration Class, student teacher, Nicky de Souza, works side-by-side with artist, Anita Dias.



Smoothing over her bowl, Claire Hazard prepares her piece to be fired in the kiln.



Student teacher, A'Niyah Barros, makes art with artist, Allie Mendes.



PAINT THE TOWN

Mrs. Fay Smith's Fine Arts IV class showcases the first stage of their graffiti art with visiting artist, Nate Bautista.

Seniors include: Isadora Silva Brandao, Lilleigh Burdum, Kayla Smith, Mirta Maria Sales, Luke Harmon, Bryanna Putnam, and Taurien Souza.



Isadora Brandao painting a teapot on a pottery wheel with Mr. Taylor.



Mirta Maria Sales painting a teapot on a pottery wheel with Mr. Taylor.



Sophia Eressy sculpts a self-portrait.



Student teacher, Edwin Calle Fernandez, assists artist, Kyle Thomas, with a collaging project.



Bryanna Putnam tags a wall with graffiti.

Staff at Barnstable High School

... and fun facts about them.



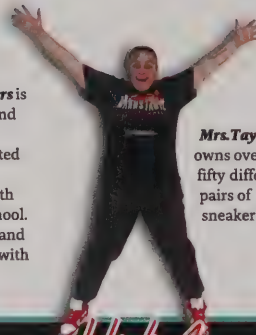
Someone tricked **Ms. Regan** into entering a blueberry pie eating contest and she got blueberries stuck up her nose.



Mr. Kaser has sixteen year old twins and a wife that works in the building.



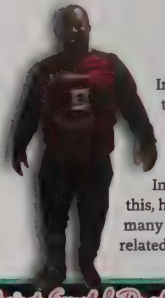
Mrs. Peters is a twin and she graduated from Falmouth High School. Her husband is friends with Mr. Pyy.



Mrs. Taylor owns over fifty different pairs of sneakers.



In addition to being part of the BHS admin, **Mr. Case** works as an Uber driver in the summer.



In his free time, **Mr. Taylor** enjoys beatboxing. In addition to this, he is a DJ for many school related events.

Hub 1

Hub 2

Hub 3

Hub 4

Hub 5

Project Enrich & Dual
Enrollment Coordinator

It's All About the Principal



Barnstable High School's principal, **Ms. Freedman**, has owned two motorcycles and she traveled to India, Thailand, Cambodia, Guatemala and more.



Barnstable High School's vice principal, **Mr. Pyy**, was a three sport athlete at Barnstable High School where he graduated from, and he played soccer in college.

BHS Resource Officers



Officer Stampfl is a varsity coach for the Barnstable Redhawks.



Officer Desruisseaux enjoys playing the guitar in his free time.

Dallas



Dallas is a special aspect of school at Barnstable High School. She is the therapy dog which helps to brighten the school days of students. A fun fact about Dallas is that having her at BHS was made possible by a civic action project run by students.

A New Player on the Team



Mr. Stevens is a new addition to Barnstable High School as he takes on the position of Athletic Director.

Fun Fact: **Mr. Stevens** was almost cast to be a part of an X-Men movie.

Continuing the Tradition

Our class of 2024 twins and families.

Family at BHS

For many years, the Barnstable yearbook has included senior twins as well as seniors with family members who work in the building. The inclusion of twins and families in the yearbook has become a lasting tradition. When interviewed, staff and students agreed that knowing you have someone to rely on, regardless of what type of day you are having is nice. On the other hand, many stated that they feel being in the same building leads to having less individuality and they sometimes end up spending too much time with one another.



Conor Cattabriga with parents, Brian and Heather



Philippe Ribeiro with aunt, Raffaella Almeida



Luke Harmon with mom, Kristen Harmon



James Nystrom with mom, Sarah



JJ Swindler with mom, Martha

Andrew & Eric Lovell

Logan & Hunter Parent

Callie & Lilly DeDecko

Laik & Connor O'Reilly

Pros & Cons of being a TWIN



Laik O'Reilly

Pros: "Shared experiences - having someone to go through the different events in our life with who are also going through the same thing too."

Cons: "Lots of comparing our abilities."

Andrew Lovell

Pros: "Free best friend, comfortable where ever you go because your twin is with you, same hobbies."

Cons: "Everyone calls you by the wrong name, always asked if you are twins, stupid questions."

Eric Lovell

Pros: "Having a best friend for life."
Cons: "Getting called by your twin's name."

Logan Parent

Pros: "I'm never alone..."
Cons: "...but I'm also never alone."

Hunter Parent

Pros: "I'm never alone..."
Cons: "...but I'm also never alone."

Callie DeDecko

Pros: "Having a built in best friend."

Cons: "Sometimes spending a little too much time together..."



Elise Abreu

*I just don't feel like I have to
explain myself.*
- Dolly Parton



Michael Adams

*With every task that is complete,
there is a sense of bittersweet.*



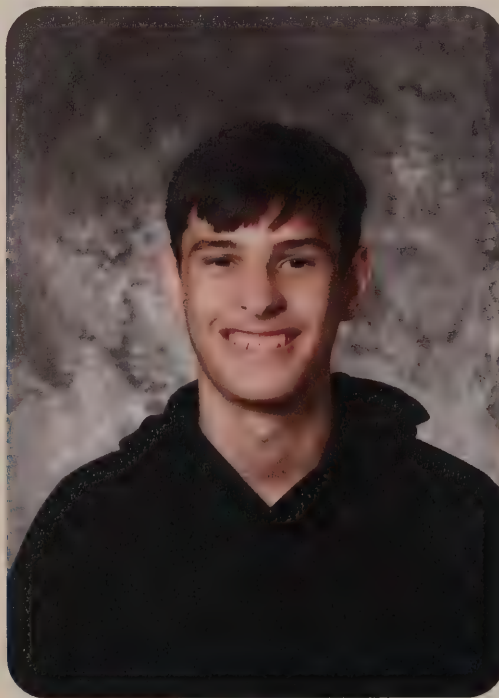
Isadora Adao

*Valeu a pena cada momento longe de
casa!! Obrigada High School.*
- IPG



Heidi Alvarado

*Whoever thinks money can buy
happiness can deposit it into
my bank account.*



Daniel Alves



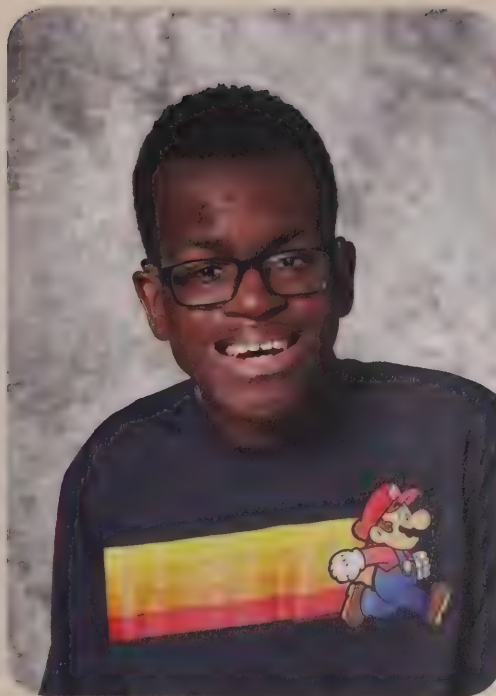
Pedro Alves

*I spent 113,880 hours of my life for'
a paper and a handshake.*



Asaph Afonso

I'm behind you. - 1 Peter 1:3



Malachi Akpiri

God is with you and will be with you always. - 1 Peter 5:7



Miguel Albergaria

Ainda que eu andasse pelo vale da sombra da morte, não temerei mal algum, porque tu estás comigo.
- Salmos 23:4



Aneese Anastasia

It's not a Spidey sense, it's anxiety.



Kaden Anderson

I'm far from what I was, but not yet what I shall be. Although I know for a fact that success, is the destination for me.



Sophie Anderson

I'm only 17 I don't know anything.
- TS



Niya Angelova

The madman is a dreamer awake.
- Sigmund Freud



Eric Arabadzhiev

*And those who were seen dancing
were thought to be insane by those
who could not hear the music.*
- Friedrich Nietzsche

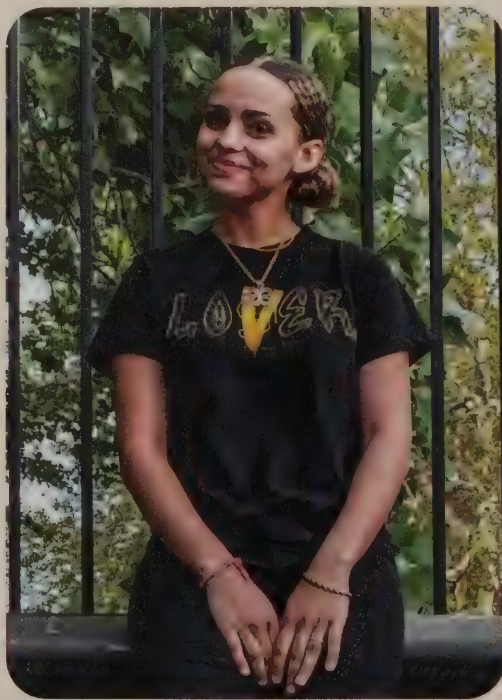


Cailin Ardolino

*I just want some money, a lot of
money.*
- Drake



Chase Baenziger



Kaiya Barbel

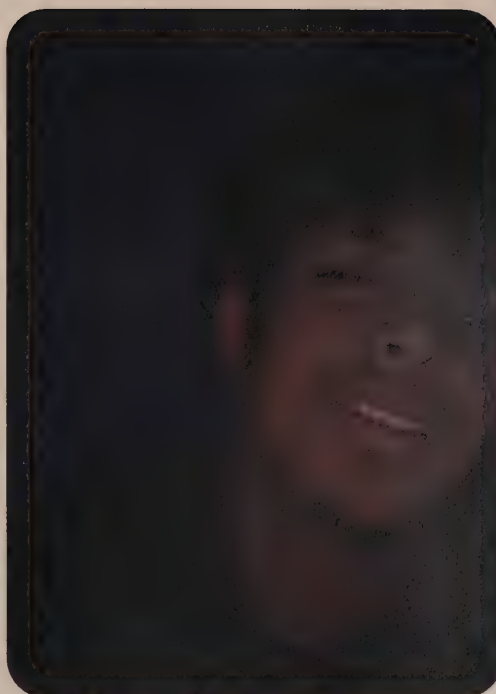
*They thought I was goin through it,
but I was gettin to it.*



Clayton Barker



**Jonathan Arevalo
Calle**



Kaio Augusto Ribeiro
*Yesterday is history, tomorrow is a
mystery so live for today.*



**Daniel
Aziev-Smalovschi**
*Mind over matter is magic.
I do magic.*



Penelope Baroni
Everything happens for a reason.



Christopher Barry
*Maybe there are forces in this universe
we don't understand. But I still believe
we make our own miracles.*



Brooke Beaumont
*There's beauty in the struggle,
ugliness in the success.*
- J. Cole

Designed by Philippe Ribeiro and Livia Reine
Senior Portraits

- Huey Freeman



Liam Beauregard



Bridget Bedenkop

*Stop thinking and start moving,
you just gotta be you.*

- Lil Uzi Vert



Sophia Bell

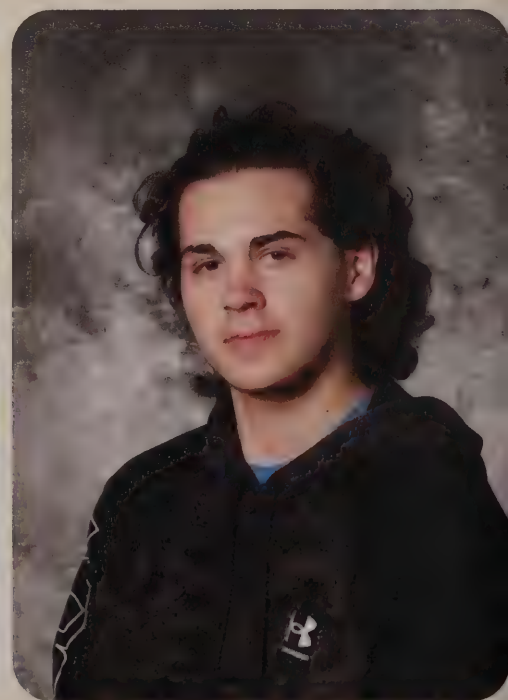


Anthony Kaon
Bezerra

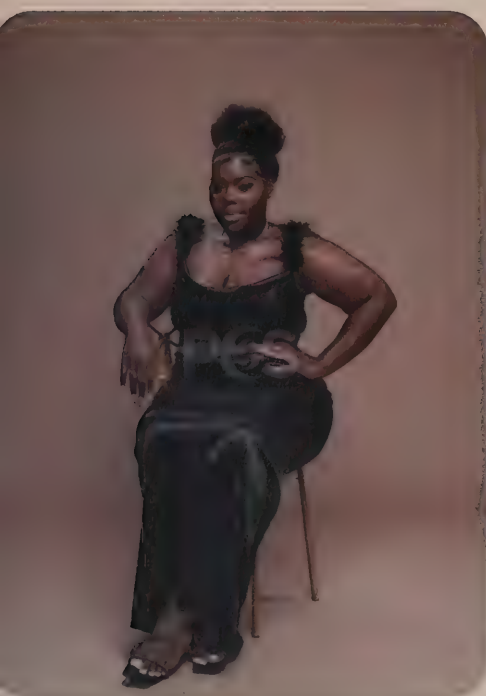


Zaire Black

*TO FREEDOM
- Nicki Minaj*



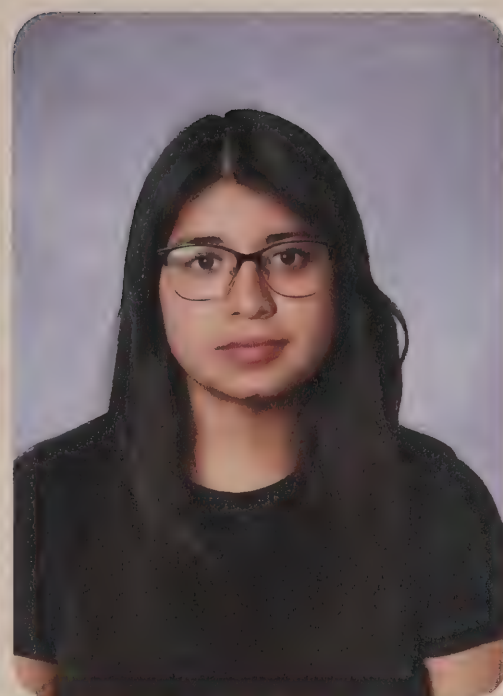
Landyn Boufford



Melannie K. Bennett
Tell your children black is beautiful.



Thomas Berger
*It's better to fail in originality than to
succeed in imitation.*



**Jacqueline Bermeo
Maldonado**



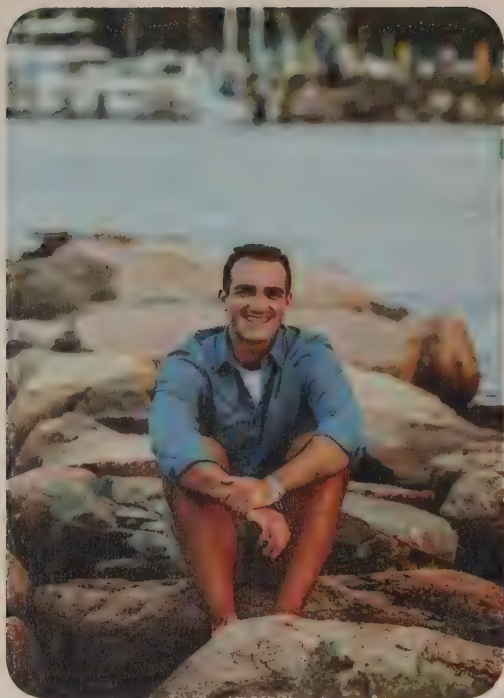
Tamoy Bowen
*Beginnings are usually scary, and
endings are usually sad, but it's
everything in between that makes it
all worth living.*



Olivia Brahms



Avery Braley
*We'll be alright.
- Harry Styles*



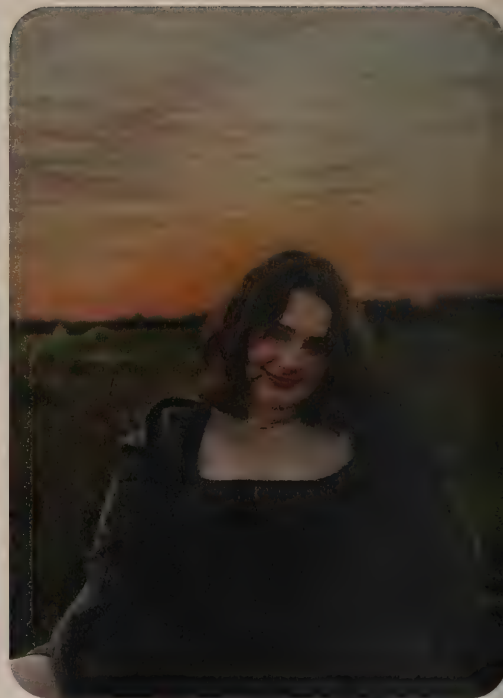
Nikolas Brancaccio

Yesterday is history, tomorrow is a mystery, and today is a gift... that's why they call it the present.



Addyson Breen

*Grey's Anatomy Season 1
Episode 2 24:40*



Madeleine Brown

*Instill the love of you into all the world, for a good character is what is remembered.
- The Teaching for Merikare*



Dasan C Green

I'm a dreamer. I have to dream and reach for the stars, and if I miss a star

48

then I grab a handful of clouds.

- Mike Tyson



Joslyn Cahoon



Isadora Caldeira

Senior? I still order from the kids menu.



Lilleigh Burgum

*Sometimes you gotta close a
door to open a window.
- Tyler, the Creator*



Maddison Burlingame

*Until we meet again,
may God bless you.
- Elvis Presley*

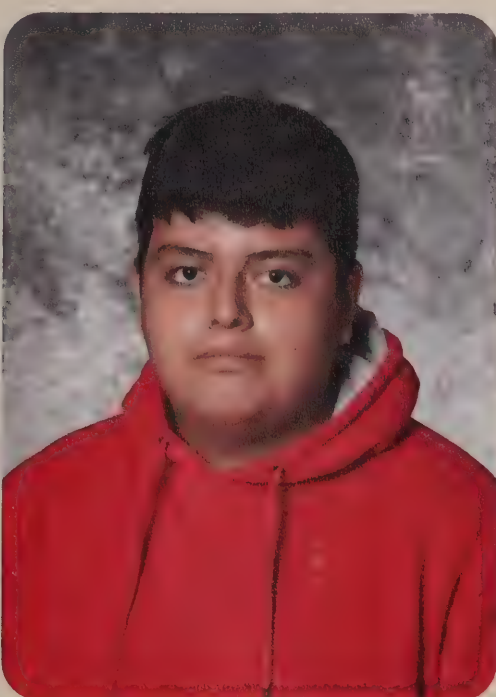


Abigail Burnett

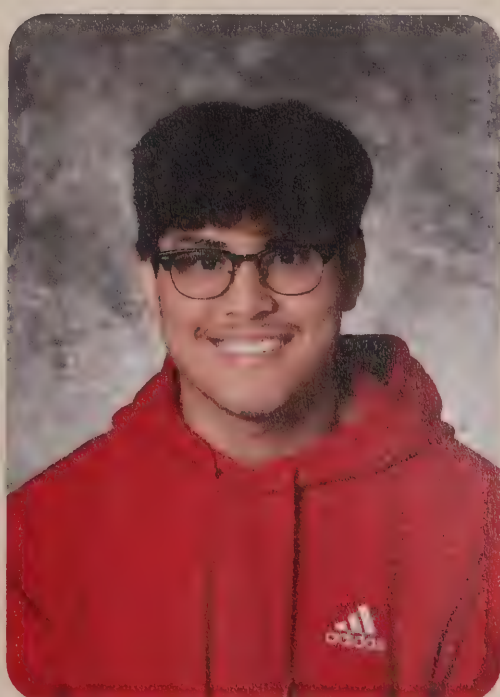


**Edwin Calle
Fernandez**

*Be the change that you wish
to see in the world.*



**Jackson Calle
Fernandez**



**Jhordy Calle
Salgado**



Antwan Campbell

0:28- Long Time (Intro), Playboi Carti



Brianna Campbell

*The future belongs to those
who believe in the beauty
of their dreams.*

- Eleanor Roosevelt



Kurt Campbell

*Twelve years just for a piece of
paper and a handshake.*



Milena Carreira

*Asking for help isn't giving up,
it's refusing to give up.*



Caden Cassidy

Together, we're stronger.



Conor Cattabriga

*Experience is the teacher
of all things.*

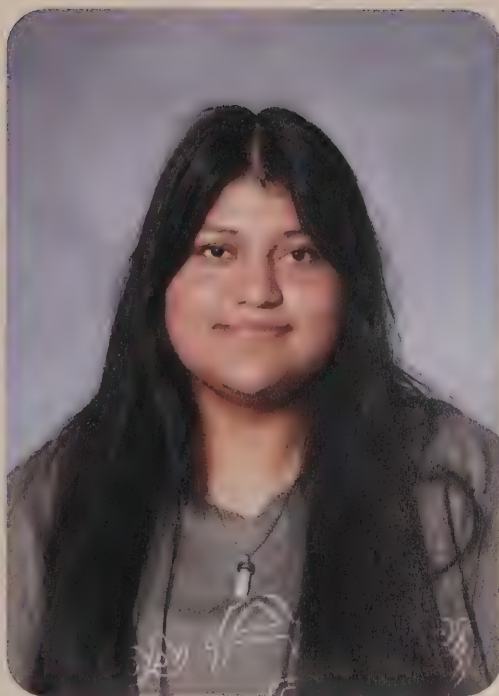
- Julius Caesar



Lannique Campbell

You are only responsible for two things, your actions and your words, and they both matter.

- Melissa Peters



Daysi Carchi Calle



Douglas Carr

Legs feed the wolf.



Thomas Childs

I had a purpose before anybody had an opinion.



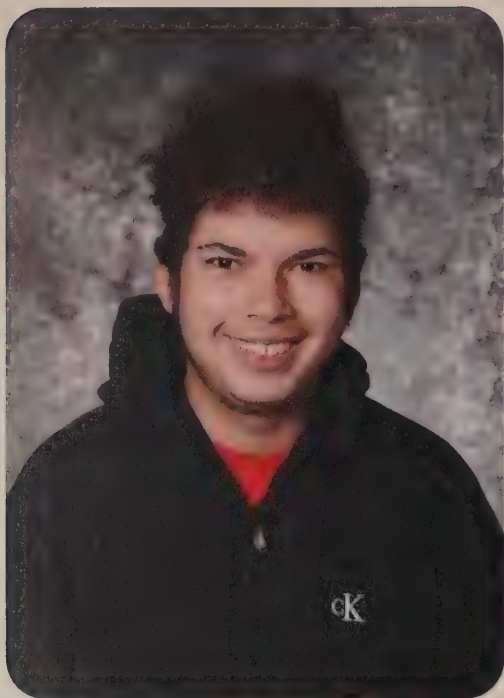
Gabrielle Chin

Y'all spent four years, but I spent three lol.



Michael Cipro

Together, we're stronger.



**Thiago Fhelipe
Coelho**



Kyle Cogswell
*It's not legendary unless your
friends are there to see it.*



Lauren Colarusso
Be happy! Keep smiling and dancing.



Nicole Coombs
*Would I rather be feared or loved?
Easy. Both. I want people to be afraid
of how much they love me*
52 - Michael Scott



**Kathlyne
Costa-Silva**
*Success is not final, failure is
not fatal: It is the courage
to continue that counts.*



Christopher Cox
Together, we are stronger.



Ruby Coleman



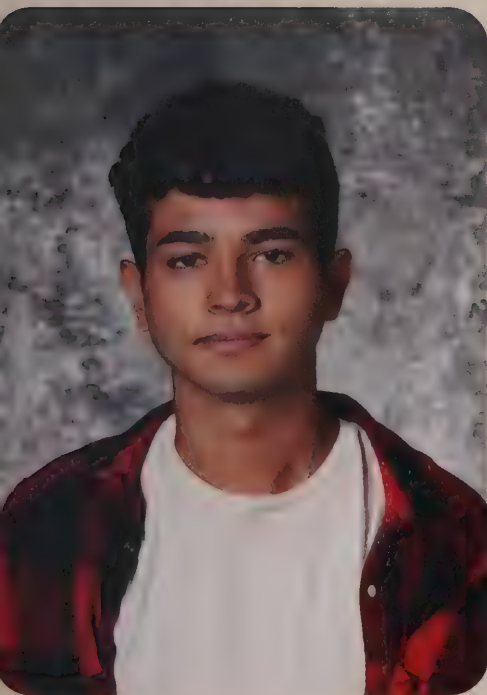
Sloane Contrino

*Stop Being Desperate.
- Paris Hilton*



Andrew Coombs

*You don't have to be loud to
make a big impact.*



Alexandre Da Silva



Joao Da Silva

*For God so loved the world that he gave
his one and only Son, that whoever
believes in him shall not perish
but have eternal life.
- John 3:16*



Samuel Da Silva

*He's the way, the truth,
and the life.*



Yuri Da Silva

Calm luh fit.



Gabriela Daquila



Kellen DaSilva

*You know I've realized that I'm
probably just perfect, and its
everybody else around me
that's got issues.*



Luan De Oliveira



Giovana De Souza
Matos

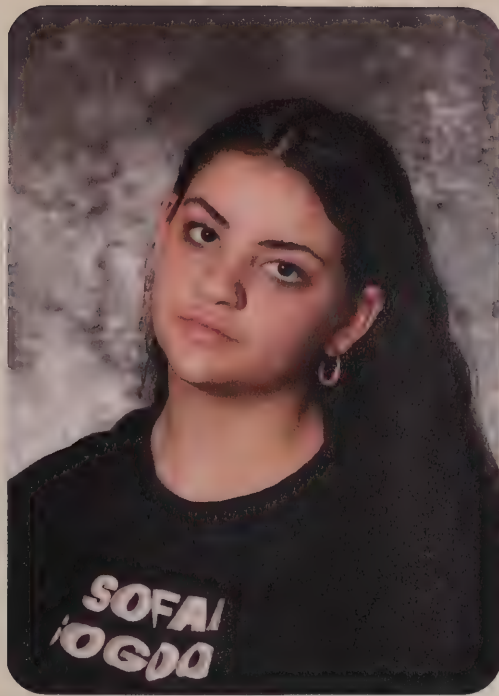
Don't look at the caption, look at me.



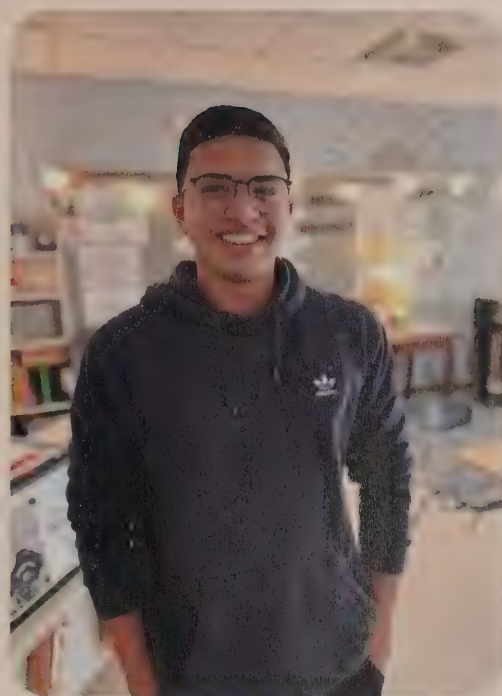
Bernardo De Souza



Camila De Brito



Livia De Freitas



Kaio De Oliveira

Mrs. Whidden made me do it.



Nicole de Souza

With peace and love.



Sanhiya DeBarros

*All this for a piece of paper
and a handshake?*



Ewerton Decastro

*Passion is the fuel for success
- Kobe Bean Bryant*



Callie DeDecko

*Go fast enough to get there,
but slow enough to see.*

- Jimmy Buffet



Lilly DeDecko

*A winner is a dreamer who
never gives up.*

- Nelson Mandela



**Isabelly Deghaiche
Gomes**

Isso não é o fim, é um recomeço.



Chloe Dibb

Life is Roblox.



Anthony DiGiacomo

*A tree falls the way it leans. Be
careful which way you lean.*

- The Lorax



Avah Dixon

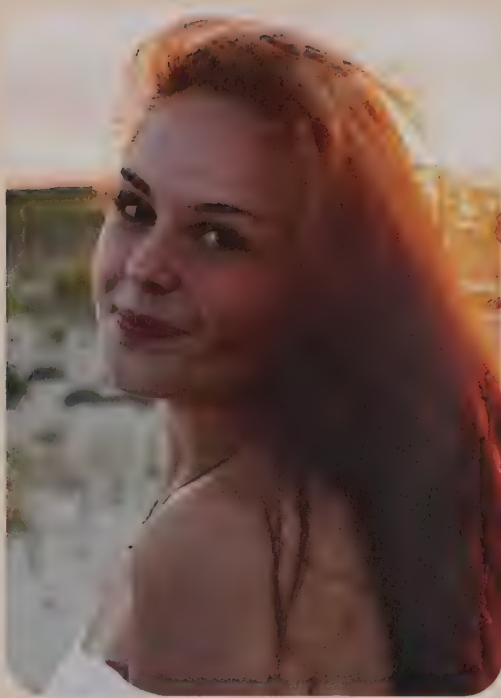
*Everybody wanted to know what
I would do if I didn't win...
I guess we'll never know.*

- Kanye West



Cameron DeGrace

Together, we are stronger.



Taylor Dennison

*The past can hurt. But the way
I see it, you can either
run from it, or learn from it.
- Rafiki, The Lion King*

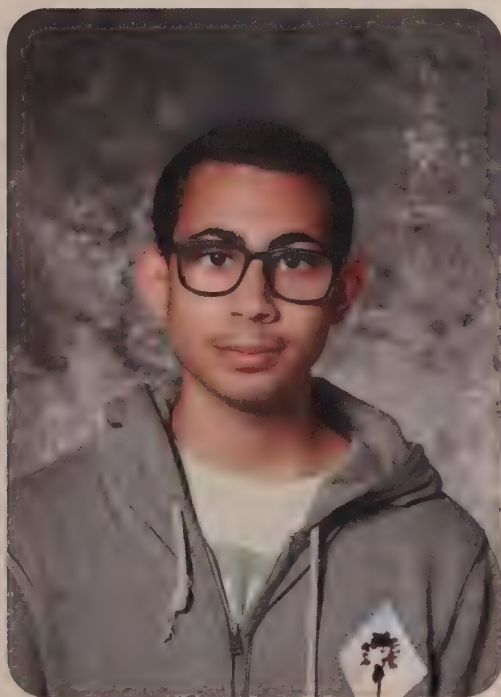


Ian DeVito

*You just gotta keep livin man
L-I-V-I-N.*



Jadus Dixon



David Do Carmo

How did time fly by so fast?



Maggie Doherty

Ain't that just the way.



Peter Donley



Aidan Donnelly

It's very important to surround yourself with people who see you. Fully.

- SZA



Gustavo Dos Reis

Whatever else you do, do the only thing that can make you feel truly alive, do life with Christ.



Kailey Dvorak

Passion is the genesis of genius.

- Galileo Galilei



Juliette Eldredge

I have over 7 trillion nerves, and high school seemed to get on all of them.



Antonio Ellis

Enjoy high school while you can.



Emily Dos Santos

I spent 113,880 hours of my life for a paper and a handshake.



Libby Downs

This is life before you know who you are going to be.

- Taylor Swift



Mauricio Duran

The only time success comes before work is in the dictionary.

- Harvey Spector



Harry Ells

Goditi la giornata.



Sophia Eressy

You have two ears and one mouth, so you listen more and talk less.

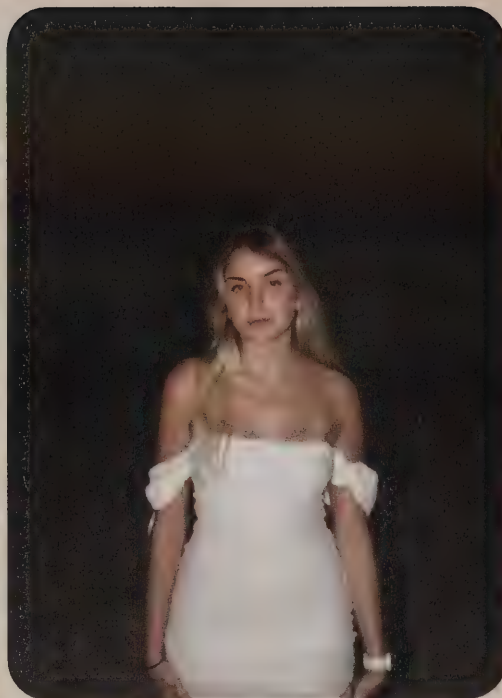


Ben Espinal-Mika



**William
Fajardo-Doss**

*I farted as the picture
was being taken.*



Laura Falcao

*Viver não é esperar
a tempestade passar...*



Samuel Faria-Toledo



Isabella Fernandes

*Some people gon hate you
for no reason, and you
gon shine regardless.*

60

- SZA



Ryan Field

*I'm waiting for my spaceship
to come back for me.*

- Kesha



Evelyn Figueiredo

*You don't have to be sorry for
leaving and growing up.*

- Matilda, Harry Styles.



Joseph Faria

Choose a path that makes your heart sing, for a life without passion is a life half-lived.



Kelsey Farrenkopf

In this moment, now capture it, remember it.
- Taylor Swift



Daniel Favero

If you like water, you already like 72% of me.



Coralie Figueroa

We're almost there, but nowhere near it. All that matters is that we're going.
- Lorelai Gilmore



Hailey Fink

Everyday I discover more and more beautiful things.



Adam Forrest

Love your day, man.



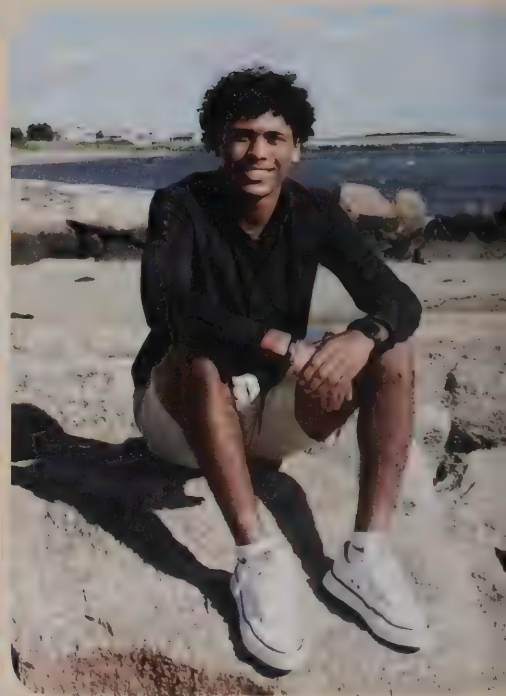
Akeem Forskin

Wake up to reality, never trust anyone too much. Remember, the devil was once an angel.



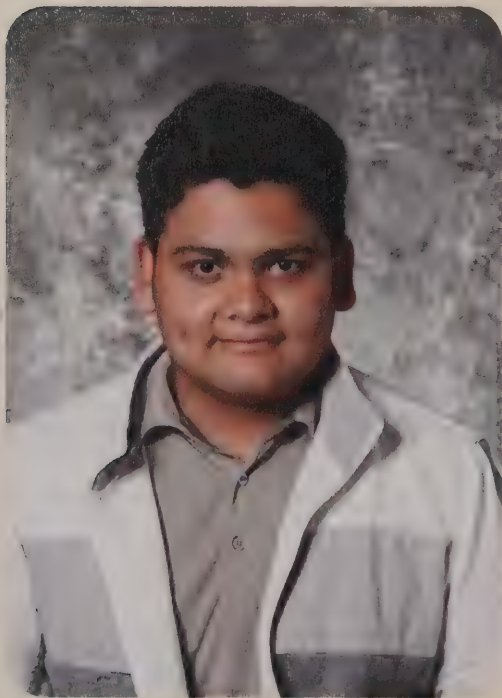
Kiana Fortes

I'm really too young to be feeling this old.
- Drake



Tajardo France

Real G's move in silent like lasagna.
- Lil Wayne



Oswaldo Fuentes Tejada



Daniel Garlington

You only live once, but if you do it right, once is enough.



Alexa Garthee

Alexa, skip to graduation.



Cibely Franco

*Don't give up! I believe in you all!
A person's a person,
no matter how small.*



Molly Fredo

*When there is an opportunity in front
of you you have to take it, grab it,
behold it, and embrace it.
- Crazy*



Thomas Freitas

*Lightweight Baby.
- Ronnie Coleman*



Alexa Gilbert



Preshis Gomes

*Don't compromise yourself,
you're all you have.*



Joao Pedro Goncalves

We had homework?



McKyle Gordon



Damien Gorgone

*Enjoy the best things in your
life cuz you ain't gonna
get to live it twice.*

- Mac Miller



Cadence Goryl



Jessica Gustafson



Lyra Halbert

*You just gotta keep livin' man,
L-I-V-I-N.*

- Matthew McConaughey



Nikita Halliday

I wish only half of you success.



Jadeyn Greaney



Riley Griffin-Braley



Raila Guasti

*If you're reading this it's too late.
- Aubrey Drake Graham*



Luke Harmon

*You can't stop the waves, but you
can learn to swim.
- Jon Kabat-Zinn*



Colin Harron

First day out.



Claire Hazard

*Be kind and thoughtful in your
daily life, and at the end of each
day, remember to thank*

God for all of your blessings.

- Anne Hazard



Adianna Henry

School was alright, I give it a 20/24.



Daniel Hernandez



Marilyn Hernandez



Grace Holden

*I'm standing in the ashes of
who I used to be.*



Logan Hurwitz

*But it isn't just a piece of paper that
makes a man. And it isn't just prison
that breaks one, either.*

- Stephen King, Different Seasons



Stessie Ignace



Carter Hickey

No. Try not. Do... Or do not.

There is no try.

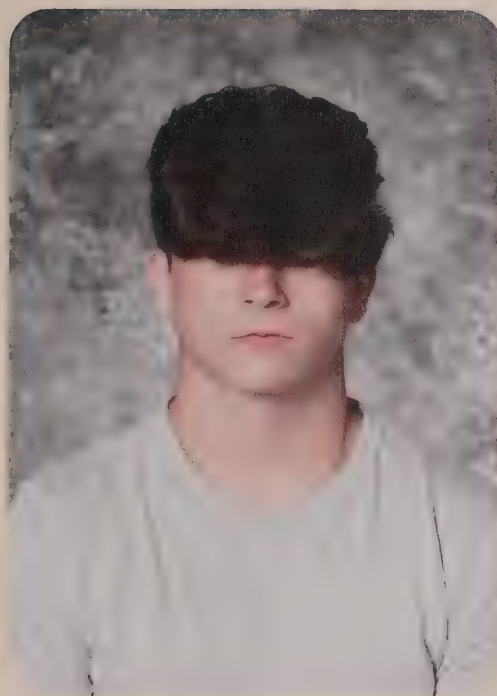
- Yoda, 3 ABY



**Michael
Higginbotham**

*I can do all things through Him
who strengthens me.*

- Philippians 4:13



Michael Hine



Mikaela Ilomaki

*Tryna find deeper meaning in
nonsense. Tryna grow without
hating the process.*

- SZA



Jonah Izzo

*And right now, you could care less
about me, but soon enough, you
will care by the time I'm done.*

- Jack White



Ava James

Designed by Philippe Ribeiro and Livia Reine
Senior Portraits



Hayley Johnson

Alright. Kendrick Lamar 0:17



Scout Johnson

All of our dreams can come true if we have the courage to pursue them.

- Walt Disney



Owen Jones

People don't care how much you know until they know how much you care.



Hallie Judge

The truth is you don't know what is going to happen tomorrow. Life is a crazy ride, and nothing is guaranteed.



Patrick Kelley



James Kennelly



Olivia Jonsson

*Say whatever you feel,
be whoever you are.*

- Noah Kahan



Angelina Joyce

*Sometimes you will never
know the value of a moment
until it becomes a memory.*

- Dr. Seuss



Callaghan Joyce

*The journey is just as important
as the destination.*



Michaela Kiessling



Ryley King

*If you see someone without a
smile, give them one of yours.*

- Dolly Parton



Cody Kinski

*Live like you'll die tomorrow, learn
like you'll live forever.*



Michael Knell

*Life isn't meant to be perfect
it's meant to be lived.*



Ella Kostovick

*What, like it's hard?
- Elle Woods*



Jack Kullas

*Studies show that laughing can
lengthen your life, so let's keep this
joke running.*



Nicholas Leach

*Success is not final, failure is not
fatal: It is the courage to continue
that counts.*

70 Winston Churchill



Juliana Leger

*Sometimes you will never know the
value of a moment until it
becomes a memory.*

- Dr. Seuss



**Pedro Henrique
Leme**



Aiden Kundel

All truly strong people are kind.
- Musashi Miyamoto



Savannah Lakin

I'm only here cause I'm gay.



Hayley Lamb



Aaron Liebowitz

The shab is negligible.
- Arone's adaptation of 'Not Too Shabby'

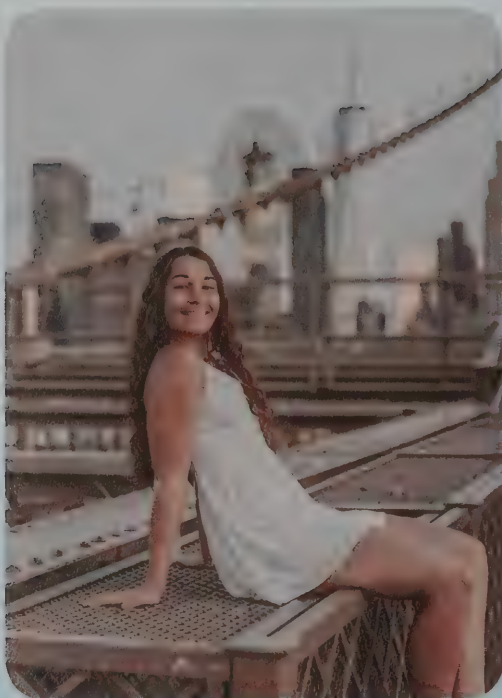


Jordan Lippard



Cameron Little

Be creative. Love what you do.
Never stop.
- Cole Bennett



Leona Longobardi

*You know I've realized that I'm probably
just perfect and it's everybody else
around me that has issues.
- Scott Disick*



Andrew Lovell

Are you guys twins?



Eric Lovell

No, third cousins.



Daniel Maldonado



Alexander Marichal



Allegra Marini

*Say whatever you feel, be
wherever you are.
- Noah Kahan*



Ava Lubash

Don't be a lady. Be a legend.
- Stevie Nicks



Lillian Luechauer

If you got a dream chase it, because a dream won't chase you back.
- Cody Johnson

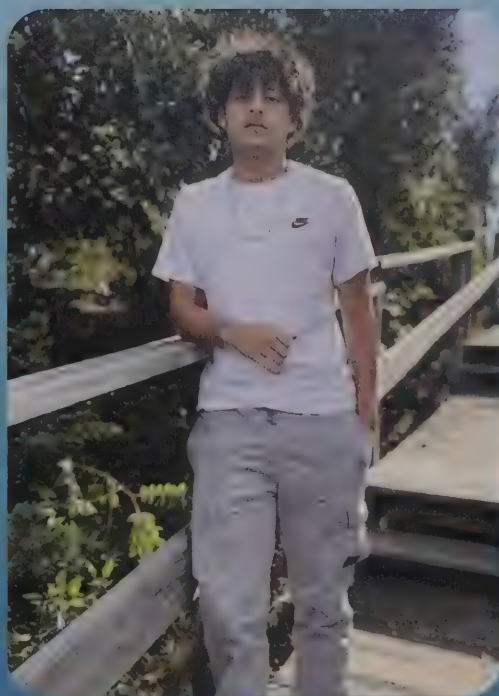


Julia Magalhaes

Juju on that beat.



Michaela Marsall



Kevin Martinez

Making sure my parents didn't come to this country for nothing.



Darius Matheney

Most people think my life has been all about football. I've even thought that myself.
- Ernie Davis



Daniel McCarthy

*How could you miss at this distance?
- Anthony Stabile*



Lucas McDevitt



Alyssa McEneaney

Did this last second too.



Glenn Medeiros

I still think I am the greatest.



Aden Mehta

The world will keep spinning.



Darius Mendes



Abbie-Gayle McFarlane

*Work hard and be determined
to reach your goals.*



Alexa McKeen

*Let yourself feel the pride but always
stay humble and kind.
- Tim McGraw*



Jeremiah McMorro

*If I had to do it all over again,
I would maybe do some
things differently.
- Saul Goodman*



Kristina Mendes



Jaxson Merrill

*This is where the fun begins.
- Anakin Skywalker*



Saphira Miranda

Maranatha, come Lord Jesus!



Renee Montcalm

*Long story short, I survived.
- Taylor Swift*



Alex Montero

*Calm luh fit.
- Steve Jobs*



Tyeaf Morrison

*Once you really know yourself,
can't nobody tell you
nothing about you.
- Megan Thee Stallion*



Riley Murphy

*When the last bell rings, I might
actually miss this place.
Probably not, though.*

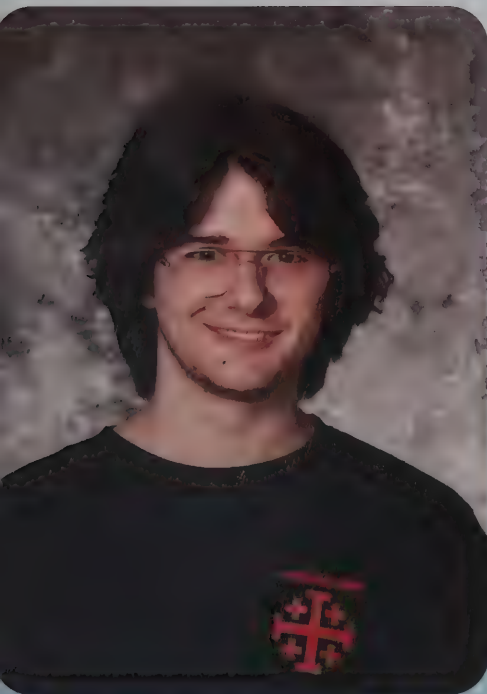


Ava Nailor



Dayanne Nazareth

*Don't let anyone ruin your day.
It's YOUR day. Ruin it yourself.*



Zane Morrison

*No man ever steps in the same river
twice, for it's not the same river and
he's not the same man.
- Heraclitus*



Ian Mulcahy

Am I him?



Miguel Munoz

*Like my entire high school career,
this is sent seconds before it's due.*



Laina Nickerson

*This is only where it begins.
- The Lumineers*



Emily Nikas

*We're almost there and nowhere
near it. All that matters is that
we're going.
- Gilmore Girls*



Cristopher Niveló



Samantha Niveló



Julia Noreau

*Sometimes you will never know the
value of a moment until
it becomes a memory.*
- Dr. Seuss



Noah Norman

*Bolt doesn't need super powers to be
a Superhero. He just needs to be
himself.*



Connor O'Reilly



Laik O'Reilly

*...find your people and treat
each day like a lifetime.*
- They Both Die At The End



Mia Oberlander

*There are better things ahead than
any we leave behind.*
- C.S. Lewis



James Nystrom

*Today is here, and then it's gone.
If there's any reason to have
a good day, it's that.*
-Zach Bryan



Brody O'Donnell-Birch

*Life is like a roller coaster. Just when
you think you're on top, you go flying
back down and someone pukes on you.*



Finn O'Donnell

The energy is about to shift.
- Jaylen Brown



Wesley Oliveira

*Sai a mulher bipolar moderna. Entra
a maníaca-depressiva vintage.*
- Rita Lee



Hunter Parent

*The squeaky wheel gets
the worm.*
- CTH



Logan Parent

Finally.



Abigail Palmer

Success in my name, love in my heart, either way you put it I knew I was blessed from the start.



Wilhem Penalo

Stay hungry, stay foolish.



Sam Pereyra



Trey Philamar

What lies before us and what lies after us are small matters compared to what lies within us.

88 *Henry David Thoreau*



Maxwell Pina

If you obey all the rules, you miss all the fun.



Paisley Powers

And if you go, no one may follow. That path is for your steps alone.
- Ripple, Grateful Dead



Michael Perella

If it is important to you, you will find a way. If it is not, you will find an excuse.



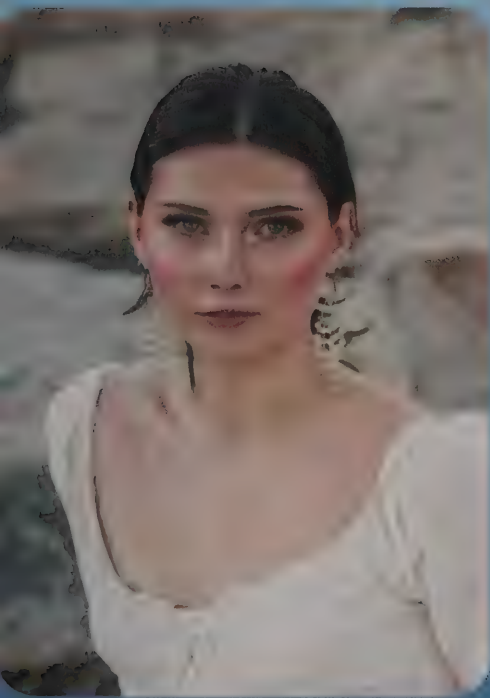
Kiara Perry

Count your blessings, not your problems.



Violet Peters

I will praise thee; for I am fearfully and wonderfully made: marvelous are thy works; and that my soul knoweth right well.



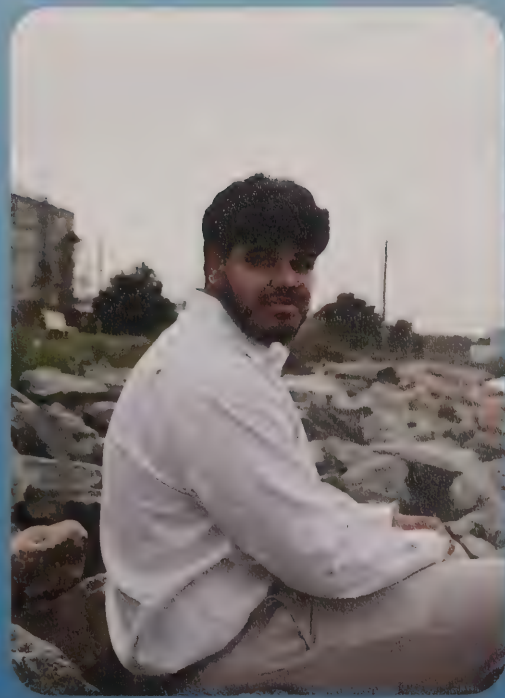
Bryanna Putnam

To improve is to change; to be perfect is to change often.
- Winston Churchill



Kaique Ranucci

Na vida a gente nunca ganha tudo, mas sempre aprendemos na derrota. E o que vale é participar.



Saim Rasool

For indeed, with hardship [will be] ease.
- Quran 94:5



Meili Raspante

It's okay fish.



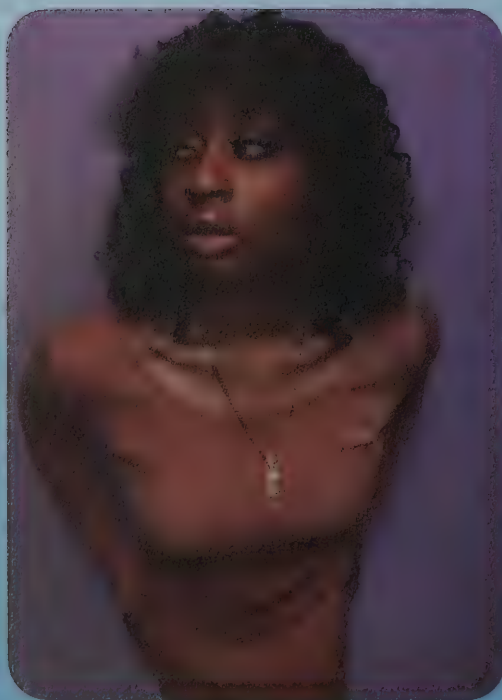
Maxwell Read

Don't give up, work hard, and believe.



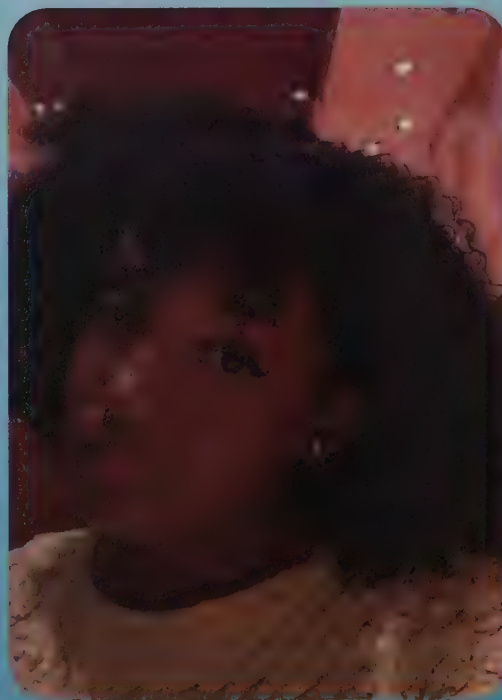
Livia Reine

If there's any good in me, it's Christ.



Shantelle Roberts

*Fancy living! Here we come! LA LA
LALA LAAAAA!*



Shenel Roberts

*I can't cry about having a lot on my
plate when the goal is to eat.*



Bryan Rodrigues

Figuring it out.



**Esdras Ribeiro
Sarmiento**

How did time go by so fast?



Philipe Ribeiro

*Whether you think you can or you
can't, you're right.*

- Henry Ford



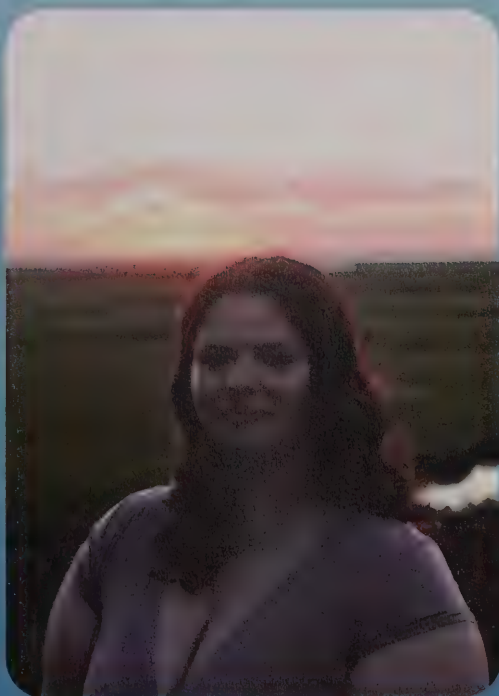
Brennan Riley

*Live now, there's plenty of time
to die later.*



Oriel Rodriguez

Don't forget yall's inspiration.



Allana Rodriguez

*You made it thru the day, I made it
thru the night.*



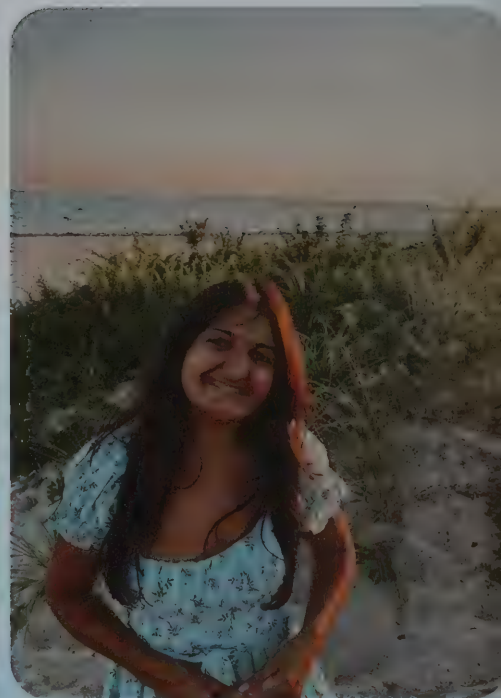
Ramsay Rose



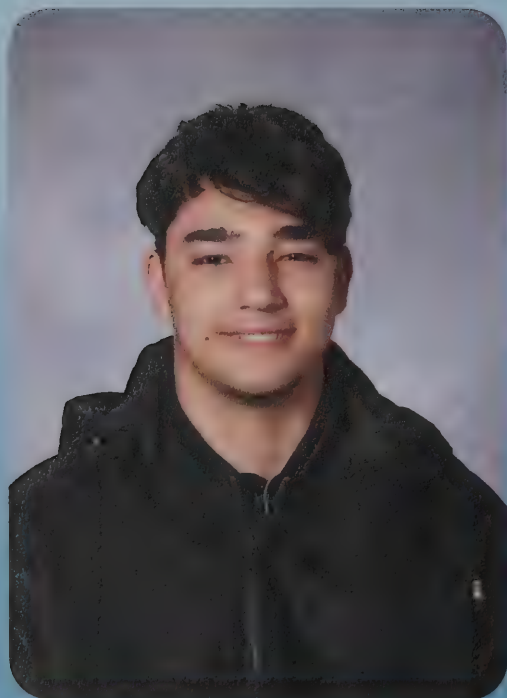
**Johnathan Roth
Maldonado**



Lucas Sajdak
*How are you going to be a judger
bro, you haven't even looked
in the mirror yet.*
- Ken Carson



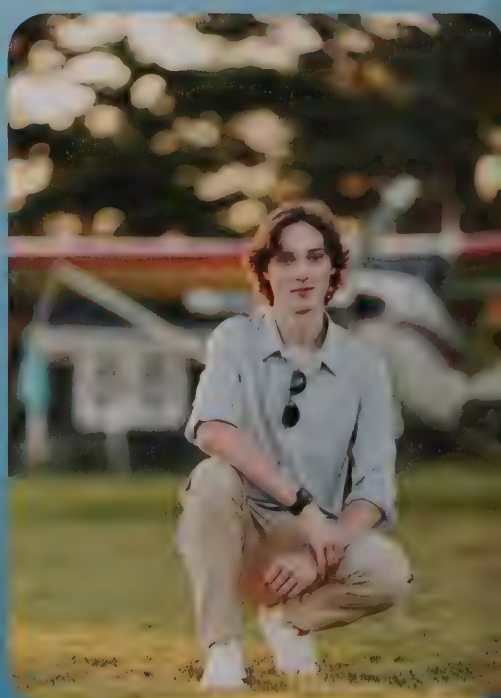
Vitoria Maria Sales
*How can I possibly be expected to
handle school on a day like this?*
- Ferris Bueller



Leandro Santos



Aidan Scichilone
*A society grows great when old men
plant trees in whose shade
they shall never sit.*
- Greek Proverb



Jordan Sharlet
*I wish there was a way to know
you're in the good old days before
you've actually left them.*
- Andy Bernard



**Lhuann Bryan
Salgado**



Lily Sanborn
*Some people gonna hate you for no
good reason... and you're gonna
shine regardless.*
- SZA



Vitoria Santos Sa



Jasper Shaw
I'm Batman.



Lucy Sherman
*Don't worry about it, everything's
going to be fine.*



Brandon Shull
To a new beginning and beyond...



Justin Siguencia Calle

*Be happy more often
because life is short.*



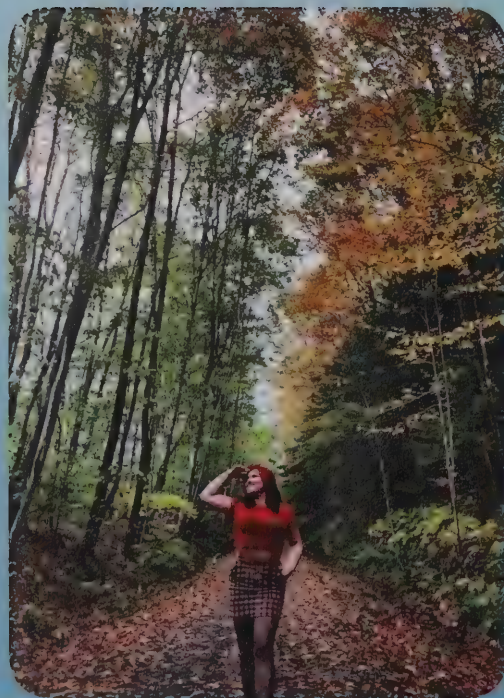
Jason Siguencia

*Embrace the challenges, cherish the
memories, and strive for greatness. Our
journey doesn't end here, it's just the
beginning of an extraordinary
adventure.*



Isadora Silva

*If you don't lose, you cannot enjoy
the victories. So I have to
accept both things.*



Laura Maria Silva

*Big thank you to Bill Nye,
Ms. Frizzle and Tim and Moby :)*



Matheus Silva

*Eu sempre fui sonhador, é isso que
me mantém vivo.*

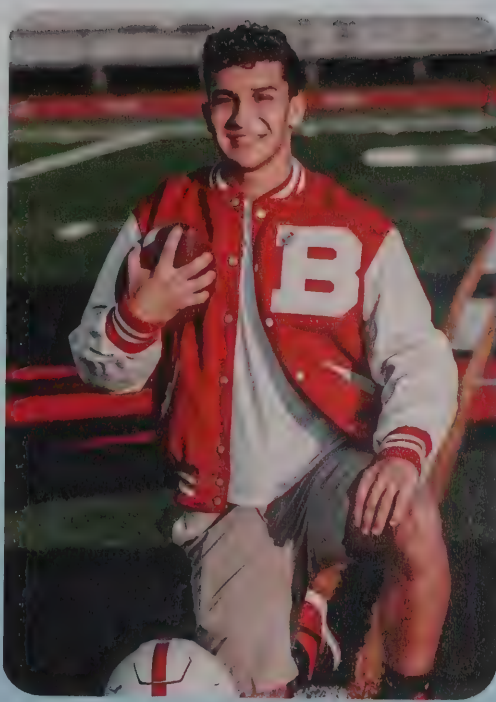


Vitoria Silva

*This is life before you know who
you're gonna be.*



Anthony Silva



Brandon Silva



Diogo Silva



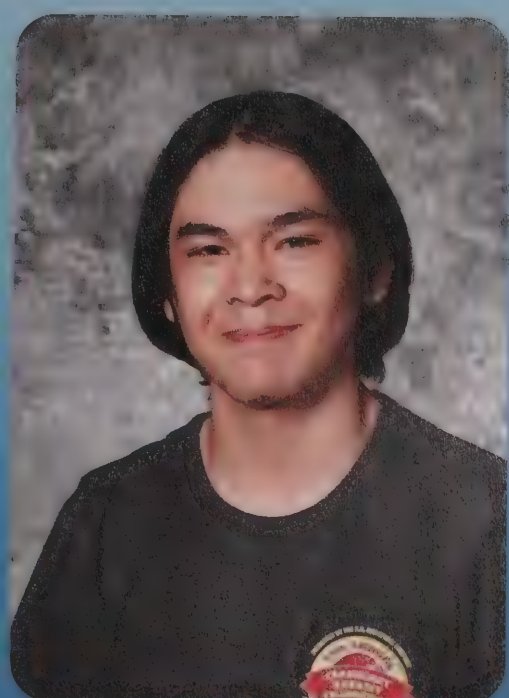
Higor Simoes

Vini, vidi, vicci.



Sophia Simonelli

*Don't surround yourself with
people that make you feel
less than a 10/10.*



Sam Singh



Kayla Smith

My actions only matter in the present, I don't care about the past.
- d4vid



Ethan Sonnabend

This person refused to comment.



Morrison Souza

I'll take a potato chip and eat it.



Izaiah Stoddard

Life is to short so just live it as you can.



Sephine Stringer

Sometimes you will never know the value of a moment until it becomes a memory.
- Dr. Seuss



Brianna Sullivan

Look at the sky tonight all of the stars have a reason.
- lil peep 1:40



Taurien Souza

*It can't rain all the time.
- Eric Draven*



Lauren Spagone

Old ways won't open new doors.



Carly Steenstra

*I don't know where I'm going but
I'm on my way!
- Stymie (Little Rascals)*



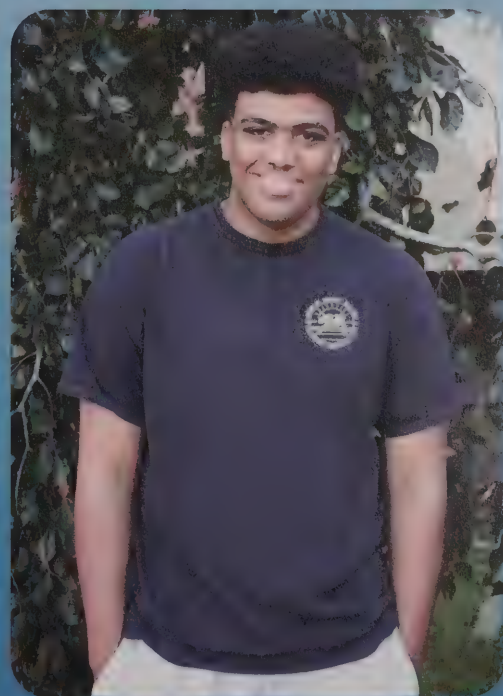
Charlotte Sullivan

*Life is short the world is wide,
I wanna make some memories.*



Adam Sundelin

We live, we love, we lock.



Nathaniel Sutherland

*I never say that I lose because when
I lose I'm wise, and when I win I'm
happy just for that moment in time.*



James Swindler

*When life gives you lemons,
short the lemon stock.*



Anthony Tambascia

*We were goodfellas, wise guys.
- Ray Liotta*



Corrine Tatum

*When you do your best that's all you
can do. But always do your best.*



Bailey Thatcher

*Feels good to get all that
weight off my chest.*



Darren Thomas

This due at 11:59 too?



Sydney Thomas

*I don't know what my future holds,
but life is short, the world is wide, and
I want to make some memories. -
Donna Sheridan, Mama Mia*



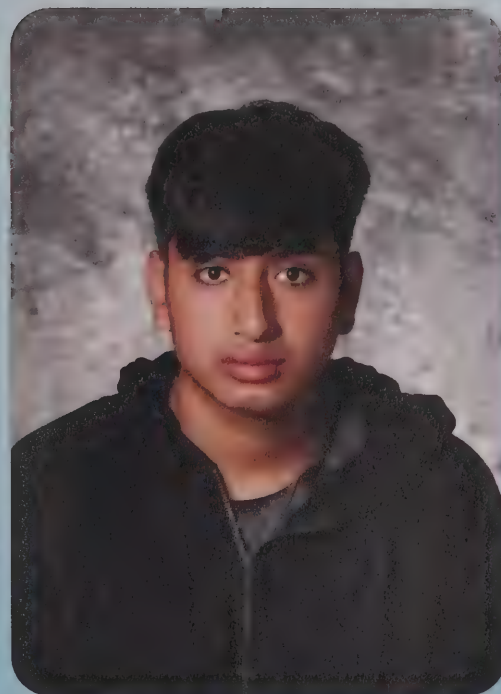
Yasmine Tavares

We'll be alright.
- HS



Milagro Tejada

*I only came to school because I don't
want to get deported.*



**Bryan Tenenuela
Alvarez**



Olivia Thompson

*I'm a long way from the human being
I'd like to be. But I've decided I'm not
so bad after all.*
- Audrey Hepburn



Dylan Titus

Together we are stronger.
- DJ Khaled



Chad Tordone

Nothing personal, it's just business.
- Otto Berman



Aramis Torres

Nothing in life is impossible as long as you take that first step.



Mia Tran Le

Your fear of looking stupid is holding you back.

-Sza



Phoenix Trezise

If you're happy doing what you're doing, then nobody can tell you you're not successful.

- Harry Styles



Rafael Vasconcelos

Waste no more time arguing about what a good man should be. Be one.

- Marcus Aurelius



Matthew Ventresca

Go with the flow and don't overthink because that's when you fail.



Tristan Vermette

Here for a good time, not a long one.

- Mark



Collin Tufts



Nia Upchurch



Jenuen Urena
Rivera



Weslane Thacylla Vieira
Quod non occiderit me fortior.



Vincent Vong
*There is no success without
suffering.*



Ashley Walantis
*Love the life you live.
Live the life you love.
- Bob Marley*



Lora Walker



Owen Walsh

*I'd probably self destruct if I
ever lose, but I never do.*

- Drake



Harry Warren

*One of one, it ain't no
duplication of my DNA.*

- BabyTron



Sadie Wellbeloved

No job is too big, no pup is too small.

- Paw Patrol



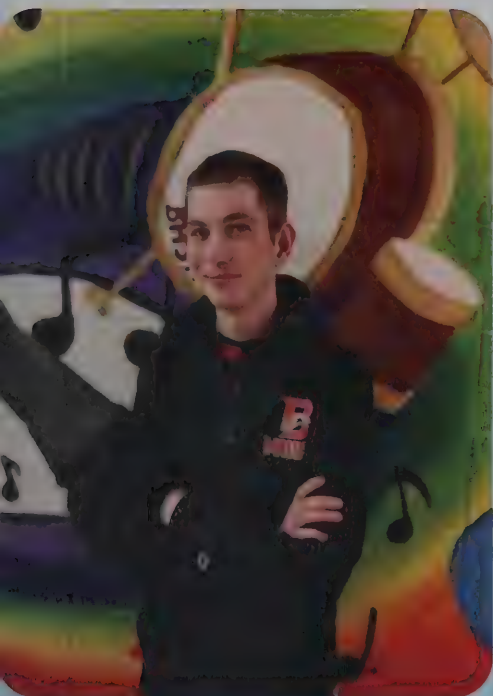
Victoria White

*Carry on, let the good times roll, sail
along, let your path unfold*

- os/co 5 Seconds of Summer



Aundrae Whyte



Joshua Warren

*At the end of the day we're humans.
Treat others how you want to be
treated or just be quiet.
- Rhea Ripley*



Nikith Wawlagala

*Who is TED? and why
he always be talking?
- Nick Eastman*



Katelyn Welch



Lasceika Wilson



Otavio Winters

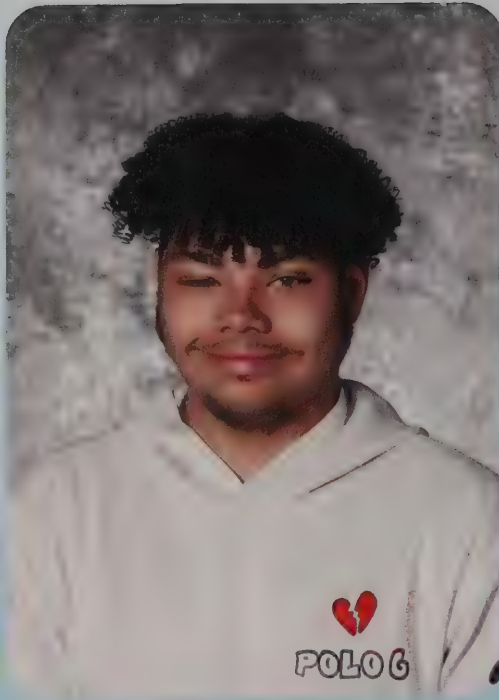


Neil Woolery



Mariska Wright

I'm a lot nicer than my "walking to class" face. I promise.



Darion Wright



Cooper Yarbrough

This is a picture of my dog.



Richard Yethman

If the world hates you, keep in mind that it hated me first.

- John 15:18 NIV

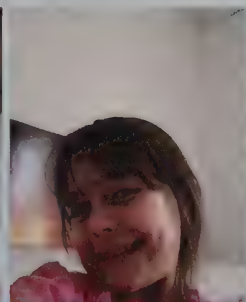
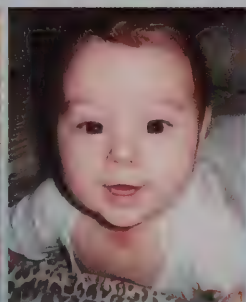


Hannah Zerbo

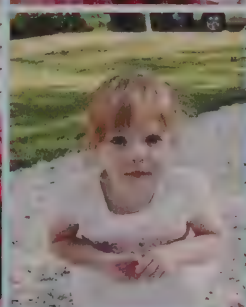
I never look back, darling.

It distracts from the now.

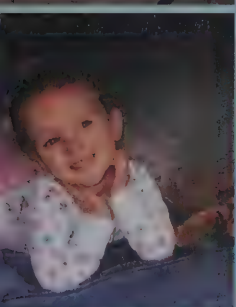
- Edna Mode



Elise Abreu
Michael Adams
Isadora Adao
Asaph Afonso
Heidi Alvarado



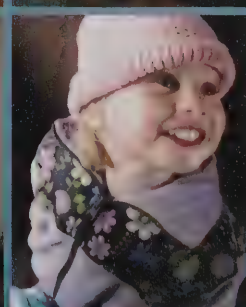
Pedro Alves
Aneese Anastasia
Sophie Anderson
Niya Angelova
Eric Arabadzhiev



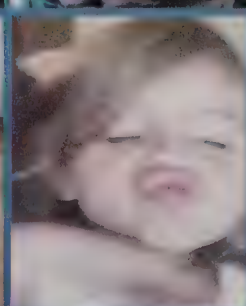
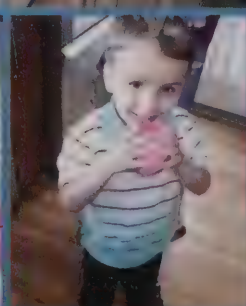
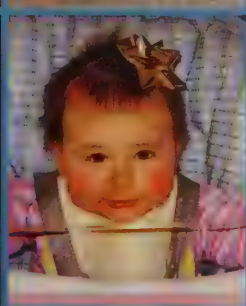
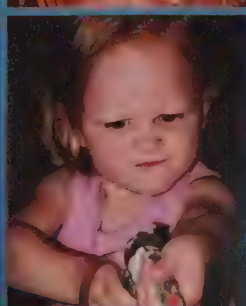
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Daniel Aziev-Smalovsch
Kaiya Barbel
Penelope Baroni
Christopher Barry



Brooke Beaumont
Bridget Bedenkop
Melannie K Bennett
Thomas Berger
Zaire Black

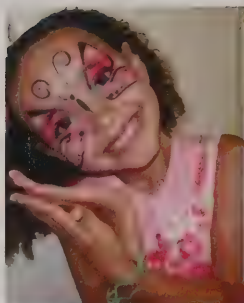


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Avery Braley
Nikolas Brancaccio
Addyson Breen
Madeleine Brown

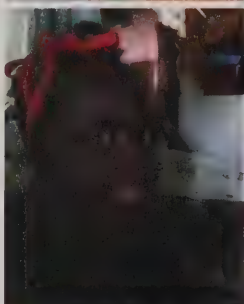


Lilleigh Burgum
Maddison Burlingame
Abigail Burnett
Dasan Caggiano Green
Joslyn Cahoon

Isadora Caldeira
 Edwin Calle Fernandez
 Antwan Campbell
 Brianna Campbell
 Kurt Campbell



Lannique Campbell
 Douglas Carr
 Milena Carreira
 Caden Cassidy
 Conor Cattabriga



Thomas Childs
 Gabrielle Chin
 Michael Cipro
 Kyle Cogswell
 Lauren Colarusso



Ruby Coleman
 Sloane Contrino
 Andrew Coombs
 Nicole Coombs
 Kathlyne Costa-Silva

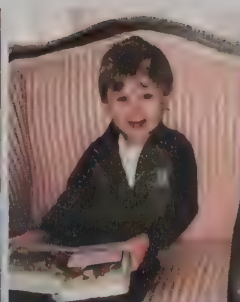
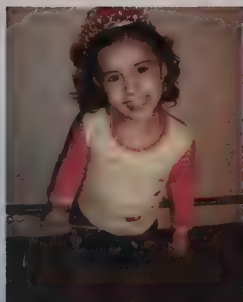


Christopher Cox
 Alexandre Da Silva
 Samuel Da Silva
 Yuri Da Silva
 Kellen DaSilva Santos



Giovana De Souza Matos
 Nicole de Souza
 Sanhiya DeBarros
 Callie DeDecko
 Lilly DeDecko





Ewerton Decastro
Isabelly Deghaiche Gomes
Cameron DeGrace
Taylor Dennison
Ian DeVito



Chloe Dobb
Anthony DiGiacomo
Avah Dixon
Jadus Dixon
Margaret Doherty



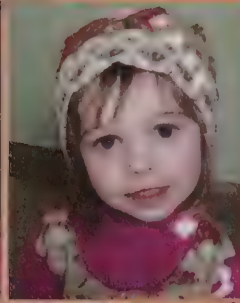
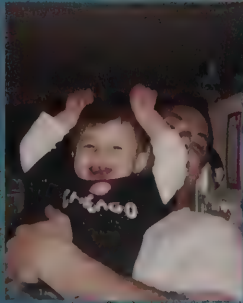
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Gustavo Dos Reis
Emily Dos Santos
Libby Downs
Mauricio Duran



Kailey Dvorak
Juliette Eldredge
Harry Ells
Sophia Eressy
Ben Espinal-Mika



William Fajardo-Doss
Laura Falcao
Joseph Faria
Kelsey Farrenkopf
Daniel Favero

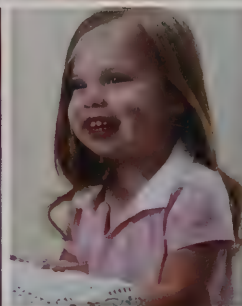
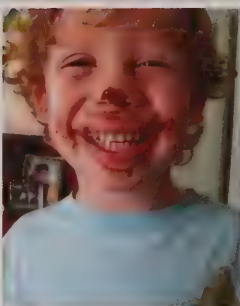


Isabella Fernandes
Ryan Field
Evelyn Figueiredo
Coralie Figueroa
Hailey Fink

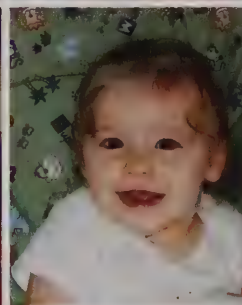
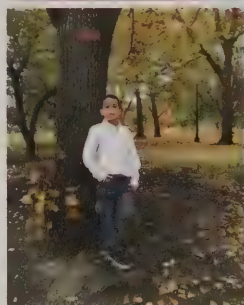
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Akeem Forskin
Kiana Fortes
Tajardo France
Cibely Franco



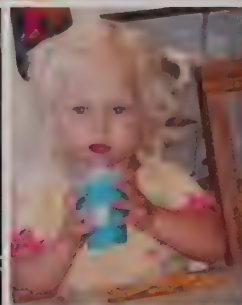
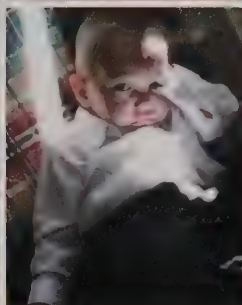
Molly Fredo
Thomas Freitas
Daniel Garlington
Alexa Garthee
Preshis Gomes



Joao Pedro Goncalves
Damien Gorgone
Raila Guasti
Jessica Gustafson
Lyra Halbert



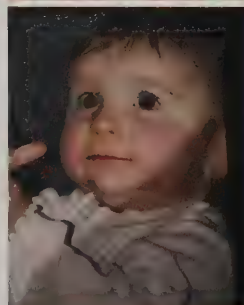
Nikita Halliday
Luke Harmon
Colin Harron
Claire Hazard
Adianna Henry



Carter Hickey
Michael Higginbotham
Grace Holden
Logan Hurwitz
Stessie Ignace



Mikaela Ilomaki
Jonah Izzo
Hayley Johnson
Scout Johnson
Owen Jones

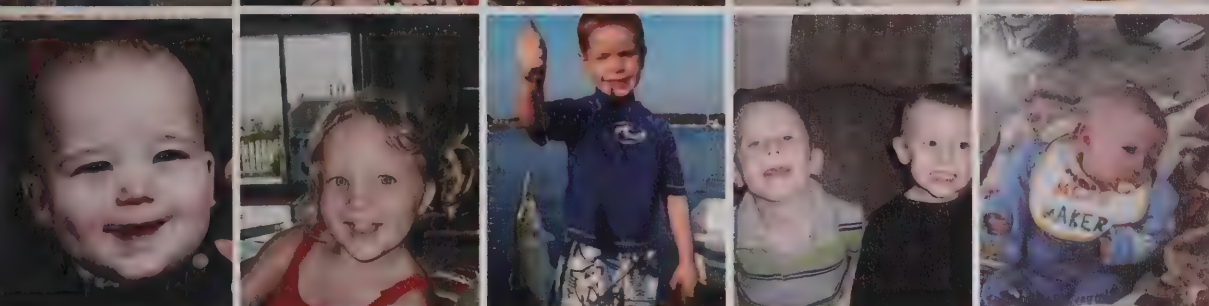




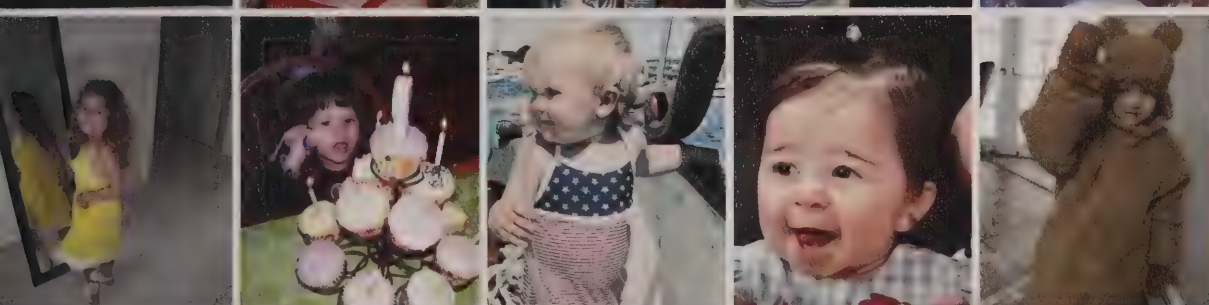
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Angelina Joyce
Callaghan Joyce
Hallie Judge
Ryley King



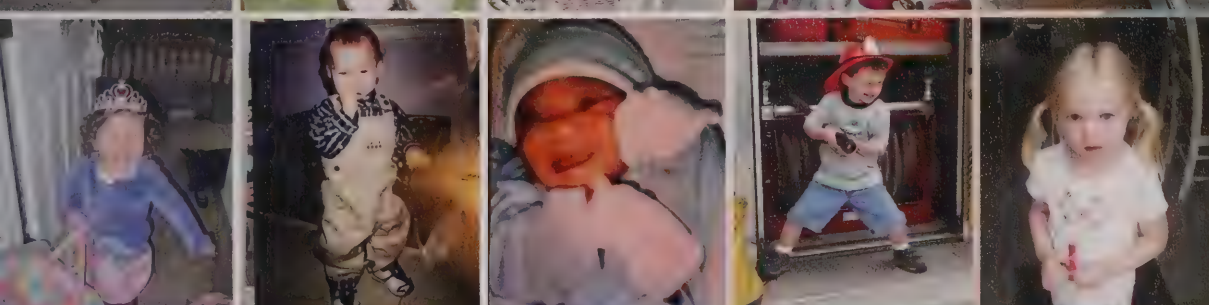
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Michael Knell
Ella Kostovick
Aiden Kundel
Savannah Lakin



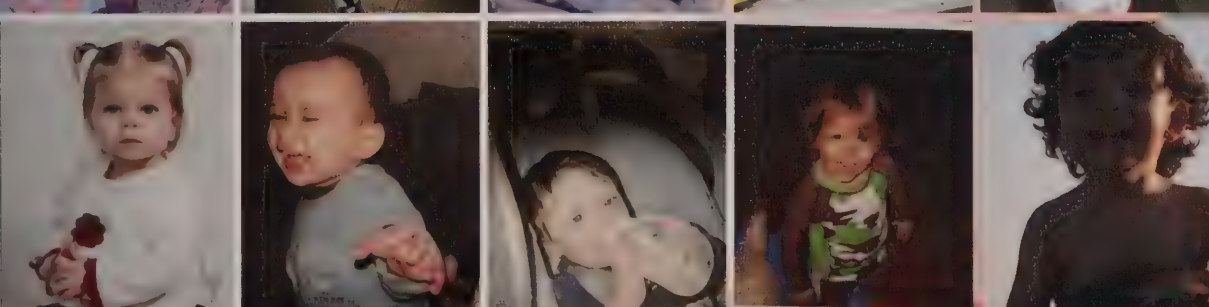
Nicholas Leach
Juliana Leger
Cameron Little
Eric Lovell
Andrew Lovell



Leona Longobardi
Ava Lubash
Lillian Luechauer
Julia Magalhaes
Alexander Marichal

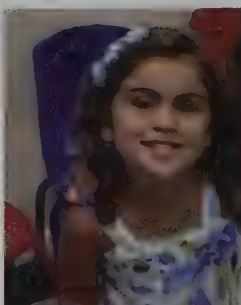


Allegra Marini
Kevin Martinez
Darius Matheney
Daniel McCarthy
Alyssa McEneaney

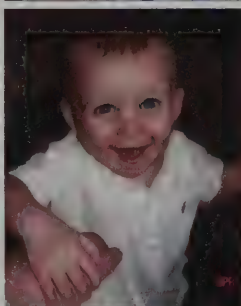


Alexa McKeen
Jeremiah McMorrow
Glenn Medeiros
Aden Mehta
Darius Mendes

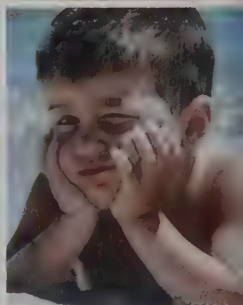
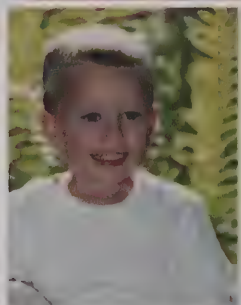
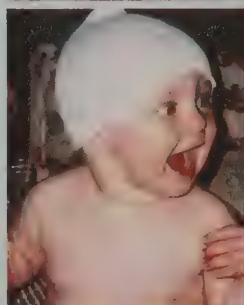
Jaxson Merrill
Saphira Miranda
Renee Montcalm
Alex Montero
Tyeaf Morrison



Zane Morrison
Ian Mulcahy
Miguel Munoz
Riley Murphy
Dayanne Nazareth



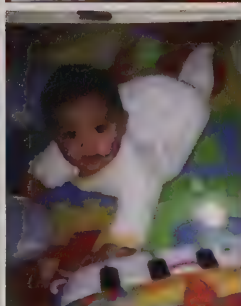
Laina Nikerson
Emily Nikas
Julia Noreau
Noah Norman
James Nystrom



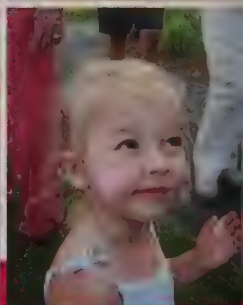
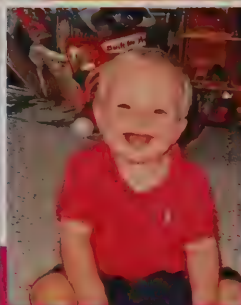
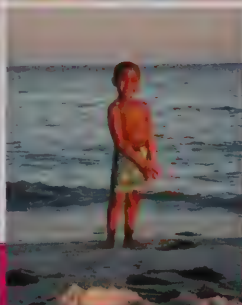
Brody O'Donnell-Birch
Finn O'Donnell
Laik O'Reilly
Mia Oberlander
Wesley Oliveira



Abigail Palmer
Hunter Parent
Logan Parent
Wilhem Penalo
Michael Perella



Kiara Perry
Violet Peters
Trey Philmar
Maxwell Pina
Paisley Powers

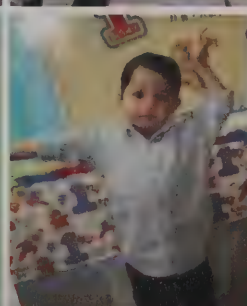




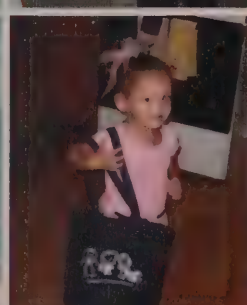
Bryanna Putnam
Kaique Ranucci
Saim Rasool
Meili Raspante
Maxwell Read



Livia Reine
Esdras Ribeiro
Philipe Ribeiro
Brennan Riley
Shantelle Roberts



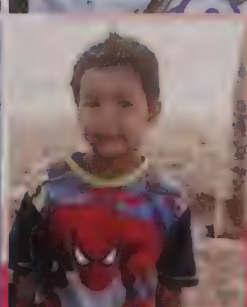
Shenel Roberts
Bryan Rodrigues
Oriel Rodriguez
Allana Rodriguez
Lucas Sajdak



Vitoria Sales
Lily Sanborn
Aidan Scichilone
Jordan Sharlet
Jasper Shaw



Lucy Sherman
Brandon Shull
Jason Siguencia
Isadora Brandao
Laura Silva

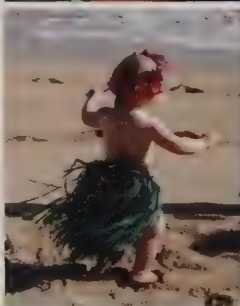


Matheus Silva
Higor Simoes
Sophia Simonelli
Kayla Smith
Ethan Sonnabend

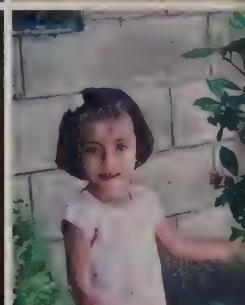
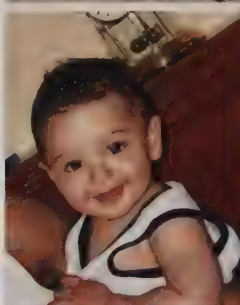
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Taurien Souza
Lauren Spagone
Carly Streentra
Izaiah Stoddard



Sephine Stringer
Brianna Sullivan
Charlotte Sullivan
Adam Sundelin
Nathaniel Sutherland



James Swindler
Anthony Tambascia
Corrine Tatum
Yasmine Tavares
Milagro Tejada



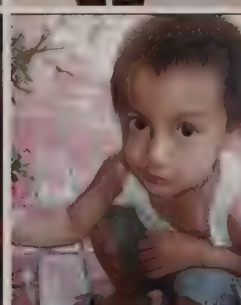
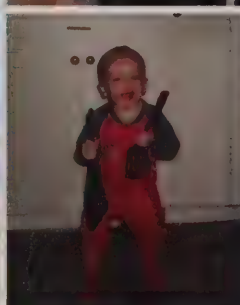
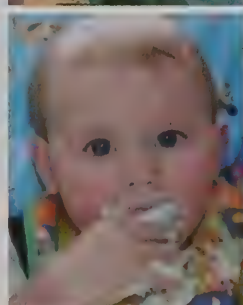
Darren Thomas
Sydney Thomas
Olivia Thompson
Dylan Titus
Chad Tordone



Aramis Torres
Mia Tran Le
Phoenix Trezise
Nia Upchurch
Rafael Vasconcelos



Matthew Ventresca
Tristan Vermette
Weslane Vieira
Vincent Vong
Ashley Walantis





Owen Walsh
Harry Warren
Joshua Warren
Nikith Wawlagala
Sadie Wellbeloved

Victoria White
Mariska Wright
Cooper Yarbrow
Richard Yethman
Hannah Zerbo

Guess the Teacher

Try to guess what some of Barnstable's Teachers
looked like when they were in high school.



During the winter, Ella Kostovick continues her family's tradition of baking Slovak Christmas cookies.



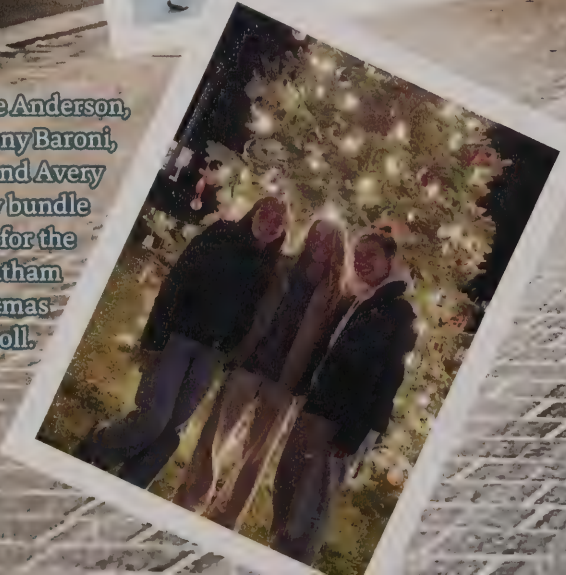
While sipping hot chocolate together, Yasmine Tavares and Daniel Aziev-Smalovschi enjoy a wintertime ride on the Cape Cod Polar express.




Over a long weekend, Ruby Coleman and Ian DeVito spend time skiing at Loon Mountain.



Sophie Anderson, Penny Baroni, and Avery Braley bundle up for the Chatham Christmas Stroll.



A photograph of a snowy street at night. The street is covered in a layer of snow, and the buildings on either side are illuminated by streetlights. A sign for 'Winter Wonderland' is overlaid on the image. The sign is white with the words 'Winter Wonderland' in a cursive font. The background shows a street with snow, buildings, and streetlights.

Winter Wonderland

Designed by Ava Shea and KK Walters
Winter Division Spready

Photo captured by Hannah Zerbo while visiting Quebec over winter break.

THE BOYS *are* BACK

Boys hockey
finishes their
season with a
record of
6-12-2



SENIOR NIGHT





SENIORS



Chad Tordone



Owen Jones



Anthony Tambascia



Luke Harmon



Doug Carr



Conor Cattabriga



Ian Devito



Danny Garlington



Conor O'Reilly



Aden Mehta

VARSITY TEAM



CAPTAINS



Chad Tordone (Captain)
Anthony Tambascia (Assistant Captain)
Owen Jones (Assistant Captain)
Chase Field (Assistant Captain)



FOUR LEGGED ANGEL

On January 27, 2024, BHS wore camo and came out to support the Military Support Club and a non-profit

organization, Four Legged Angels. One Navy veteran was presented with a support puppy on the ice as a token of thanks and appreciation for his service.

OFF THE ICE

The varsity team collected toys at their annual holiday skate and brought them to the police department. They helped load up all the toys into police vehicles for the annual toys for tots parade.



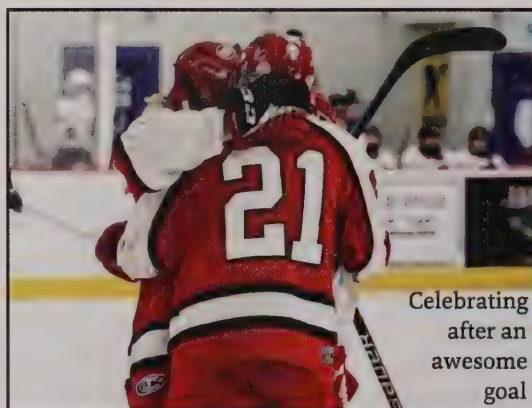
Goallllll... scored by Ally McEneaney



Ally McEneaney



Captain Ally McEneaney got her 100th career point



Celebrating
after an
awesome
goal



Coaches

Peter Nugnes- Head Coach
Gina Pratt- Assistant Coach
Dave Langfield- Assistant Coach
TC Cleary- Goalie Coach



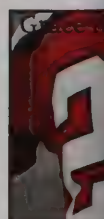
Meili Raspante



Ryley King
Julia Noreau



The girls
celebrating
together after
another big
win



Season Record

Round of 32

6-13-1



Penny Baroni



Claire Hazard

Tales from the Locker Room

With strong senior leaders, the girls advance to the first round of playoffs.



Claire Hazard



Ally McEneaney



Ryley King



Grace Holden



Penny Baroni

Seniors



Avery Braley



Julia Noreau



Lauren Spagone



Meili Raspante

Captains



#25 Grace Holden
#21 Ryley King
#9 Ally McEneaney
#4 Claire Hazard

Seniors *tipoff the* Season



Cameron DeGrace

- I started playing at four years old in a little league.
- My family inspires me and so do my friends.
- My go to move is a floater.



Cooper Tise

- I started playing basketball in elementary school probably around eight or nine years old.
- My sister inspires me because she played and it motivated me to try.
- My favorite move is a hesi into a pull up.



Tristan Vermette

- I've played for seven years
- My coaches and my parents inspire me because they push me to do my best.
- My favorite move is a post hook.



Darren Thomas

- I have been playing for seven years.
- I was inspired by my father.
- My favorite move is a euro step into a layup.



Akeem Forskin

- I have played basketball for seven years.
- My brother inspired me.
- My favorite move is the shimmy jab.



Rafael Vasconcelos

- I started playing at five years old.
- Paul Pierce inspires me.
- My favorite move is a pass fake.



Ewerton DeCastro

- I started playing at ten years old.
- I was going through a tough time so what inspires is my passion because basketball is my way out.
- My signature move is a spin move.



Tournament Bound

Boys have finally reached one of their goals: making it to MIAA State Tournament. With all the hard work and motivation, these boys have deserved this opportunity. During their season, they have come back during games so they can make it to the tournament and that's exactly what they did.



Win Record

W 68-64

W 71-64

W 53-42

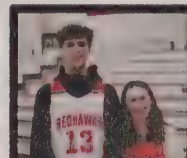
W 54-42

W 54-49



Teacher Appreciation

Teacher Appreciation is such an important time where players get to give their favorite teacher their jersey in a way to thank them for their amazing acts. Therefore, **Cooper Tise** and Mrs. Briggs, **Tristan Vermette** and Mrs. Whidden, **Rafael Vasconcelos** and Mr. Dumas, and **Cameron DeGrace** and Mrs. Loucks smile big on an important day.



Pass, Pick & Play

Achieving consistent plays each game is crucial for the Barnstable boys basketball team; their hard work led them to a successful season.



Encouragement on the court

Boys basketball team high-fiving each other in order to have optimistic energy, so they can stay consistent in their games. Their motivation led them to be **Cape & Islands League Champions**, which was the first time in seven years.



Junior Captain Assists the Team



Ka'Ron Ford #1 shows great leadership while helping the boys come together as a team in hopes to gain their determination during the season. He averages about 7-8 points a game with two rebounds and three assists. While getting back on defense or making the next play, he strives to make a positive impact on and off the court.

W 67-63 W 50-43 W 46-45 W 57-45 W 68-44 W 52-46 W 61-55

Shoot for Success Aim for the Net



Girls basketball plays for a season to remember.



Smiling for the camera, varsity girl's basketball pictured before home opener.



Seniors Hannah Zerbo, Kiana Fortes, and Zaire Black form a pyramid



Captured taking a selfie, the girls basketball team bonds before home game.



Senior Night

Photos by Mary Johnson





Photo by Ron Schloerb



Photo by Ron Schloerb



Playing for a Positive Season

With an optimistic attitude, the girls basketball team was able to compete with drive and ambition, leaving behind an unforgettable season. Their hard work and effort did not go unnoticed, and produced many successful

games. "We always fought to keep it a close game both offensively and defensively," says Senior Kiana Fortes.

"We made sure to help each other out and stay positive."

Overall, the girl's hard work and determination led them towards great playing and fond memories.



Seniors Step Off the Court for a Q&A



What is your favorite part about basketball?

"The sense of community and togetherness it creates. Being a part of a team with the same goals throughout high school is an amazing feeling. I have a lot of friends and family."

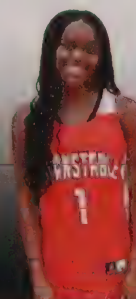
Hannah Zerbo



What got you into basketball?

"I have always enjoyed playing sports, so when I started playing basketball I loved it. I've been playing since I was 10."

Kiana Fortes



Who or what keeps you motivated when you are struggling during practice or games?

"My teammates keep me motivated when I'm struggling during practice."

Zaire Black

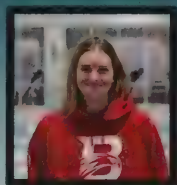
Feelin' Lucky



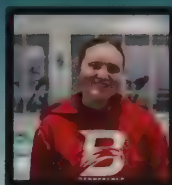
Girls Varsity Basketball takes a trip to the Boston Celtics game.



splashing into senior year



Lillian
Luechauer



Scout
Johnson



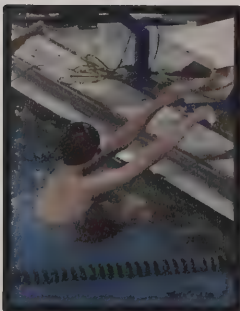
Ruby
Coleman



Alexa Garthee
takes a dive
during the relay
carnival in hopes
to get a good
score.



Carly Steenstra
starts her race off
with a great dive to
get a head start.



**Brody
O'Donnell-Birch**
taking his mark
before the 100
meter back stroke.



Nikith Wawlagala
gets in position
before competing in
his race.



Nikith Wawlagala swimming the butterfly race to reach the finish line.



Scout Johnson swims strong
to get a good time on her race.



Lillian Luechauer swimming during the
butterfly race with intentions of
winning her race.

Action shot credit: Jennifer Mullin

CAPTAINS



Carly
Steenstra



Alexa
Garthee



Nikith
Wawlagala



Brody
O'Donnell-Birch

Diving Deep

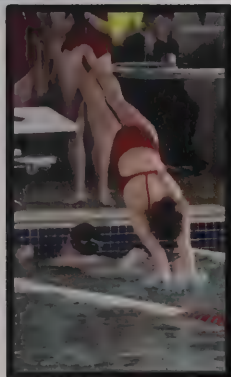
Accomplishing excellent motivational skills, Barnstable's swim team has earned a place in the championship.

Barnstable High School's COED swim team has reached high standards this season with the girls getting 3rd place and boys getting 4th place in the Cape and Islands Championship. They have pushed each other to make each person better and better every day. The team was led by four senior captains,

Carly Steenstra, Alexa Garthee, Nikith Wawlagala, and Brody O'Donnell-Birch. The other seniors were **Lillian Luechauer, Scout Johnson, and Ruby Colemean**. These Seniors have made an impact to the teams successful season and have officially made the YMCA their second home.



Taking a dip into the season



Ruby Coleman starts her 200-meter race with a dive.



Carly Steenstra helps the team by counting lengths for the 500 yard race.



Alexa Garthee

Running to the Finish Line

Girls and boys track finished off their season with many high accomplishments

Seniors



Harry Ells



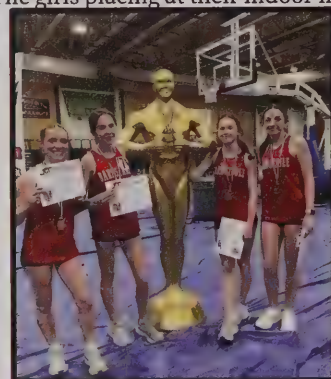
Jaxson Merrill



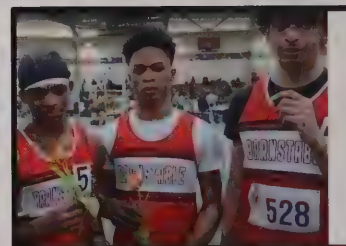
Chloe Dibb



The girls placing at their indoor meet



Lilly DeDecko running past her opponents



Lilly DeDecko



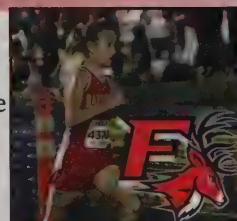
Callie DeDecko

Next Step: Seniors Committed



Chloe Dibb

She is committed to continue track for the next four years at Holy Cross D1.



Callie DeDecko

She is committed to continue track for the next four years at Fairfield D1.



Jaxson Merrill

He is committed to continue track for the next four years at Stonehill D1.



Lilly DeDecko

She is committed to continue track for the next four years at American University D1.



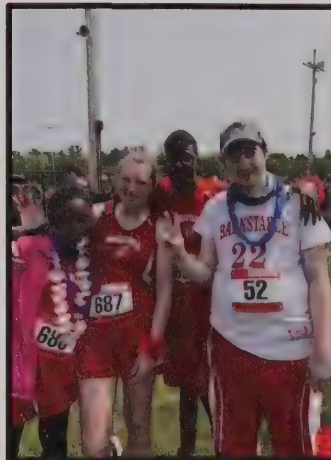
Our Unified Sports gives everyone the opportunity to play the sports they love. With the help of students from the Best Buddies Club and staff, we are able to have this great program. The kids love traveling for their sport and have so much fun with their friends. This is Barnstable's second year incorporating Unified Sports into our Athletic department.

Little Bit About Our Unified Sports

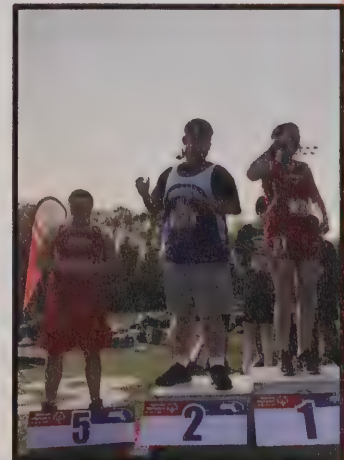
Run Jump... Shoot



Trackteam after a big win



Having fun with friends



Winning 1st and 5th place



Basketball team on senior night



Little break on the tire swing



*Zaiah Stoddard
Chloe Egan*

Designed by Sadie Wellbeloved and Sydney Thomas

Winter Spread: Unified Sports and Track

Motion *on* the Mat



*Making every second count,
the wrestling team pushes for a great season.*



CAPTAINS 2023-2024

Adam Forrest Sophia Simonelli Brandon Shull

Damlen Gorgone

Due to continuous hard work, captains Brandon Shull and Sophia Simonelli were able to make it to the state wrestling meet at Newton South. Sophia placed 5th overall, and Brandon placed 8th overall.



Dasan
Caggiano-Green

Pictures by
lovell.up.graphics

Sophia
Simonelli



Brandon
Shull



Adam
Forrest



Damlen
Gorgone



Aiden
Kundel



Logan
Parent



Setting the Bar

Through hard work and dedication,
gymnastics is able to produce a
competitive and exciting season.



Pictured at senior night, gymnastics works to
give it their all before ending their successful
season.



Class of '24 Seniors



Bella
Fernandes



Alexa
McKeen



Juliette
Eldredge



ROAR *of the* WAVES

Tune in to what happens in the music department.

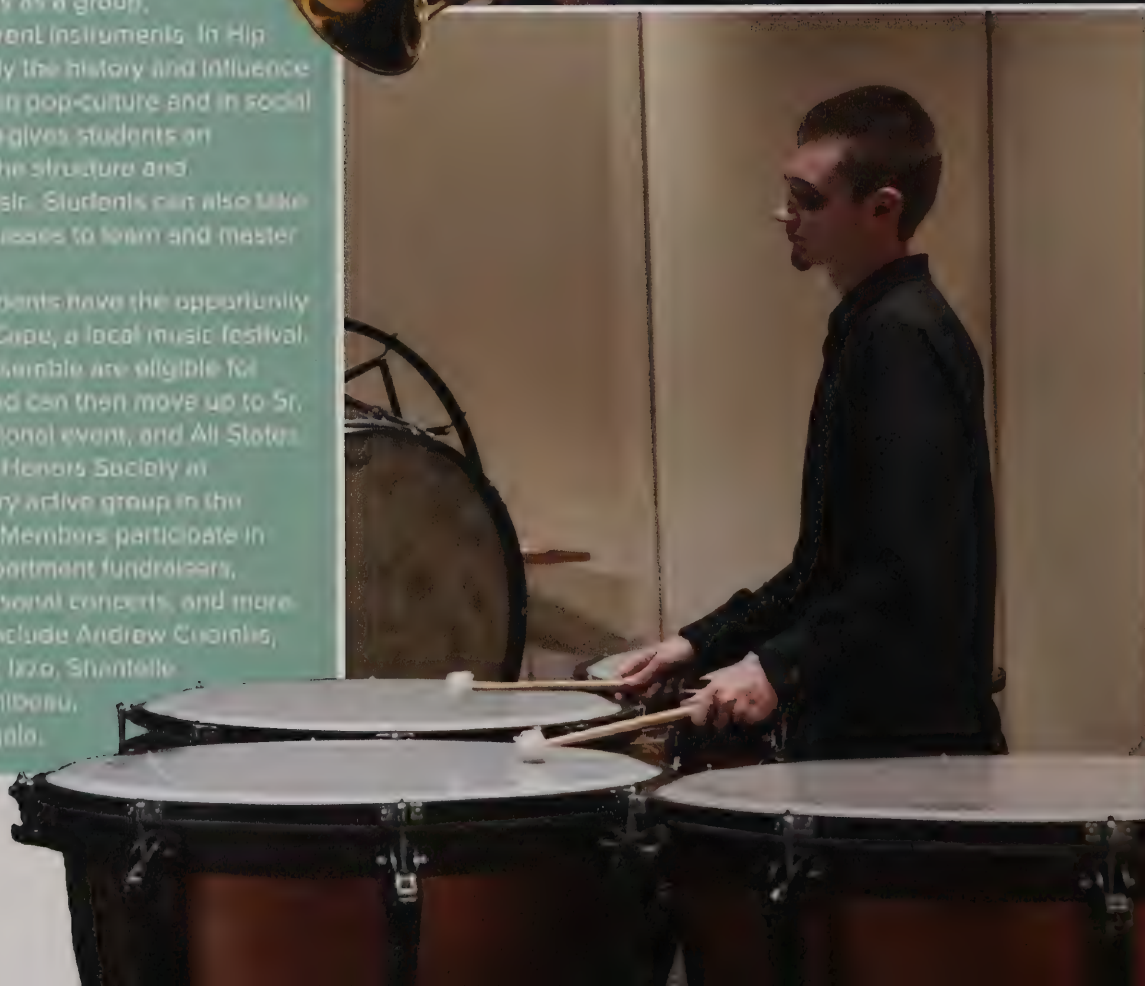
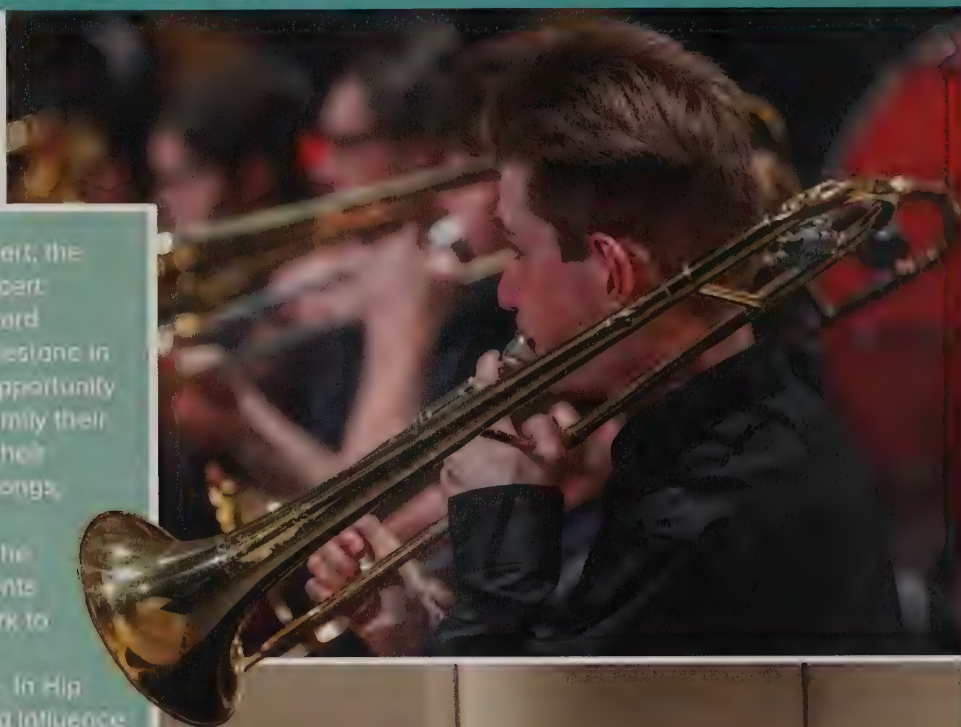
Joshua Warren and Michael Perella
Photos by B. Brann

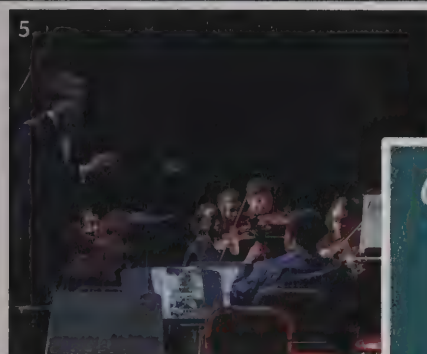
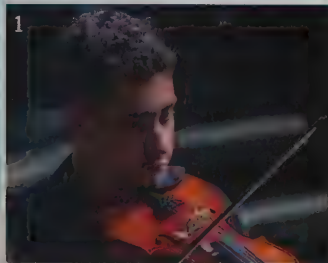
With their upcoming winter concert, the members of the concert band, concert chorale, and orchestra worked toward perfecting their performance. A milestone in the year, the winter concert is an opportunity for students to show friends and family their hard work. The musicians work in their respective groups to sing or play songs, collaborating with their peers.

These are not the only paths in the music department, however. Students in the contemporary ensemble work to play different songs as a group, incorporating different instruments. In Hip Hop, students study the history and influence of the genre, both in pop-culture and in social justice. Music Tech gives students an understanding of the structure and composition of music. Students can also take guitar and piano classes to learn and master the instruments.

Additionally, students have the opportunity to audition for All Cape, a local music festival. Musicians in an ensemble are eligible for these auditions, and can then move up to Sr. Southeast, the regional event, and All States.

To M, the Music Honors Society at Barnstable, is a very active group in the music community. Members participate in school events, department fundraisers, holiday strolls, seasonal concerts, and more. Senior members include Andrew Guarnis, Chloe Dibb, Jonah Izzo, Shantelle Roberts, Jordan Thibault, and Nikith Wawlagala.

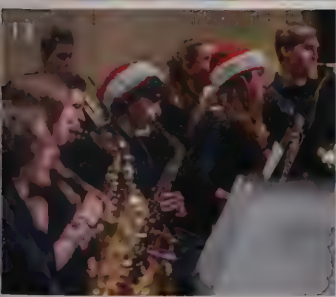
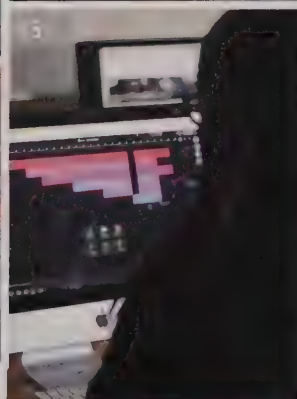
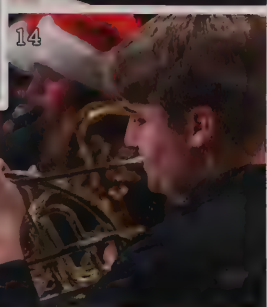
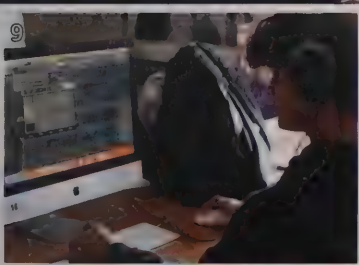
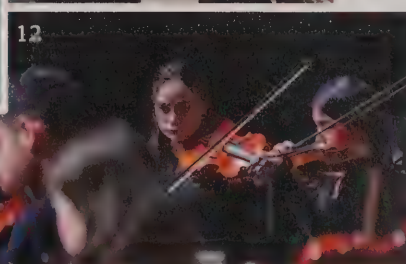
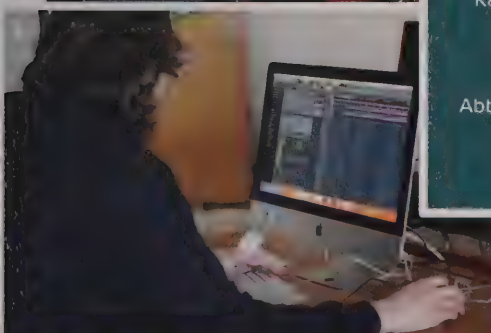




Graduating Senior Musicians:

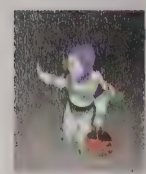
Michael Adams - 2, 11	Shantelle Roberts - 4, 16
Asaph Afonso - 2, 6, 11	Brianna Sullivan - 11
Queue Borden - 2, 3, 11	Jordan Thibeau - 11
Brianna Campbell - 11, 16	Joshua Warren - 13
Kathlyne Costa-Silva - 6	Andrew Coombs
Christopher Cox - 8	Chloe Dibb
Peter Donley - 13, 14	Jonah Izzo
Ryan Field - 2, 11	Alexa McKeen
Abbie-Gayle McFarlane - 11	Darius Mendes
Laik O'Reilly - 2, 11	Michael Perella
Violet Peters - 5	Zoe Saperstein

Sam Singh





Jaxson



You've always been a ray of sunshine. I couldn't love you more. Every day may not be good, but find something good in every day. Believe in yourself. Laugh, love, live, follow your dreams.

Remember to be awesome.

I'll always be with you.

I love you Bridget Kathleen. Love, Grand

It has been the greatest joy raising you, kid. We've had so much laughter and so many fun memories. The world is yours now. Run fast, be kind, and love deeply.

We will always be there to cheer you on.

~Love, Mom, Dad, & Belle



Bridget & Grand 5/31/11 5'2011

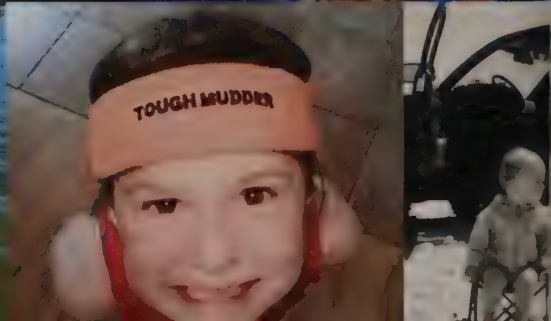


Reagan 'Jasper' Shaw

You made it, Rea. The end of high school and on to bigger and better things. I am so proud of all you have accomplished this year. You had your sights set on a goal and you are one step closer to achieving it. I do not doubt that if you continue to stay motivated and work hard, you will be successful at making all your dreams a reality. While I do regret that I wasn't there as much as I would have liked, I am honored to have watched you grow from the little daredevil jumping fire pits on her bike in the backyard, to graduating high school and being accepted into college. There's so much still to come.

Go out there and enjoy life, make a difference, and be who you truly are. I love you.

Dad 124





If there ever comes a day when we can't be together, keep me in your heart, I'll stay there forever. - Winnie the Pooh



To the class of 2024:
We are bonded to each other by what we carry in our hearts. Thank you for your friendship and for continuing to love Nicholas. - The Eastman Family

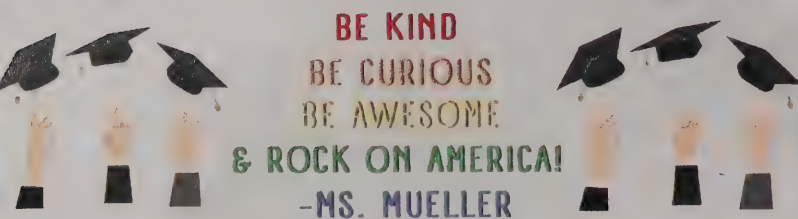




Congratulations
Nikolas!! We're so
proud of you and
can't wait to see
where the next
chapter takes you!!

Love,
MOM
DAD
MATT

*Congratulations
Class of 2024!*



We have watched you
change and grow as
seasons come and quickly
go, but God had a perfect
plan to shape you, my boy,
into a man. Akeem we are
so proud of the handsome,
intelligent young man that
you have become. Keep
reaching for the stars, the
sky is the limit to what you
can achieve.

Love Mom and Dad

Eric & Andrew

I'm so proud of you guys and all that you've accomplished.

Congratulations on graduating!!

Couldn't of asked for better sons you guys are amazing

Wish you guy's all the luck in college!!

GO OWLS!!!
126 Love you guys so much!!

Love Dad



Christopher,

We are very proud of your academic achievements and more so for you being the intelligent, caring and independent person you have become. We wish you nothing but good luck on your future journey. We love you very much and we're so proud to have you as a son and brother.

Love,
Mom, Dad, Kevin & Rebecca



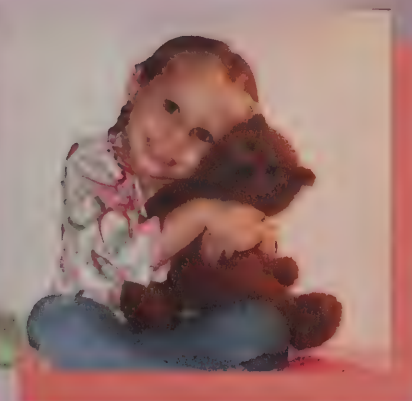
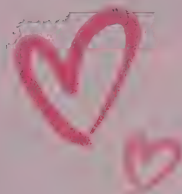
Bug,

You are a the best gift I have ever received. You are loving, kind, sensitive but tough, and are beautiful inside and out. I am proud beyond words of all you have accomplished and I will be by your side. You make my world a better place and I can only imagine what you will do for the rest of the world with your future endeavors. I will love you always through infinity.

Congratulations, 2024!

Love,
Mumma

2♥24



CONGRATULATIONS FOR CONCLUDING THIS PHASE IN YOUR LIFE WITH EXCELLENCE, DEDICATION, AND LOTS OF HARD WORK. WE ARE VERY PROUD OF THE STRONG, DETERMINED, DISCIPLINED, AND DELICATE WOMAN YOU ARE BECOMING! WE ARE GRATEFUL TO GOD FOR PUTTING YOU IN OUR LIVES. WE ARE HERE TO LOVE AND SUPPORT YOU THROUGH THIS NEXT JOURNEY IN YOUR LIFE. GOD BLESS THE NEXT PATH YOU TAKE.

CON AMOR,

HON. ALAN, GRANDMA, LUCAS, CAITE, AND LIVIA.

127

C
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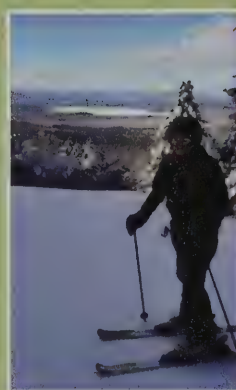
THOMAS HOME IMPROVEMENTS

THOMASHOMEIMPROVEMENTS.NET
508-328-1635

We're so
proud of
you
Sydney!
Love,
Mom
Dad and
Savanna



Congratulations JJ!



"Success in this
game depends
less on strength
of body than
strength of
mind and
character."
Arnold Palmer



WE LOVE YOU!

*Love,
Your Family*



To our sweet daughter Penny.
You have been an over achiever since
the day you arrived, five weeks ahead
of schedule. You always strive to be
the best you can be. We are so proud
of the beautiful person you've become
and we can't wait to see what the
future holds for you. Find your
passions and let them lead the way.
Enjoy what you do and know that
being happy and healthy are two key
components to living a good life. Good
luck next year at Babson College. Play
hard, work hard and you will be very
successful on and off the field in or out
of the classroom.

We love you.

CONGRATULATIONS CLASS OF 2024!



AÑEJO
MEXICAN BISTRO




anejo.cc

FALMOUTH
188 Main St. 508-388-7631

HYANNIS
599 Main St. 774-470-5897



CONGRATULATIONS CLASS OF 2024!


CRISP



129

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A CLOSER LOOK

From A-Z

Seniors Recap on their High School Years

A



With the rise of artificial intelligence, teachers are constantly on the lookout to catch students who use this sneaky tool.

B

Senior Ella Kostovick joins Junior Gabi Ribeiro in making a change through sport for girls in Bosnia through a State Department exchange.



C

Cafeteria Food

can be and so and lead in reviewing some of our school served meals.



Cafeteria food mysterious questionable, seniors Kyle Doug took the trying, and

D

Dunkin

Whether it's an iced coffee, refresher, or a donut, students love to indulge in Dunkin, which is just a few quick steps outside of our building.



E

Egged

Watch out! As friends started off by playing a silly prank on friends, soon became a smelly mess to clean up.



F

French Exchange Students

French students take a trip to Barnstable High School and explore how we live our lives through our daily routine, while experiencing the Stable Spirit.



G

Gains

Numerous students make an effort to stay healthy by working out and tracking their progress. Their "gains" are an important part to their day to day lives.

H

HOCO

Seniors get dressed up to celebrate one last year on the dance floor.



I

Internships

Among several other internships, Lilli Luechauer and Owen Jones join in on the action at the Hyannis Fire Department in attempts to pursue their future careers.



J

Jobs

Seniors are not only working towards their education, they are working after school and on weekends at local restaurants, stores, and more.

K

Kansas City Chiefs

In the 2024 Super Bowl, the Chiefs get a victorious win against the San Francisco 49ers.



L

Lip balm

One of the most beloved products from the 2000s makes its comeback as brands like Summer Fridays, Aquaphor, Laneige, and Burt's Bees take over the market as people search for the best thing for their lips.



Mrs. Butterfield



Through Fashion design, Mrs. Butterfield makes a large impact on the students and the department as a whole. From sewing, to putting on fascinating shows, she shows the beautiful art behind fashion.

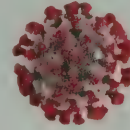
Noah Khan



This talented, humble, folk singer from Vermont, captures people from all ages through his emotional lyricism, which led him to his first Grammy nomination in 2024.

Outbreak

Although a few years have passed, students still look back on how times used to be like with during the height of COVID-19. As eighth and ninth grade students, the class of 2024 remained resilient through the three year pandemic.



Par-Tee Freeze

A favorite of our students, Par-Tee Freeze, a soft serve ice cream and mini golf place, is visited by loyal customers after a game, for a sweet treat on the weekend, or for a friendly game of mini golf with friends.



Quizlet

Quickly becoming popular and convenient for students, Quizlet, an online study and review tool, has changed the future of academics for the better.

Rizz

Short for charisma, teens throw this four-letter word around in attempts at "spitting game" and flirting.

School Spirit



Students show their school spirit through their outfits and their pride, whether they are supporting a sports team or participating in spirit week.



Taiwan

As Mandarin student take a class trip to Taiwan, they take a dive in experiencing and learning about different culture,



Uiso

This non-profit organization jumps towards their goal of creating safe, equal, and fun atmospheres for sports all over the world.

Valedictorian



Among a pool of dedicated students, Owen Jones and Julia Magalhaes get recognized as the top two students in the class of '24,

Wi-fi

Students face the constant struggle of Wi-fi issues within Barnstable High School and wonder, what is the solution?

X-mas



As the holiday season came and went this past year, students throughout Barnstable gathered together to donate gifts, food, and spread some cheer among our community.

Yearbook



The staff of the 2024 yearbook celebrate the holiday season with the annual secret santa exchange.

Zzz

Between early mornings and late nights, students find it difficult to get a solid eight hours of sleep every night, leaving them feeling tired during school.

2023 Wrapped



THIS IS
TAYLOR SWIFT

Taylor Swift's influence on the music industry over the past year has been undeniable. She has performed during her popular *Eras Tour*, which spanned from March 2023 to December 2024. This tour represents all of Swift's musical eras from the 2006's *Taylor Swift* album to her most recent album, *Midnights*. In February of 2024, Swift won album of the year, giving her four career wins in this category. Recently she has also had a major influence on pop culture and the football scene, as her romance with Kansas City Chief's player Travis Kelce has been a major topic of conversation. Taylor's popularity at Barnstable High School has been clear in both students and staff alike.

What's next for this pop icon?

TEACHERS' MUSIC FAVORITES



Ms. Grey's favorite artist is Sergei Prokofiev.



Mr. Kuntzman's favorite artist is Doja Cat.



Ms. Scholes shared that her current favorite artist is Caroline Polachek.



Mrs. Whidden's favorite album is "Evermore" by Taylor Swift.



Mrs. Gleason's favorite artist is Billy Joel.



Mrs. Gagnon's favorite album is "The Dance" by Fleetwood Mac.



Mrs. Wu's favorite song is "Tomboy" by (G)I-dle.



Mrs. O'Connor-Vince's favorite artists are Kendrick Lamar and Beyoncé.



Mrs. Lahteine's favorite artist is Tim McGraw.



Mr. Dumas' favorite artist is Phish.



Mr. Caldwell's favorite music artist is Paul McCartney.



Mr. Kirby Smith's favorite album is "If You're Feeling Sinister" by Belle and Sebastian.

Public Playlist

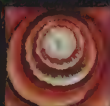
Your Top Songs 2023

Seniors present the songs they loved this year.



Made for BHS

37min



I Wish
Stevie Wonder

Shantelle Roberts



It's My Life
Bon Jovi

Ashley Walantis



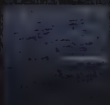
1+1
Beyoncé

Lannique Campbell



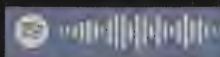
Ela Só Quer Paz
Projota

Livia Reine



Good Days
SZA

Brianna Campbell



Pretty Little Poison
Warren Zeiders

Carter Hickey



Swim Good
Frank Ocean

Niya Angelova



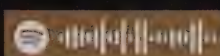
Softcore
The Neighbourhood

Ian DeVito



Lord Knows
Drake

Rafael Vasconcelos

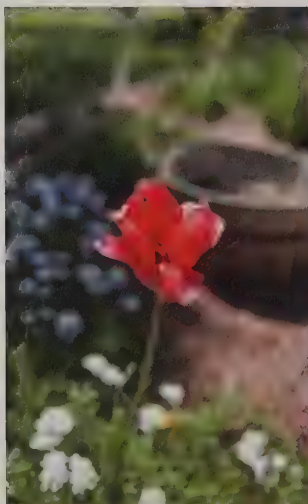


Ball and Biscuit
The White Stripes

Jonah Izzo



IN FULL BLOOM



Flowers of various colors bloom on Cape Cod as the warmer months arrive.

Blossom into Spring



While enjoying the sunset at Long Beach, seniors Kiana Fortes and Kelsey Farrenkopf spend time in the cool, spring weather.

Class Of '28

Make their Wave-in



Isla Curley

Isla's favorite artist is Morgan Wallen and her favorite album is "One Thing At A Time".



French class with Mr. Pierre is Isla's favorite class because she is always learning something new.

She has been playing lacrosse for four years for Boston Laxachusetts, and also skis with her family in the wintertime.



Leayon Brooks

Leayon's favorite sport is football and basketball. He has played since he was ten years old. His favorite teacher would be Ms. Drane's class because there is a lot of drama and she is funny.



Isaiah Ewing

"Xscape" by Michael Jackson is Isaiah's preferred album. In his free time he enjoys playing video games. His favorite teacher is Mrs. Wojo since she is kind.



Tessa Przygoda

Zach Bryan is her favorite artist and her chosen album from him is the Zach Bryan album.



Science is Tessa's top class since she has a lot of friends in the class and Mrs. Gardiner is super nice. Tessa has been playing tennis for one year, and will be joining her sister on the tennis team this spring.



Joza Brown

Joza's chilliest class is String Orchestra because her teacher makes them relaxed. One of her favorite hobbies is playing for the Cape Symphony.



Bella Pina

Art is Bella's favorite class because she loves the teacher. Basketball is her sport of choice, and she has been playing for a couple years. She also plays travel, and is on the JV basketball team.



Felipe's favorite artist is Rod Wave, and his favorite album is "Nostalgia".



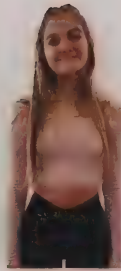
Felipe's favorite class is Spanish with Mr. Etienne because he is super nice and chill. He has been playing football for three years.





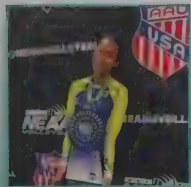
Kylee's favorite class is Child Development. It's her favorite as she loves the kids.

Kylee coaches volleyball and basketball for the REC Department, and works for the Town department in the summertime.



Kylee Russo

Taylor Swift is Kylee's favorite artist and her favorite album is "Speak Now" (Taylor's Version).



Amalia Thompson

Ceramics is Amalia's most favored class because she has artistic freedom.

Amalia has played volleyball for five years. She plays on the JV team and also for MGA.



Chase Buckler

Chase's favorite artist is Drake and his favorite album is "For All The Dogs."

He has played hockey for eight years for East Coast Thunder, as well as the high school team.



Jhiaanie's favorite class is History with Mr. McLaughlin because he is nice.

Basketball is his sport of preference and has played for five years and also plays on the JV team.



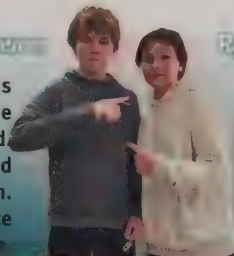
Jhiaanie Gray

He loves the "SOS" album from his favorite artist SZA.



Wellness is Will's favorite class. Will enjoys his Wellness class because Mr. DuPont is the teacher and they don't sit around. Will has been playing soccer for six years, and also plays for the JV soccer team. Will's favorite song is "A Boy's a Liar by Ice Spice."

Will Johnson



Ryan Shalel

Ryan has been playing lacrosse for two years and plays club for the Kings.

His favorite album is "Lover" by Taylor Swift.



Lilly's favorite class is Child Development. It's her favorite because she has a great teacher, and she is learning valuable life lessons. She has played club soccer with ACI for five years.



Lilly's favorite artist is Lainey Wilson, and her favorite album is "Bell Bottom Country".



Class Of '27

Flow into Freshmen-Pride

Class of '26

*take a plunge into
sophomore year*

*Sophomores share their
favorite parts of their year.*

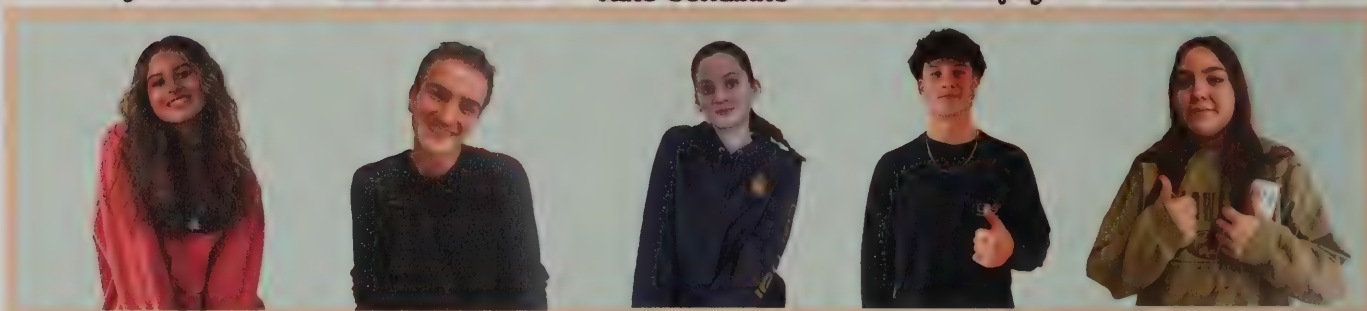
Kyla Balestri

Matt Brancaccio

Kate Condinho

Daniel Murphy

Kathleen Ramos



Kyla's favorite class is Child Development with Ms. Fligg because the children are smart and fun.

Mr. Miguel is **Matt's** favorite teacher, because of the artistic freedom he gives his students.

For Kate, the best part of being a sophomore is how she gets a greater variety of classes to choose from, but her least favorite is eating in the main cafe.

Football is **Daniel's** favorite school sport and he loves when the theme is camo.

Kat's favorite artist is Steve Lacey. Her favorite album is "Apollo XXI", and her top song is the "Love 2 Fast".

1. Nola Bucell, Lee Gray, and Daniel Sanderson on a field trip to "The Embrace" in the Boston Commons and the ICA.

2. AP World on a field trip to Roger Williams National Memorial.

3. Sebastian Ribot and Taylor MacDonald backstage at the drama clubs play of: "A Haunting We will Go."

4. Ella Harrington, Anna Higginbotham, Sophie Davis, Emma Pray, and Camilla Nascimento at the annual pink-out football game.

5. Mya Sutton, Kayla Grady, Kylie Yadisernia, Chalen Burke, Julia Pierson, and Estefani Reinoso doing fall activities with the Best Buddies club.

6. Callie Jo Calla modeling an ensemble from Rose Bancroft's line during the 2023 Fashion Show.

7. Sulan Rodriguez performing "Another One of the World's Liars" by Mohja Kahf for Poetry Out Loud.





1. Lillie Burke and Kiesha work together in Best Buddies to create fall art.
2. Military Support Club member, Camrynn Johnson, placing wreaths on service members graves for Wreaths Across America.
3. Paloma Savinon, Gigi DeToledo, and Kaitlyn Kraics using raku firing to make unique creations in ceramics class.
4. Brynn Dennis, Paloma Savinon, and Riley Croteau practicing for FPS in the library.
5. Ava Bullock, Maddie Crosson, Liz Quinn, Martina Suarez, Rowan Cammarano, and Keely Touhey representing the school in the Senior Southeast District Music Festival.
6. Jordan Thibeau, Keely Touhey, Riveren Dubner, Damien McCloy, Michael Adams on a field trip with their English classes to Salem, Massachusetts.
7. Elaina Dunson using the microscope in Forensics class.

Juniors recap on their junior year.

Class of '25

jumping into junior year

Mrs. Whidden is **Ka'Ron's** favorite teacher because he learned a lot in her class, she is really nice, and she always says hi to him when they see each other in the halls.

Gabi loves listening to "CTRL" by SZA, and her favorite song is "Love Galore" (feat. Travis Scott).

The scariest part about eleventh grade for **Morgan** is how she has to figure out life. The high point of being a junior is that she can eat in the Jr. Sr. cafe.

Shelby's favorite school sport to watch is boys ice hockey, and her favorite theme is black-out.

Kaleb likes his Ceramics class with Mr. Taylor, because it's calming and fun.



Ka'Ron Ford Gabriella Ribeiro Morgan Beco Shelby Locascio Kaleb Jones

Newsies: the Disney
musical about paperboys

MAKING HEADLINES

Based on real events of 1899, *Newsies*, a 2011 musical by Harvey Fierstein, is about a group of New York paperboys, or newsies, led by 17 year old Jack Kelly. One morning, there is an unexpected increase in paper price, so new kid Davey (with his brother Les) suggests a strike. After being beaten up by Snyder, Mr. Wiesel, and the Delancey Brothers for striking, Crutchie is captured and taken to the Refuge, a jail for underage kids. After a series of self-doubtings, double crossings, and love-fallings, the boys, with the help of reporter Katherine, decide once and for all that they will be recognized as equal employees of the paper companies.

Jack Kullas
as Davey

McKinley Strand (4)
as Les

Ryan Field
as Jack Kelly

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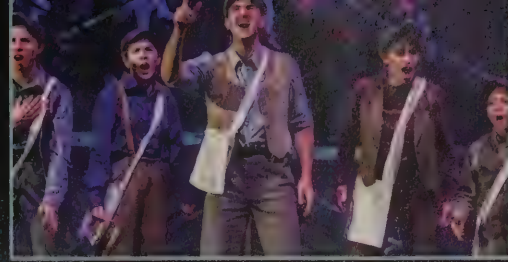
SENIORS

CAST:

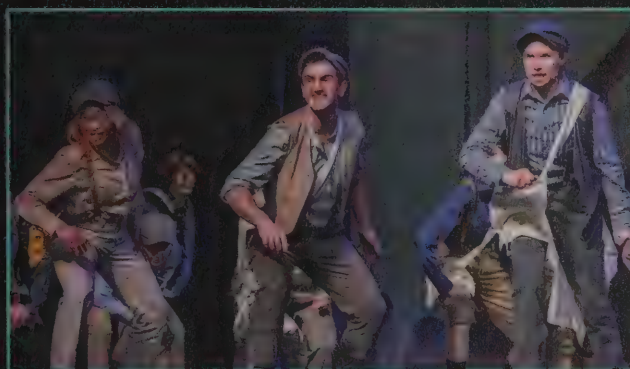
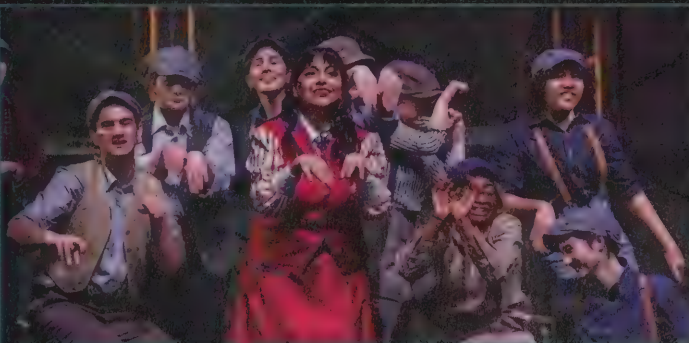
Maddy Brown	Laik O'Reilly
Chloe Dibb	Shantelle Roberts
Ryan Field	Lucy Sherman
Jack Kullas	Olivia Thompson
Renee Montcalm	

CREW:

Michael Adams
Queue Borden
Maggie Doherty
Miguel Munoz
Jordan Thibau

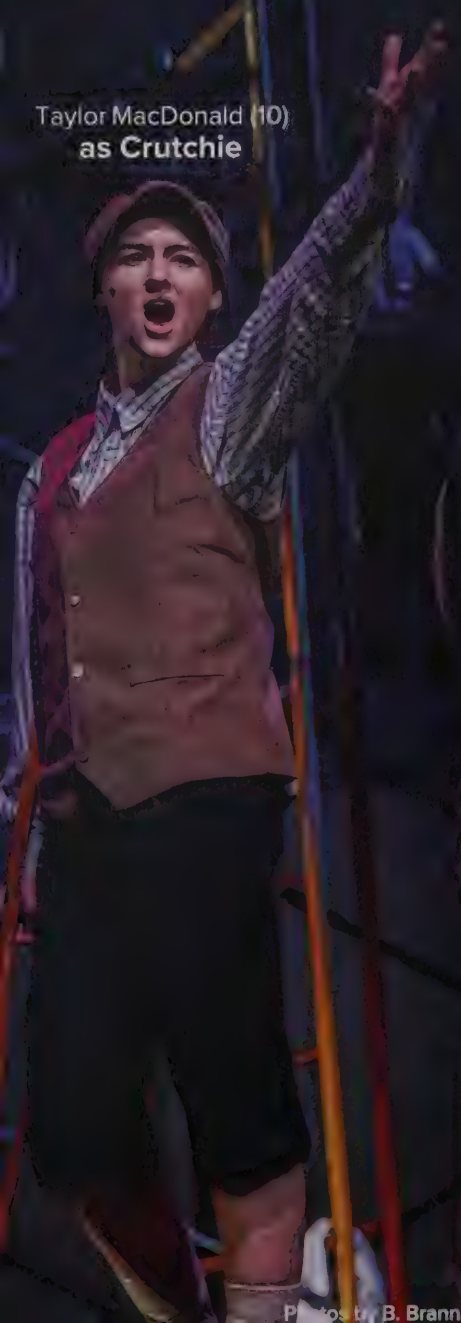


Martina Ibarra Suarez (11) as Katherine, celebrating with the newsies in Jacobi's Diner because their strike made the newspapers' front pages. Some Newsies include Chloe Dibb as Rose, and Sulan Rodriguez (10) and Mary Steinhilber (11).

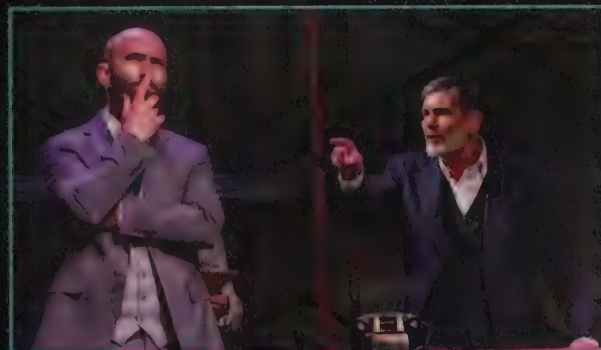
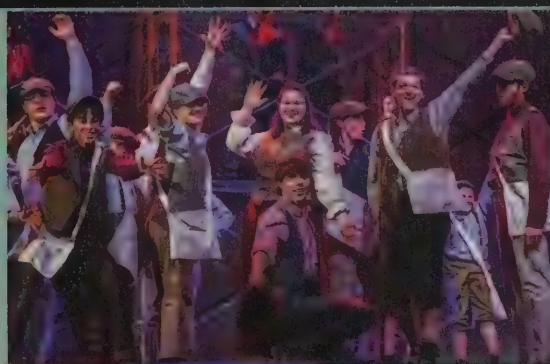


Shantelle Roberts as Miah, Matt Brancaccio (10) as Rice, and Liam O'Reilly as Albert during the high energy opening number of the show, "Carrying the Banner," when the newsies sing about their job as paperboys and banter with one another while getting ready for the day.

Taylor MacDonald (10) as Crutchie



Maddy Blum as Katherine, celebrating with the newsies, celebrating victory over the strike being called. Notable newsies include Anna Sullivan (10) as June Cannon, Devlin Thompson as Davey, Layla Rober (9) as Tommy Day, and Isabella Miller (11) as Miah.



Mr. Caldwell as Joseph Pulitzer yelling at Mr. Snow as the Mayor due to anger over the "wrecking boys."

Mr. Caldwell has been acting for 50 years, since his sophomore year at Barnstable High School, and he has been teaching the

Drama and Theatre Arts class since he created it in 1997. The BHSDC wishes him a happy retirement.



Designed by Jack Bertling
Spring Drama Production

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Quick Sticks

The boys lacrosse team
came together once
again to finish this year's season on a high note.

Fast Breaks

SENIORS



Pedro Alves



Mauricio Duran



Kyle Cogswell



Aiden Kundel



Conor Cattabriga



Doug Carr



Ian Mulcahy



Willhem Penalo



Captains



2024 Varsity Team



Senior Pedro Alves goes down to take the draw against Sandwich

JERSEY NUMBER SEVEN



Sam, Sneeds, Needham graduated in 2022 and throughout high school played on the boys lacrosse team wearing jersey number 7. On August 16, 2022, Sam was hit by a drunk driver and sadly passed away. It affected the community and the RedHawk team strongly. We honored the amazing person and player he was by retiring his jersey last year. He played with the seniors of this year and was a great role model to all those he encountered. He will always be a part of our team.

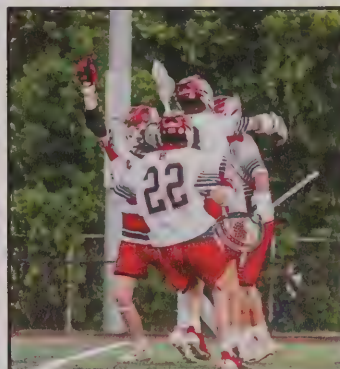
LLS



Doug Carr



Pedro Alves



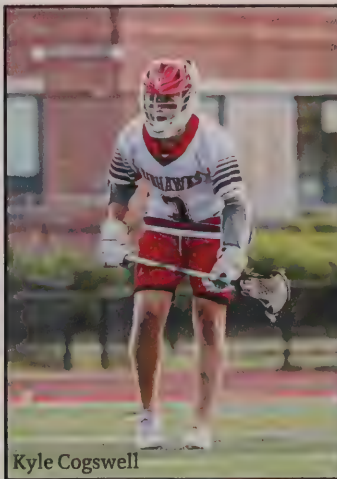
The boys celebrating a goal



Doug Carr



Conor Cattabriga



Kyle Cogswell



Aiden Kundel



2024 Coaching Staff

The team is being led by new head coach Tara Palermo (middle). She is coming to us with four years of playing college lacrosse under her belt. Palermo played two years down in Florida at St. Leo University and then two more years at Framingham State University graduating in 2022. We have Sweeney (right) as varsity assistant coach and Holland (left) as JV coach this season as well.



The girls huddling up during timeout



The 2022-23 lacrosse team remembers former BHS student and member of the boys lacrosse team, Sam Needham, by wearing his the number #7 jersey.



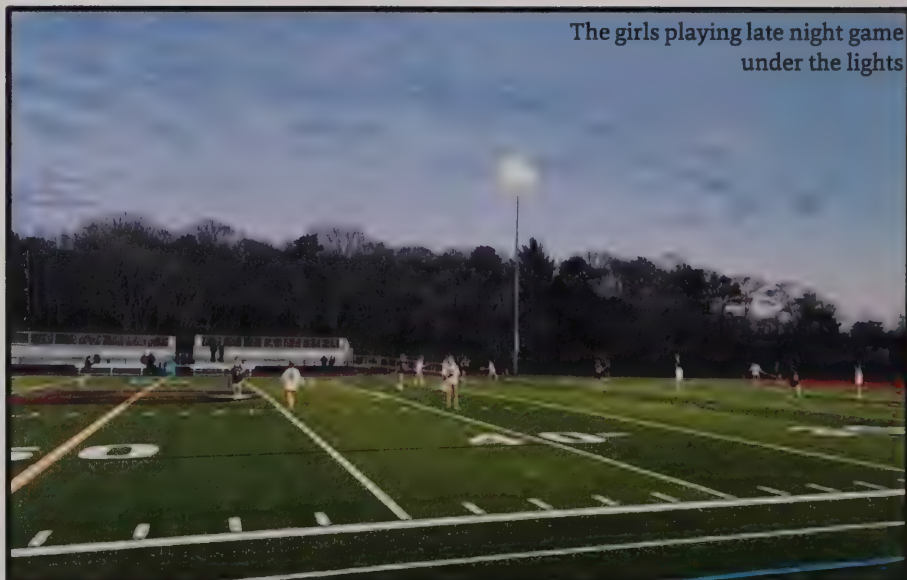
Carly Steenstra



Lauren Spagone



Ally McEneaney



The girls playing late night game under the lights

Live - Lax - Love

The girls lacrosse team shoots for a great season.



Ally McEneaney lining up her penalty shot from the eight meter.

SENIORS

Captain



Ally McEneaney
-Motts Gummies

Captain



Carly Steenstra
-Goldfish

Q & A: What is your go to pre-game snack?

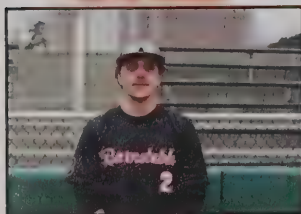


Lauren Spagone
-Goldfish



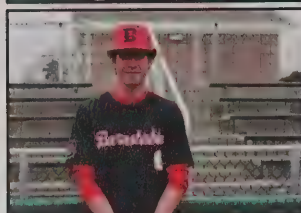
Callie DeDecko
-Rice Crispy Treat

Seniors make a run



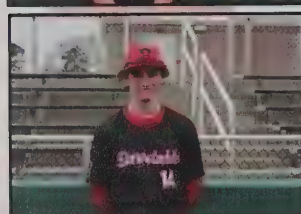
Owen Jones

Outfield



Owen Walsh

First baseman and pitcher



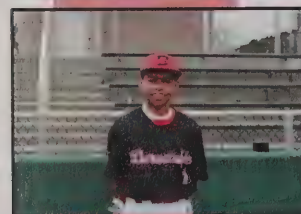
Luke Harmon

Second baseman



Finn O'Donnell

Outfield



Aramis Torres

Second baseman



Anthony DiGiacomo

Short stop



Luan DeOliveira

Pitcher



Anthony DiGiacomo



Finn O'Donnell



Luke Harmon

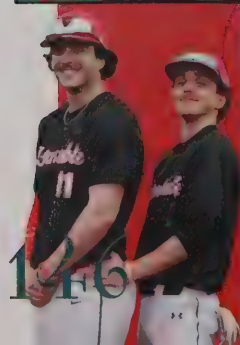


Owen Jones



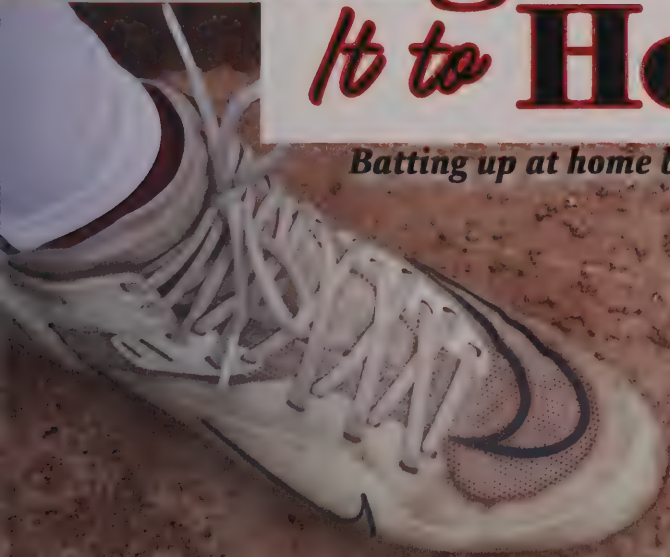
Captains

Owen Jones and Anthony DiGiacomo are this seasons captains. Their positive attitudes and skills on the field help push the team further. Their impact on the team will always be remembered.



Making *It to* Home Plate

Batting up at home base, seniors gear up for their spring season.



Season To Remember



Our baseball team starts the season off strong with a home opener win against New Bedford. They strive to make it far this season in hopes of making it to the championship. This team's bond has helped motivate each other on and off the field. Whether it's winning or losing, this team will always have a positive mindset. We lose seven seniors this year, leaving big cleats to fill in the near future.

Pitch Perfect

Softball's young core adds another year of experience under their belt

Varsity Softball Team

FLASHBACK

JAZZY JUNIOR



Photo Creds: @inkysports

May 20th 2022, Barnstable wore their new uniform in a battle that took them all the way to Nantucket Island. They squared off against the Whalers for a 17-score thriller that unfortunately ended in defeat. Nevertheless, it had effectively established the permanent transition to Barnstable Redhawks.



Photo Creds: Sara Ormston

Sara Ormston (#9) slides her way to safety!

Q: How do you feel taking this leadership role so soon?

A: We had some really great captains last year who set good examples of what a leader should be. Following them stepping up as a leader I feel prepared and excited.



Varsity Softball had many highlights despite of the fact that they were one of the youngest teams in their Cape and Islands division. Sophomore, Jazzlyn Coyer, recalls her favorite softball memory when the Redhawks faced the Falcons. With the bases loaded, Jazzlyn sent the ball flying to give her team four runs with her grand slam. This group of girls were elated at their early experiences of captaincy and leadership that will surely improve in their senior season. Eighth-grade varsity player Kaylee Koch states how she "looks up to the older returning players," and is "excited for being a part of the action on the field."



Memorable Moments

Jazlyn Coyer (10) slides to the base, narrowly missing the glove of the Nauset Warrior's 'hot corner'.



The diligent softball team gathers in late February to host a captain's practice in preparation of the spring Season.

Following a long practice, softball takes a break from hitting home runs to capture a team selfie.



Photo Creds: @barnstablesftball24

BEEN THERE DUG THAT

*Boys Volleyball
thrives in the competitive
Southern Alliance League*

SENIOR Q & A

Nik Brancaccio

Q: What is your favorite memory?

A: Making the Varsity team my freshman year.

Hunter Parent

Q: What is your favorite play?

A: Getting a block and shutting down the other team.

Logan Parent

Q: What will you miss most?

A: Playing my senior season with my twin brother.

Ewerton Decastro

Q: Who's your biggest motivator?

A: My mom since she taught me and pushed me to play.



Photo Credits: Lovell Up Graphics (Bottom Right)
Ron Schloerb - Cape Cod Times (Top and Bottom Left)

Captains & Senior

2024 Team Picture



Brady Kundel (1), Nik Brancaccio (35), Hunter Parent (9), Nicholas Britton (2), Matthew Brancaccio (15).

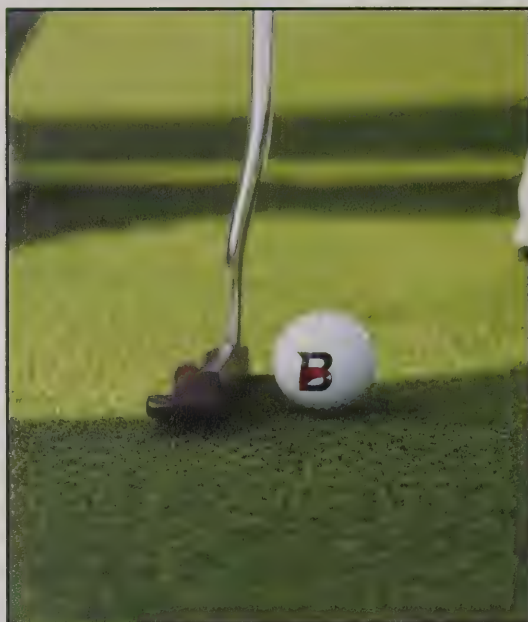


Nik Brancaccio helps Hunter Parent get ready for game day by shining his shoes, a sign of mutual respect



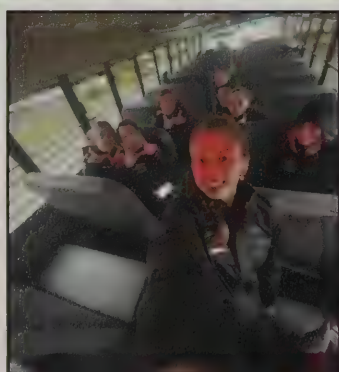
TEE TIME

The girls golf team swings into action.

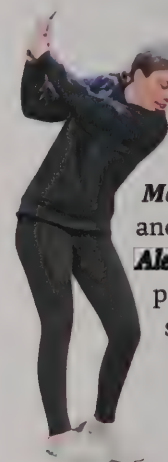


2024 Varsity Team

Coach Mark Titus, Addison Harrington, Haley LaFrance, Molly Colantuono, Delaney Lagergern, Briah Uhlman, Alexa Garthee, Ryley King, Megan Garthee



The girls celebrating on the bus ride home after beating DY 7-1 in their second match of the season.



Sophomore **Megan Garthee** and senior **Alexa Garthee** practicing their swings.

S
E
N
I
O
R



Captain Ryley King

Ryley has been on the girls golf team for three years. Her favorite memory from these past years was going to South Sectionals.



Alexa Garthee

This is Alexa's first year on the golf team but with her skills from being apart of the field hockey team, she is getting into the swing of things.

Coach Titus



SPOTLIGHT

Sailing *away*

*This year's sailing team
is prepared to set sail.*



Members of the team smiling for a picture as they sail by



*The sailing team walking out
on the dock with equipment for
their meet against Nantucket.*



2024 team



Junior Camryn Johnson and her teammate during a race

*Seniors spring forward into their
last season.*

The Final Lap



class of 2024 *seniors*



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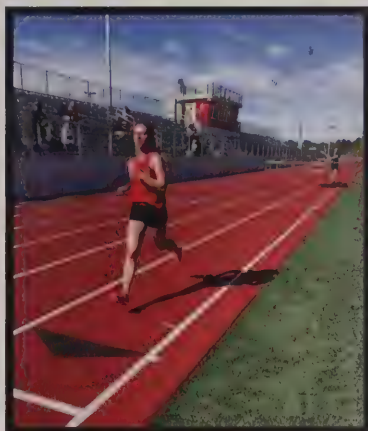
Lilly
DeDecko



Chloe
Dibb



Laik
O'Reilly



Making their mark

This spring season the boys and girls track team have made a big impact. They have accomplished great things during their events. Even though they'll be losing important seniors, this team hopes to get better everyday.

Seniors *make their mark on the track*



**Brandon
Silva**



**Andrew
Lovell**



**Eric
Lovell**



**Thomas
Freitas**



**Joao Pedro
Goncalves**



Harry Ells



**William
Fajardo-Doss**



**Cameron
DeGrace**



**Jaxson
Merrill**



Eric Arabadzhiev



Thomas Berger



Andrew Coombs



Sam Singh



Michael Higginbotham



Connor O'Reilly



Brennan Riley

Making a Racket

The boys tennis team come together for a successful and positive season.



Game, Set, Match

Striving for a strong season, girls tennis plays hard every day leaving an impact for the years to come.



Captains Madeline Devoe, Dana Edwards, Isadora Brandao and Teagan Geraghty smile wide for a photo.



Swinging for Success



"I have always loved tennis," says senior Isadora Brandao. "I played it in Brazil

and continued to play when I moved here."

Isadora's dedication to the sport does not go unnoticed, with her drive for success and strength to never give up.

"Tennis has taught me about how to be a leader, and how it feels to be a part of a team," says Isadora. "During matches I always make sure to give it my all and try my best."



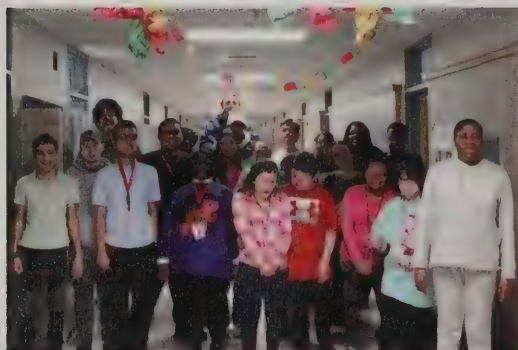
CLUBS are a very large part of the school environment. With over 30 clubs available to join, some providing services to the community, some for academic endeavors, and others for recreational purposes, anyone is able to find one they enjoy. Additionally, students can create and lead their own if they would like.

Military Support Club with Mrs. Luechauer



Senior Members: Penny Baroni, Doug Carr, Conor Cattabriga, Kyle Cogswell, Callie DeDecko, Anthony DiGiacomo, Claire Hazard, Owen Jones, Ella Kostovick, Lillian Luechauer, Aden Mehta, Jaxson Merrill

Blue Badgers Club with Mr. Little



Senior Members: Clayton Barker, Bridget Bedenkop, Lilliegh Burgum, Kyle Cogswell, Lauren Colarusso, Ruby Coleman, Nicole de Souza, Ian DeVito, Anthony DiGiacomo, Coralle Figueroa, Molly Fredo, Logan Hurwitz, Owen Jones, Callaghan Joyce, Juliana Leger, Lillian Luechauer, Daniel Maldonado, Renee Montcalm, Noah Norman, Philippe Ribeiro, Meili Raspante, Nikith Wawlagala, Katelyn Welch

Knights of the Round Table Club with Mrs. Briggs



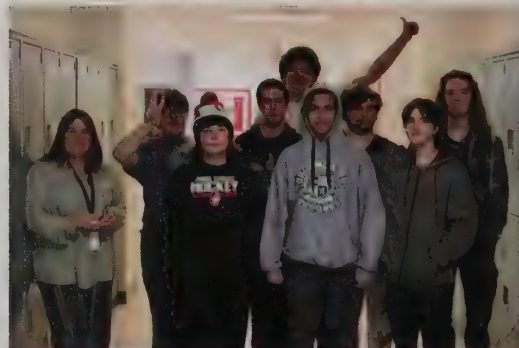
Members: Novia Boyer, Riley Griffin-Brale, Carter Hickey, Greyson Hickey, Nicholas Kokosinski, Jimmy Reed-VanLeeuwen, Aidan Scichilone, Jacob Terry

Broadcasting Club with Mr. Farrell



Members: Dean Cordeiro, Ryan Field, Nick Giannelli, Tyler Goode, Cameron Little, Will Penni, Max Read, Manny Rivera, Aramis Torres

Chess Club with Mr. Pomeroy



Members: Derek Ashley, Sean Ashley, Anna Freeman, Elijah Greenberg, Travon Greene, Riley Griffin-Brale, Carter Hickey, Jonah Hughes, Isaac Jacinto, Tafari James, Emerald Joseph, Aleksel Kokosinski, Timothy Morse, Travis Rockwell, Aidan Scichilone, Michael Sheehan, Dylan Thatcher, Wesley Vieira

Chinese Nationalist Human Society with Mrs. W...



Members: Lillie Burke, Sloane Contrino, Maddy Crosson, Grace Curley, Margaret Doherty, Mikayla Fellows, Molly Fredo, Shawn Fredo, Daniel Ivanov, Aiden Kundel, Brady Kundel, Shelby Locascio, Ian Mulcahy, Dayanne Nazareth, Lili Nguyen, Mia Oberlander, Ava Shea, Abby Shea, Colin Shearley

DECA with Mr. Tanson and Mr. Hardy



Senior Members: Elise Abreu, Eric Arabadzhev, Penny Baroni, Maddy Brown, Connor Cattabriga, Kyle Cogswell, Sloane Contrino, Callie DeDecko, Ian DeVito, Thomas Freitas, Charlotte Furman, Logan Hurwitz, Scout Johnson, Owen Jones, Angelina Joyce, Callaghan Joyce, Ryley King, Ally McEneaney, Aden Mehta, Ian Mulcahy, James Nystrom, Wilhem Penalo, Lucas Sajdak, Carly Steenstra, James Swindler, Olivia Thompson, Chad Tordone, Harry Warren

Fashion Club with Mr. Easterfield



Members: Gabriella Alaniz, Tayja Barrows, Matt Brancaccio, Isadora Brandao, Eliza Bundschuh, Elibelle Cheron, Cyana Childs, Ryan Field, Kianna Hicks, Xavier Mahoney, Lili Nguyen, Danna Paguay, Ana Clara Rocha, Valentina Rodriguez, Vitoria Sales, Chiara Scibelli, Stephanie Sampaio, Abbey Sylvester

Parish Nationalist Human Society with Mr. Rice



Members: August Annett, Daniel Aziev-Smalovschi, Samuel Aziev-Smalovschi, Vitor Coelho, Jazlyn Coyer, Nicole de Souza, Chloe Egan, Isabella Fernandes, Evelyn Figueiredo, Kiana Fortes, Audrey Gonzalez, Elijah Greenberg, Anna Higginbotham, Isaac Hill, Kaitlyn Kraics, Azriel Morassi, Camilla Nascimento, Philippe Ribeiro, Aidan Scichilone, Carly Steenstra, Jacob Terry, Nikith Wawlagala

Gender and Sexuality Alliance with Mr. Gallorini



Members: Jeanine Boudreau, Jake Hardy-Hebert, Kiana Hicks, Kiera Hughes, Audrey Marshall, Azriel Morassi, Raven Rice, Ray Rice, Laycey Stanley, Sam White

HHS Squads with Mr. Flagg and Mr. Easterfield



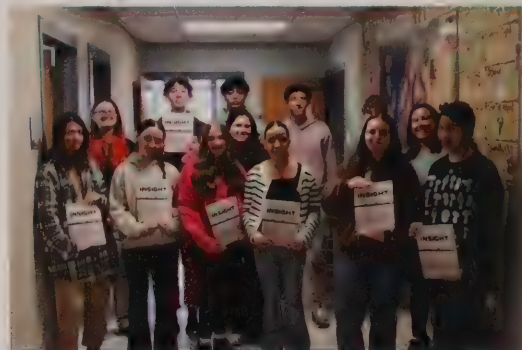
Senior Members: Milena Carreira, Conor Cattabriga, Kyle Cogswell, Charlotte Furman, Logan Hurwitz, Ava Lubash, Julia Magalhaes, Philippe Ribeiro

Human Rights Club with Ms. Gallerani



Members: Lillie Burke, Ayla Camelo, Audrey Christensen, Lily Cordalra, Grace Curley, Caroline Curley, Maddie Devoe, Dana Edwards, Teagan Geraghty, Lexy Hunter, Shelby Locascio, Alyssa McDowell, Brenna Mullin, Lulu Tendler

Insight Newspaper with Ms. Netto



Members: Joao Pedro Andrade, Muhammad Anwar, Harry Baroni, Rafael Ferias, Riley Hickey, Isabella Locks, Jalaina Melendez, Julia Nazareth, Julia Pierson, Layla Ribot, Naseeb Thapa-Magar, Grace Warren, Chirachaya Williams

Jazz Band with Mrs. O'Connor-Vince and Mr. Maguire



Members: Rowan Cammarano, Jay Cornwall, Riveren Dubner, Arden Farrington, Audrey Gonzalez, Elena Gonzalez, Elijah Greenberg, Jonah Izzo, Mikhail Malcolm, Alexander McGrath, Sophia Murray, Michael Perella, Shantelle Roberts, David Rodriguez Brandao, Mary Steinhilber, Katie Wong

Jesus Club with Mrs. Peek



Members: Isadora Adao, Allana Bezerra, Gabby Brizola, Leayon Brooks, Pedro da Cruz, Samuel da Silva, Juliana da Silva, Lucas De Farias, Livia de Freitas, Pedro de Oliveira, Esther de Souza, Sam Dunn, Evelyn Figueiredo, Julia Galhardo, Gigi Gomes, Lacey Hamblin, Jermaine Lindsay, Sam Matos, Arthur Melo, Saphira Miranda, Julia Nazareth, Aberle Norton, Livia Reine, Enzo Santos, Joao Vitor Silva, Julia Silva, Bruno Soares, Larissa Souza, Yasmin Tavares, Tiffany Miranda, Mercedes Winslow, Moses Winslow

Junior Classical League with Ms. Miklosky and Ms. Grey



Members: Abby Adams, Asaph Afonso, Jack Bertling, Nik Brancaccio, Nick Carney, Finbar Coleman, Elaina Dunson, Harry Ellis, Avery Fuqua, Parker Hegarty-Cook, Grace Holden, Laik O'Reilly, Elise Paananen, Will Penni, Lucas Sajdak, Lucy Sherman, Richie Taylor, Bailey Thatcher, Olivia Thompson, Milla Valentine, Amelia VanBuren

Key Club with Mr. Pierre



Members: Kyla Balestri, Bridget Bedenkop, Audrey Christensen, Sloane Contrino, Grace Curley, Sophie Davis, Victoria Dinn, Kelsey Farrenkopf, Coralle Figueroa, Alexa Garthee, Megan Garthee, Jordyn Green, Lexy Hunter, Camryn Johnson, Claire Kayajan, Leny Jean Laguna, Shelby Locascio, Isabella Magalhaes, Samantha Marczely, Alyssa McDowell, Brenna Mullin, Camilla Nascimento, Philippe Ribeiro, Amalia Thompson

Knitting and Crochet Club with Ms. Wojciechowski



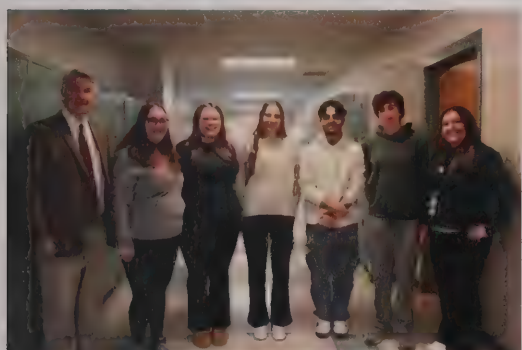
Members: Summer Bliss, Elliott Brown, Lilleigh Burgum, Cyana Childs, Maddy Crosson, Brynn Dennis, Makenna Dennis, Nicky DeSouza, Chloe Egan, Payton Gordon-Reznar, Jacob Hardy, Dayanne Nazareth, Ava Przygoda, Kathleen Ramos, Abbey Sylvester

LED Club with Mr. Koehler



Members: Chloe Dibb, Josie Jordan, Hannah Lamminen, Allegra Marini, Timothy Morse, Shay Ormston

Mock Trial with Mr. Colwell and Ms. Holland



Members: Asaph Afonso, Ava Bullock, Timothy Morse, Morgan Mueller, Mia Oberlander, Henry Richardson, Colin Shearley, Xavi Villejo, Chirachaya Williams, Brendan Wojkowski

Model United Nations with Ms. Mueller



Members: Eric Arabadzhiev, Ally Bezerra, Kiara Campbell, Rae Cheron, Vitor Coehlo, Brenda de Medeiros, Camila Mejia Bonilla, Lia Reis, Ethan Sonnabend, Ray Whiteley

Math Honor Society with Ms. George and Ms. Chamberlain



Senior Members: Isadora Adao, Sophie Anderson, Daniel Aziev-Smalovschi, Penny Baroni, Nik Brancaccio, Maddy Brown, Doug Carr, Kyle Cogswell, Andrew Coombs, Kailey Dvorak, Kelsey Farrenkopf, Hailey Fink, Kiana Fortes, Alexa Garthee, Michael Higginbotham, Jonah Izzo, Owen Jones, Angelina Joyce, Ryley King, Ella Kostovick, Julia Magalhaes, Alexander Marichal, Ally McEneaney, Alexa McKeen, Dayanne Nazareth, Mia Oberlander, Livia Reine, Philippe Ribeiro, Nikith Wawlagala

Peer Leadership with Ms. Swindler



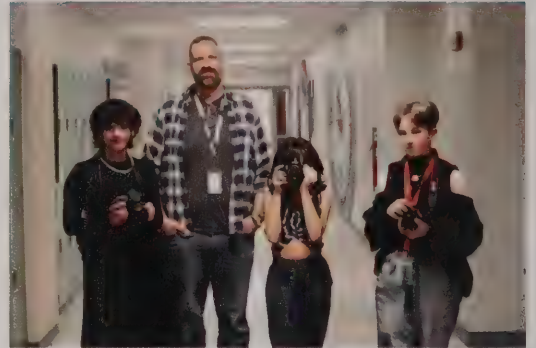
Members: Dylan Andrews, Doug Carr, Kyle Cogswell, Lily Cordeiro, Renato DeSouza, Mo Duran, Teagan Geraghty, Molly Gleason, Owen Jones, Alexis Little, Izzy Locks, Trinity Medeiros, Jalaina Melendez, Mayara Nakagawa, Ava Przygoda, Sulan Rodriguez, Ella Silva, Darren Thomas, Nikith Wawlagala

Pep Band with Ms. Grey and Mr. Maguire



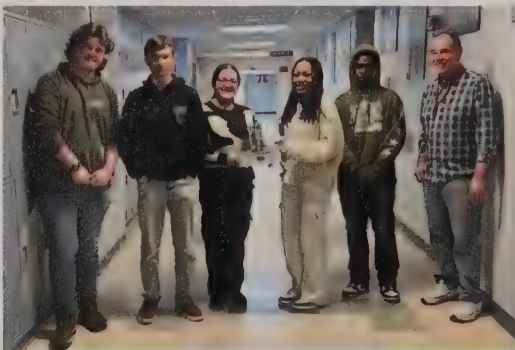
Members: Queue Borden, Rowan Cammarano, Andrew Coombs, Edward DeMattos, Riveren Dubner, Mayte Dutra, Elizabeth Gayton, Audrey Gonzalez, Jonah Izzo, Mikhail Malcolm, Alexander McGrath, Sophia Murray, Michael Perella, Alexis Richards, Shantelle Roberts, David Rodriguez Brandao, Mary Steinhilber, Joshua Warren, Katie Wong

Photography Club with Mr. Skirwan



Members: August Annett, Tayja Barrows, Alexander Egersheim Sanborn, Rafael Ferias, Kianna Hicks, Jalaina Melendez, Layla Ribot, Alexis Richards, Ana Clara Rocha Perreria, Grace Warren

Robotics Club with Ms. West and Mr. Lenda



Members: Kashmar Betty, Rightassie Cheron, Carter Hickey, Greyson Hickey, Nicholas Kokosinki, Christopher Longo, Kaylee McFarlane, Dayanne Nazareth, Jacob Pillarella, Jimmy Reed-VanLeeuwen

RPG Club with Ms. Harkins



Senior Members: Michael Adams, Aneese Anastasia, Queue Borden, Addyson Breen, Maggie Doherty, Jacob Hardy-Hebert, Carter Hickey, Aaron Liebowitz, Miguel Munoz, Aidan Scichilone, Bailey Thatcher, Harry Warren

Spanish Honor Society with Ms. Semanscin



Senior Members: Eric Arabadzhiev, Kellen Da Silva, Ella Kostovick, Julia Magalhaes, Alex Marichal, Alexa McKeen

Student Ambassadors with Mrs. Meagher and Mr. Heneberry



Senior Members: Isadora Adao, Harry Ells, Dayanne Nazareth, Shantelle Roberts, Shenel Roberts

Student Council with Mr. Shea



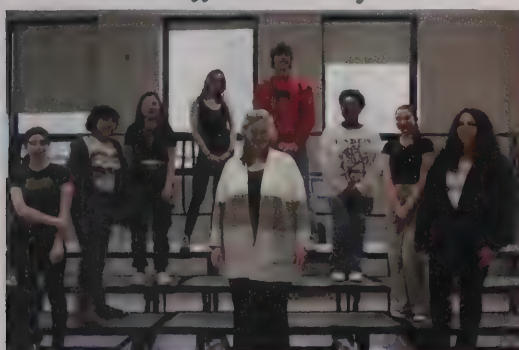
Members: August Annett, Elibelle Cheron, Riley Croteau, Brynn Dennis, Giovanna DeToledo, Madelin Devoe, Victoria Dinn, Elaina Dunson, Charlotte Furman, Anna Goncalves, Mallia Johnson, Mayson Kelleher, Samantha Marczy, Trinity Medeiros, Lili Nguyen, Yahaira Palaguachi, Ava Przygoda, Nuzhat Rahman, Kathleen Ramos, Cole Raposo, Lia Reis, Paloma Savinon, Chiara Scibelli, Payton Upton, Caitlin Ward Prior, Jahsent Whilby

Tri-M National Honor Society with Mr. Langille



Members: Rowan Cammarano, Mayte Dutra, Elizabeth Gayton, Audrey Gonzalez, Jonah Izzo, Josie Jordan, Azriel Morassi, Shantelle Roberts, Sulan Rodriguez, Mary Steinhilber, Jordan Thibreau, Keely Touhey, Nariah Turner, Delilah Young

Vocal Jazz with Ms. Wytrival



Members: Triniece Clegg, Delilah Young, Ryan Field, Martina Ibarra Suarez, Kaylee McFarlane, Emily McKnight, Laik O'Reilly, Liz Quinn, Sulan Rodriguez, Keely Touhey

Senior Class Officers with Mrs. MacFarlane and Mrs. Wojciechowski



President: Owen Jones
Vice President: Sophie Anderson
Secretary: Kyle Cogswell
Treasurer: Conor Cattabriga

Junior and Sophomore Class Officers



Junior Officers: Cole Raposo, Nick Ramos, Elaina Dunson, and Will Penni with Ms. Leveroni
Sophomore Officers: Keke Brooks, Kyla Balestri, Callie Jo Calla, and Caroline Curley with Ms. Holland

Freshman and Grade 8 Class Officers



Freshman Officers: Krissy Taylor, Carter Duffy, Ashley Cox, and Anthony Parrella with Ms. Sweeney
Grade 8 Officers: Annie Richardson, Jacob Pillarella, Isia Curley, and Lulu Tendler with Ms. McCaffrey Morris

SENIOR SUPERLATIVES



Molly Fredo

Luke Harmon

BEST SMILE



Nicky de Souza

Lilleigh Burgum

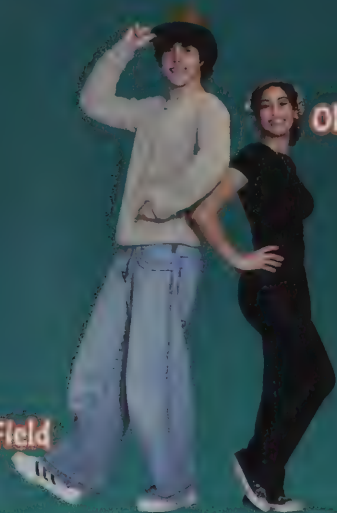
MOST ARTISTIC



Eric Arabadzhiev

Ella Kostovick

**MOST LIKELY TO BE
YOUR BOSS**



Olivia Thompson

Ryan Field

MOST THEATRICAL



Kyle Cogswell

Zaire Black

MOST SCHOOL SPIRIT



Sadie Wellbeloved

William Fajardo-Doss

CLASS CLOWN



Glenn Medeiros

Sydney Thomas

BEST DRESSED



Ally McEneaney

Tajardo France

MOST ATHLETIC



Philippe Ribeiro

Renee Montcalm

BIGGEST HEART



Shantelle Roberts

Jonah Izzo

MOST MUSICAL



Darren Thomas

Libby Downs

WORST CASE OF SENIORITIS



Ava Lubash

Mo Duran

MOST DOWN TO EARTH

SENIOR SUPERLATIVES



Owen Jones

Sophie Anderson

MR. AND MRS. BHS



Nikith Wawlagala

Kelsey Farrenkopf

BEST LAUGH



Lyra Halbert

Nicole Coombs

GAL PALS



Ian Mulcahy

Kyle Cogswell

BEST BROMANCE



Andrew Coombs

Julia Magalhaes

**MOST LIKELY TO SAVE
THE WORLD**



Aramis Torres

Laina Nickerson

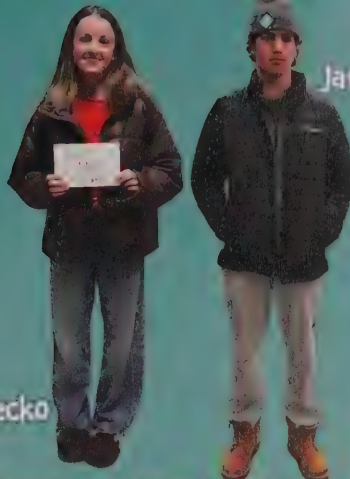
BEST PERSONALITY



Conor Cattabriga

Coralie Figueroa

BEST HAIR



James Nyström

Callie DeDecko

**MOST LIKELY TO BE
LATE TO GRADUATION**



Sydney Thomas

Tony Tambascia

CLASS COUPLE



Ryan Field

Paisley Powers

**MOST LIKELY TO BE
FAMOUS**



Ashley Walantis

5'1"

Thomas Berger

6'4"

TALLEST AND SHORTEST



Penny Baroni

Chad Tordone

BEST EYES

TEACHER SUPERLATIVES



Mr. Shea

Mrs. Whidden

BEST STYLE



Mrs. Johnson

Mrs. Anderson

BIGGEST HEART



**MOST
ATHLETIC**

Doc



Mr. Jatkola



Mr. Kuntzman

**BEST
HAIR**



Mr. Pierre



Ms. Mueller

Mr. Taylor

MOST SCHOOL SPIRIT



Ms. LaPlume



Mrs. Roundtree

**MOST LIKELY TO BE
MISTAKEN AS A STUDENT**



Ms. Sweeney



Mr. Shea

CUTEST COUPLE



Mr. Maguire

Mrs. O'Connor-Vince

BEST MUSIC TASTE



Mr. Dumas

BIGGEST COMEDIAN



Mr. McLaughlin



Mrs. Briggs

MOST LIKELY TO SAY IT HOW IT IS



Mrs. Lahteine



Ms. Fligg



Mrs. Nystrom

BEST SMILE



Ms. Butterfield

Mrs. Fay Smith

MOST ARTISTIC

Mrs. Chamberlain



Mrs. George

DYNAMIC DUO



Kiara Perry



Kyle Cogswell



Ian Mulcahy



Sydney Thomas



Claire Hazard



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Vinny Vong



Andrew and Eric Lovell

1. What's your favorite candy?
2. What's your favorite Halloween memory?
3. What's the best costume you have ever worn?



Anthony Tambascia

Candy:
Tootsie rolls
Memory:
Ding dong ditching with friends
Costume:
Jesse Pinkman
Kyle Cogswell
Candy:
Crunch bar
Memory:
Going to my cousin's house and trick or treating.
Costume:
Elephant



Ian Mulcahy

Candy:
Snickers
Memory:
2023 Halloween party
Costume:
Parry the Platypus
Logan Hurwitz
Candy:
Starbursts
Memory:
Trick or Treating in my dad's neighborhood.
Costume:
A black cat



Kiara Perry

Candy:
Milky Ways
Memory:
Trick or Treating with my cousins
Costume:
Lady bug
Akeem Forskin
Candy:
Hershey bars
Memory:
Ding dong ditching
Costume:
A Power Ranger

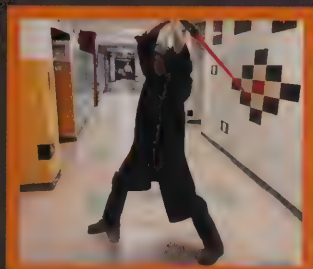


Sadie Wellbeloved

Candy:
Almond Joys
Memory:
Getting pulled on a wagon while Trick or Treating
Costume:
Lady Bug
Sydney Thomas
Candy:
Kit Kats
Memory:
Trick or Treating with my cousins and going to haunted houses.
Costume:
A witch



Aljeem Horskin



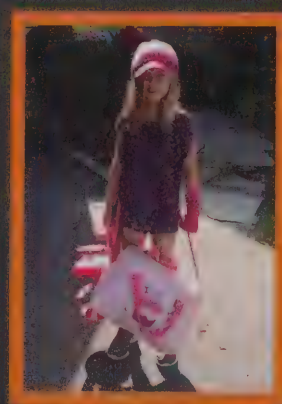
Mr. McLaughlin



Coralle Figueroa



Owen Walsh



Molly Fredo



Ava Lubash



Sadie Wellbeloved

Spooky Season

Then vs Now

Seniors recall their favorite Halloween costumes, from childhood and now.



Coralle Figueroa

Candy:

Candy Corn

Memory:

Trick or Treating

Costume:

A Candy Corn

Molly Fredo

Candy:

Gummy Lifesaver Rings

Memory:

Trick or Treating with my whole family at my house.

Costume:

Blow up Sumo Wrestler



Eric Lovell

Candy:

Reese's

Memory:

Trick or Treating with my twin brother.

Costume:

Spider man

Andrew Lovell

Candy:

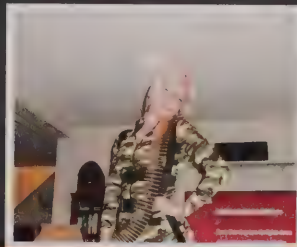
Whoopers

Memory:

Trick or Treating with souls gang

Costume:

Pennywise



Claire Hazard

Candy:

Twix

Memory:

sorting Halloween candy by color

Costume:

Wolf



Ava Lubash

Candy:

Reese's Cups

Memory:

Pumpkin Carving

Costume:

Zombie soccer player

Sip Sip Hooray

When in need of a quick caffeine fix, these seniors grab their orders at their favorite coffee shop.

Tasty Treats

whether it's sit down, fast food or a quick stop for drinks, seniors recommend their top locations and go-to cravings.

FAST FOOD GO-TO ORDERS

Kelsey Farrenkopf



Dunkin-
medium iced
coffee with
french vanilla
swirl and skim
milk



Wendy's



"I get a 4 for 4 with a chocolate frosty. Chocolate over vanilla everyday." -Laura Silva

Five Guys

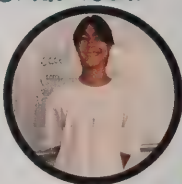


"I get a bacon cheeseburger." -Finn O'Donnell

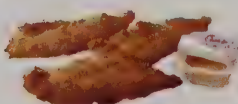
Daniel Aziev- Smalovschi



Starbucks-
hot chocolate



Chick-fil-a



"I get the chicken strips with Chick-Fil-a sauce." -Yasmine Tavares

Juliette Eldredge



Marylou's-
an Iced Minty Lou



Chipotle



"I get a double wrapped steak and chicken burrito." - Ian Mulcahy

McDonald's



"I get a cheeseburger, fries, and lemonade." -Brianna Sullivan

Laik O'Reilly



Buttercup Cafe-
Large mocha
coffee with
oatmilk



Taco Bell



"I get a crunch wrap." -Lyra Halbert

Leona Longobardi



Starbucks-
A grande iced
chai latte



THE FOOD DEBATE

The war between the best food and drink cravings

49.2% say
yes to
pineapple
on pizza



50.8% say no
to pineapple
on pizza

FAMOUS GO-TO MEALS

SIT DOWN GO-TO ORDERS

Olive Garden



"I get the Chicken Alfredo."—*Elise Abreu*

Misaki



"I get the Unagi roll."
—*Nathanial Sutherland*

Not Your Average Joes



"I get mustard crusted chicken with a strawberry lemonade."—*Livia Reine*

Anejo



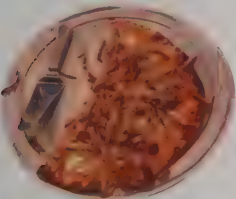
"I get the chicken tacos with a side of pico de gallo and a ginger ale."—*Aden Mehta*

Tap City Grille



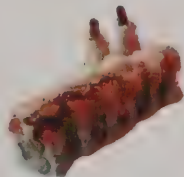
"I get the poutine."—*Madeleine Brown*

Crisp Flatbread



"I get the truffle fry pizza."—*Ashley Walantis*

Saga Fusion



"I love the Rainbow Roll. My family and I usually share the sushi boat."—*Lillian Luechauer*

21.8% say yes to chocolate on chips



78.2% say no to chocolate on chips

36.3% say yes to ketchup on eggs



63.7% say no to ketchup on eggs

66.1% say yes to regular milk



33.9% say yes to plant based milk

84.7 % say yes to Coke



15.3 % say yes to Pepsi

BEHIND the scenes

Get to know the Barnacle yearbook staff!



Senior & Baby Editor

Philippe Ribeiro



Editor-in-Chief

Liv Reine



Student Life Editors

*Ayla Camelo
Brenna Mullin
Gabi Ribeiro*



Class Adviser

Mrs. Whidden

Q: What was your most embarrassing moment?

A: Philippe's most embarrassing moment is whenever his stomach growls loudly in classes.

Q: What have you learned in life that has stuck with you?

A: Something Liv has learned that stuck with her is that we only live once and we should enjoy all of the little things that life gives us. She also believes that we should have fun with life since we only live it once.

Q: What is something you believe should be illegal?

A: Ayla thinks it should be illegal for people to talk with a mouth full of food.

Q: What is a trend you would like to come back?

A: Gabi would like to bring back headbands!

Q: What is your favorite part of your role in yearbook?

A: Brenna's favorite part of being a Student Life Editor is getting to connect with seniors.

Q: In your dream yearbook, what page would you create?

A: Mrs. Whidden's dream spread would be a spin on the magazine, *Us Weekly's* "Stars- They're Just Like Us" feature that would be called "Teachers- They're Just Like Us." The spread would include teachers and staff taking part in everyday activities like grocery shopping and eating at restaurants.



Design Editors

*Ava Shea
Kalieana Walters*



Sports Editors

*Sophie Davis
Sydney Thomas
Sadie Wellbeloved
Kiana Fortes*



Arts + Design Editor

Jack Bertling

Q: What is your favorite memory of Mrs. Whidden?

A: Ava's best memory of Mrs. Whidden is when she sent such a nice email home to her mom that Ava ended up being allowed to get her septum pierced.

Q: What is a character you relate to?

A: KK relates to Spongebob because he tries his best to see life in a positive way and just lives life as himself!

Q: Describe yourself in five words or less.

A: Sophie described herself as empathetic, thoughtful and generous.

Q: What is the first thing you would do if money was not limited?

A: Sydney would book a flight to Florence, Italy.

Q: What is a song you will never get sick of?

A: Sadie chose the song "All My Love" by Noah Kahan.

Q: What is a food you couldn't live without?

A: A food Kiana couldn't live without is an Acai bowl from Gone Chocolate.

Q: What is your biggest pet peeve?

A: Jack's biggest pet peeve is slow walkers because they're annoying, and sometimes, I just want to get to class and sit down!

Waving goodbye

Mrs. Gannett

Celebrate some of these amazing Barnstable High School employees who are retiring this year.



Coffee or tea?

coffee

Favorite memory while working at BHS:

Working through the pandemic

Online or paper assignments?

online

If you weren't a teacher what would you be?

An Environmental Engineer because of my love for our planet.

What is one teaching essential you can't leave the house with out?

My six bottles of water

What is one hobby you will pick up or continue in retirement?

Gardening

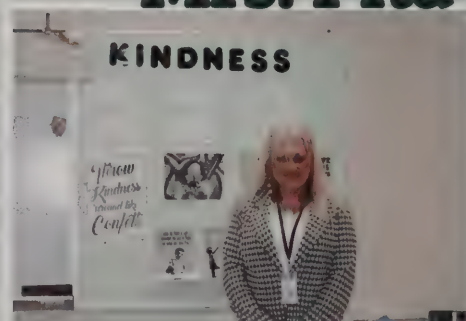
Online or paper assignments?

Paper

If you weren't a teacher what would you be and why?

An entrepreneur and I would probably own a winery somewhere.

Mrs. Pita



Mr. Hammett

Favorite memory from your time working here:

Working with some of the special needs students.

What will be one hobby you pick up or continue in your retirement?

Fishing, wood working projects, and relaxing.

What is one teacher essential you can't leave the house without?

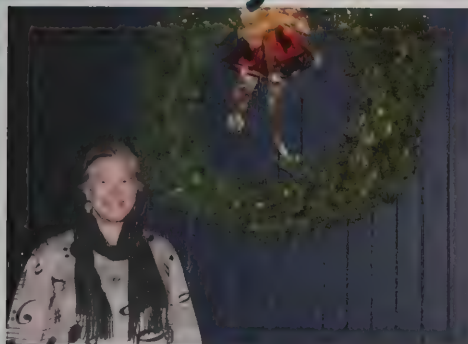
Attitude and my humor.

If you weren't a teacher what would you be and why?

A cook because I grew up and worked through my teenage years in restaurants.



Mrs. Wytrwal



Coffee or tea?
coffee

What will be one hobby you pick up or continue in your retirement?
I will continue to stay creative in the Cape Cod music community

What is one thing you can't leave the house without before school?
A positive attitude to nurture kindness and respect in our students, knowing that they are our future.

Favorite memory while working at BHS?
The first Choral Concert after COVID-19 even though everyone was masked-up, there was so much joy in creating live music with each other.

Mrs. Mach-Dixon

What will you miss most about Barnstable?

The Camaraderie, there are some great people here at Barnstable.

What will be one hobby you pick up or continue in your retirement?

Making farm to table meals all year round from my amazing garden.

What is one teacher essential you can't leave the house without?

Erasable colored pens

Fun Fact:

Mrs. Mach-Dixon graduated from Barnstable High school in 1984 and forty years later she is "graduating" once again!



Mrs. Milos



Favorite memory while working at BHS?
All the amazing people I have met over the years.

What is one hobby you will pick up or continue in your retirement?
Horseback riding

What is your one teacher essential you can't leave the house with out?
Jolly ranchers and mints for my students.

If you weren't a teacher what would you be and why?
A Grand Prix Driver

IN MEMORY OF NICHOLASS EASTMAN

5 - 1 5 - 2 1

Nicholas, Nick, Eastman sadly passed away on May 15, 2021 at the age of 15. Nick would've been graduating with this year with the Class of 2024. Following his death, the Annual Nicholas Eastman Memorial Fishing Tournament began in the hopes that this event would raise suicide awareness while keeping the memory of Nick alive and close to our hearts.

Q: What's your favorite memory of Nick?

Owen Jones-
Sloane Contrino-
Kyle Cogswell-

Q: How would you describe Nick?

Nikith Wawlagala-

Owen Walsh-
James Nystrom-

Kyle Cogswell-

Q: One thing Nick said that stuck with you?

Nikith Wawlagala
Sloane Contrino-
Kyle Cogswell-

Logan Hurwitz

Q: What's something that reminds you of Nick that makes you laugh?

Nikith Wawlagala

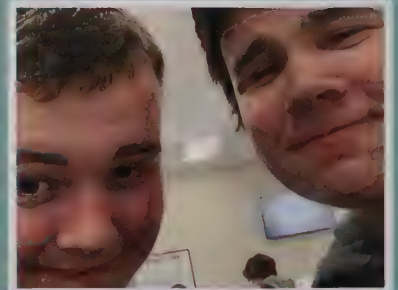
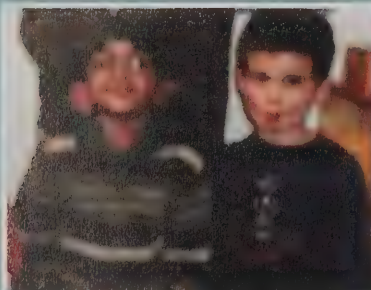
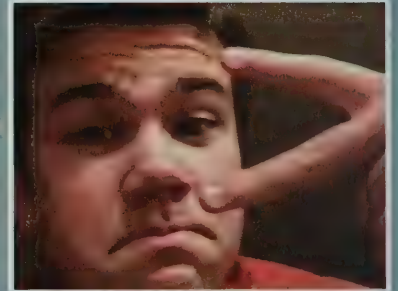
Owen Jones-

Owen Walsh-

"If I had one day to spend with Nick I would fish, listen to music and just chill- Nick was a very chill guy."

- James Nystrom

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BHS. Barnacle - Barnstable High School Yearbook



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